# Ongoing Improvement Progress Report

**Instructions and Report Template**

As part of the protocols outlined in Western's Institutional Quality Assurance Process (IQAP), to facilitate the continuous improvement of academic programs between review cycles, in connection with the Final Assessment Report (FAR) and Implementation Plan, a monitoring process will include an Ongoing Improvement Progress Report. The outcomes of this report will be considered as part of the program's next cyclical review.

The purpose of this report is to provide an update on the operationalization of the implementation plan following a Cyclical Program Review (or the review of a New Program). This should include a brief summary of actions taken by the Program and the Dean's Office since the completion of the review (usually about three years), as well as an update on the stage of implementation for all applicable items. These include:

- whether the action item(s) are in progress, complete or no longer applicable (with a brief explanation);
- the timelines of each item and how they are progressing or expected to progress, particularly if they are diverting from original timelines in the FAR and Implementation Plan, and;
- a short description of any other program developments and improvements that have taken place following the review.
- For new programs only, an evaluation of the initial administration and resourcing of the program.

The following report template has been created for the program to report on progress made regarding recommendations presented in the Implementation Plan, and any other relevant program developments and enhancements.

- The program will complete the template and submit it to the faculty Dean's Office for sign-off.
- The program will then submit the completed Ongoing Improvement and Progress Report to the Office of Academic Quality and Enhancement (OAQE). Reports are due by June 30.
    - The OAQE will present all Ongoing Improvement and Progress Reports to SUPR-U/G. Any follow-up questions/concerns, will be communicated to the program and Dean's Office by the OAQE.

# Ongoing Improvement Progress Report

## Program / Faculty Information

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|---|---|---|---|
| **Program** | Kinesiology, BA, BSc | **Faculty / Affiliated University College** | Faculty of Health Sciences |
| **Approval Dates of the Review** | SUPR-U: June 29, 2022<br>ACA: September 7, 2022<br>Senate: September 16, 2022 | **Year of the Next Review** | 2029-2030 |
| **Link to the Programs Final Assessment Report (FAR)** | *https://www.uwo.ca/pvp/vpacademic/iqap/academic_programs/iqap_reports/fac_of_health_science_undergrad/Kinesiology-FAR-Senate-2021-22.pdf* | | |
| **If applicable, submission of follow-up report(s)** | *Dates to be populated by the OAQE (if applicable)* | | |

| | **Name** | **Signature** | **Date** |
|---|---|---|---|
| **Program Chair/Director** | Molly Driediger | M.Driediger | July 24, 2025 |
| **Dean (or delegate)** | Shaun Boe | | July 24, 2025 |

## Progress Update on the Implementation Plan

| Recommendation #5 | Proposed Action and Follow-up | Responsibility | Timeline |
|---|---|---|---|
| Investigate the potential for the delivery of selected courses in mixed delivery modes where students chose between face-to-face sections or online-only sections of the same course. | Examine which “multiple section courses” may be suitable for in-person and online sections and establish a plan for the development of online course sections. | Undergraduate Chair<br>Faculty Design Ed. Team | By June 2023 |

**Recommendation Implemented**

☐ Yes **X** No ☐ Partially

If no, or partially, is implementation on schedule with the timeline? ☐ Yes **X** No

**Progress**

*What specific actions have been taken?*

Our program is an in-person program. With our goal of increasing experiential learning, our focus has remained on in-person, practical experiences. For example, we have hired a 2-person experiential learning team to grow our practicum program, added tutorial hours to Kinesiology 1050 (Social Foundations) and increased enrolment in Kinesiology 3495 (Practical Aspects of Strength and Conditioning). However, we continue to offer blended courses, where 30% of content is delivered online (e.g., Kinesiology 2992, 2993, 2994, 3347, 1060, 3222, 1080, 2000, and 2230).

