

# WILD WESTERN DAYS



**Fantastic Outdoor Activites** 



**Unleash Your** Creativity



**Sports** Galore

**REGISTER NOW** 



May 28-June 26, 2024



**Western University** 1231 Western Rd. N6G 1H3





## WILD WESTERN DAYS

May 28-June 26, 2024

Western Sports & Recreation are excited to be offering our Wild Western Days again in 2024. Our fun-filled days are open to students from grades K-8 and we offer a diverse range of activities to choose from. Visiting us on campus gives your students the opportunity to experience a beautiful post-secondary campus and interact with our University and Student-Athlete staff team in state-of-the-art athletic facilities. Our highly trained instructors lead your group and teach the importance of Active Living, Movement Competence and the long term benefits of Healthy Living; consistent with the Ontario Physical Education Curriculum.

The goal of Wild Western Days is to facilitate and promote individual skill development, while also building a sense of team and community in a fun and safe environment!

## **Activites Available**

We are pleased to offer the following activities in 2024 (subject to availability):

- Archery\*
- Badminton\*
- Ball Hockey
- Basketball
- Capture the Flag
- Dodgeball
- European Handball\*

- Flag Football\*
- Flag Rugby\*
- Lacrosse\*
- Leadership Games\*
- Mini-Games
- Parachute Games
- Soccer

- Soccer Baseball
- Soccer Basketball\*
- Spikeball\*
- Swimming (2 slots)
- Tchoukball\*
- Track & Field
- Ultimate Frisbee\*

- Volleyball\*
- UnderwaterVolleyball
- Yoga

\*Gr. 5+ only







## **PRICING & REGISTRATION**

The cost of the program is \$30/student. To register, please fill out the booking form at uwo.ca/sportwestern/schooltrips/. One of our staff will be in contact with you within 7 business days to confirm your date, with an invoice and booking contract to follow. The booking contract is required to secure your spot, so please return as early as possible. Full payment is due by the date of your field trip. Payment can be made by calling us with a credit card, or by cheque. Cheques can be made out to the following:

Refunds/

**Cancellations** 

**Western University Western Student Recreation Centre** 1151 Richmond St. London, ON N6A 3K7

Schedule/ **Group Size** 

There are no refunds for absent students or last minute cancellations. All changes to your group numbers and programming must be made 10 business days prior to the trip date.

Activity selections are subject to availability. We can accommodate bookings between the hours of 9:00am-4:00pm. Group/class sizes must have a minimum of 15 students and a maximum of 32 students. All groups must have a teacher/supervisor remain with the group throughout the entire day. We encourage teachers/supervisors to join in on the fun with their students!

## Western Student Recreation Centre (WSRC)



The WSRC is a state-of-the-art facility with six full sized gymnasia, three multi-purpose activity rooms, and a fifty metre swimming pool. Our facilities include an indoor and outdoor track, Alumni Stadium, and two full sized artificial turf playing fields (Alumni and Mustangs Field).

## What to bring:

- Nut free snacks + water bottle
- Lunch\*
- Weather appropriate clothing
- Running shoes

- Swimsuit + towel (if swimming)
- Sunscreen + hat
- Emergency contact list (for teachers)
- Payment cheque (for teachers)

\*Pizza lunch (2 slices of cheese/pepperoni), snack, and drink can be arranged for \$9.00/student. Please indicate on the booking form how many students would like to receive the lunch plan.