**Next Steps (if applicable)**

*What actions remain? Is there further follow-up?*

**Additional Comments**

*If applicable*

| Recommendation #6 | Proposed Action and Follow-up | Responsibility | Timeline |
|---|---|---|---|
| Ensure requisite mathematical/ physics skills are provided for students who are seeking or are required to take biomechanics in subsequent years. | Update the Program website (and relevant documents) to indicate that students enrolling in the BSc stream are encouraged to complete math and physics courses at the 1000-level should they wish to pursue advanced coursework in biomechanics.<br><br>Embed a review of relevant math/physics concepts into existing biomechanics courses as trial solution for one academic cycle and reassess the sufficiency of this addition.<br>- If not sufficient, consider requiring a 0.5 1000-level math credit for students pursuing biomechanics. | Undergraduate Chair | By December 2022 |

**Recommendation Implemented**

☐ Yes ☐ No **X** Partially

If no, or partially, is implementation on schedule with the timeline? ☐ Yes **X** No

Math/physics concepts have been embedded within biomechanics courses. The language to encourage 1000-level math and physics to BSc Kinesiology students has yet to be added to the academic calendar.

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|---|
| **Progress**<br><br>*What specific actions have been taken?*<br><br>Relevant math/physics concepts have been embedded within biomechanics courses. |
| **Next Steps (if applicable)**<br><br>*What actions remain? Is there further follow-up?*<br><br>We will review the effectiveness of the embedded content and the perceived need to recommend math and physics at the 1000-level for BSc students by December 2025. The reason for the delay is that one faculty member in biomechanics has recently retired and we've hired a new faculty in this area. |
| **Additional Comments** |

**Note:** The total number of expandable text boxes will be dependent on the number of prioritized recommendations appearing in the program's most recent Final Assessment Report (FAR).

**Continuous Program Enhancement**

*What additional initiatives or changes has the program been working on in relation to continuous program improvement?*

**Curriculum**

We have moved anatomy from 2nd year to first year (Kinesiology 1060) to provide the necessary foundation of knowledge for 2nd year curriculum. We've added a social foundations course (Kinesiology 1050) in first year to enhance the breadth of offerings. We introduced a statistics course within our School, Kinesiology 3032 (Measurement and Analysis in Kinesiology), replacing Data Science 1000 (offered outside of Kinesiology). We switched the order of offering, moving Research Methods (2032) to year 2 and statistics (3032) to year 3.

We received funding from a donor to support community engaged physical activity in one movement course (Kinesiology 2993). This funding has since been expanded to include other community-based physical activity initiatives for all of Kinesiology.

**Personnel**

We have been working with a 2-person (formerly 1-person) experiential learning team. This has significantly broadened our practica offerings to match our current enrolment. Leadership training has been embedded within the course and students receive a certificate on their co-curricular record.

We have hired some new faculty to enhance our program. These include:

- Dr. Sean McWatt – teaching scholar in anatomy (Kinesiology 1060, 3222)
- Dr. Kayla Fewster - biomechanics (Kinesiology 3457 Human Factors in Cognitive Ergonomics, 4241 Biomechanics of Injury)
- Dr. Georgia Teare – sport management (Kinesiology 2298 Introduction to Management in Kinesiology, 3399 Sport Marketing)
- Dr. Adam Ali – social justice, social impact (Kinesiology 1050 Social Foundations of Kinesiology)
- Dr. Jeremy Walsh – clinical kinesiology
- Dr. Marc Mitchell – exercise psychology (Kinesiology 1070 Psychology of Human Movement Science, 3476 Exercise and Health Behaviour Change)

These new hires support our program after 2 recent and 5 upcoming retirements.

**Space**

The Kinesiology building (Thames Hall) renovations were completed in 2022. This included 4 new teaching labs with new, advanced technology and equipment. In 2024, one of the applied movement courses moved to Elborn College gym to afford the capacity to reduce lab numbers and provide additional space for growing enrolment. Another movement course will be delivered in Elborn in 2025. Anatomy labs (1060) moved into Thames Hall in 2024.