

the optimal timing of hypothermia relative to the onset of sepsis and related organ failures. In this regard, and in keeping with the well-stated concerns of Dr. Cunha relating to suppression of immune cell function during hypothermia, it may be best to delay the onset of hypothermia until the effects of antibiotics and the initial immune response in terms of microbial killing have been realized. Given that the current approach to managing sepsis-related organ failures is to provide "supportive care," the findings of Beurskens et al (4) are important, in that they provide hope for the emergence of hypothermia as a cytoprotective strategy to prevent potentially lethal organ failures.

The author has not disclosed any potential conflicts of interest.

Elliott D. David Crouser, MD, Department of Internal Medicine, The Ohio State University Medical Center, Davis Heart & Lung Research Institute, Columbus, OH

REFERENCES

1. Martin GS, Mannino DM, Eaton S, et al: The epidemiology of sepsis in the United States from 1979 through 2000. *N Engl J Med* 2003; 348:1546–1554
2. Thomas L: *Lives of a Cell: Notes of a Biology Watcher*. New York, Viking Press, 1974
3. Crouser ED: Warming up to hypothermia for treatment of severe sepsis. *Crit Care Med* 2012; 40:1020–1022
4. Beurskens CJ, Aslami H, Kuipers MT, et al: Induced hypothermia is protective in a rat model of pneumococcal pneumonia associated with increased adenosine triphosphate availability and turnover. *Crit Care Med* 2012; 40:919–926
5. Brealey D, Brand M, Hargreaves I, et al: Association between mitochondrial dysfunction and severity and outcome of septic shock. *Lancet* 2002; 360:219–223
6. Delhaye C, Mahmoudi M, Waksman R: Hypothermia therapy: Neurological and cardiac benefits. *J Am Coll Cardiol* 2012; 59:197–210

DOI: 10.1097/CCM.0b013e318263276c

Current randomized clinical trials of red cell storage duration and patient outcomes

To the Editor:

We read with interest the report by Hu et al (1) finding that anemic rats transfused with longer stored red blood cells

suffered worse damage from experimentally induced myocardial infarction than anemic rats transfused with red blood cells stored for <4 hrs. This study provides interesting evidence that outcomes were better in rats transfused with red blood cells stored for the shorter time period. Similar observations have been made in other animal model systems, but extrapolating these results to the clinic should be done with circumspection. As pointed out by the accompanying commentary, erythrocyte functioning is complex and rat and human red blood cells have substantially different rheology and storage lesions (2). Indeed, both the report by Hu et al (1) and the commentary suggest that future clinical studies are needed on this topic.

We bring to the attention of your readers the fact that several large clinical trials studying the effects of storage time on clinical outcomes are currently underway. One trial that has completed enrollment included neonatal intensive care patients (3) and two other large multicenter trials are currently enrolling patients (4, 5). One of these trials includes patients in intensive care units in Canada, while the Red Cell Storage Study is enrolling patients undergoing cardiac surgery.

We are running the National Institutes of Health-funded Red Cell Storage Study trial that includes patients who are at least 12 yrs old and undergoing cardiac surgery with risk factors predicting high likelihood of requiring red blood cell transfusion. Patients are randomized to receive either red blood cells stored no less than 10 days or red blood cells stored for at least 21 days when the latter would have been provided as part of standard care. This trial, which is still adding sites, should provide answers to the clinical questions regarding the effect of red blood cell storage duration on subjects undergoing cardiac surgery.

The authors received funding from the National Institutes of Health. Dr. Steiner received funding from the Society for Advancement of Blood Management. Dr. Triulzi consulted for Fenwal, Cerus, and Cornell.

Steven R. Sloan, MD, PhD, Children's Hospital Boston and Harvard Medical School, Boston, MA; Marie E. Steiner, MD, MS, University of Minnesota, Minneapolis, MN; Christopher P. Stowell, MD, PhD, Massachusetts General Hospital and Harvard Medical School, Boston, MA; Susan F. Assmann, PhD, New England Research Institute, Watertown, MA; Meghan Delaney, DO,

MPH, Puget Sound Blood Center and University of Washington, Seattle, WA; Darrell Triulzi, MD, University of Pittsburgh, Pittsburgh, PA

REFERENCES

1. Hu H, Xenocostas A, Chin-Yee N, et al: Transfusion of fresh but not old stored blood reduces infarct size and improves cardiac function after acute myocardial infarction in anemic rats. *Crit Care Med* 2012; 40:740–746
2. Piagnerelli M, Djebara S, Biston P: Do you ask your blood banker to transfuse only fresh red blood cells in cardiac patients? *Crit Care Med* 2012; 40:983–984
3. Fergusson D, Hutton B, Hogan DL, et al: The age of red blood cells in premature infants (ARIPI) randomized controlled trial: Study design. *Transfus Med Rev* 2009; 23:55–61
4. Lacroix J, Hébert P, Fergusson D, et al: ABLE Study Group: The Age of Blood Evaluation (ABLE) randomized controlled trial: Study design. *Transfus Med Rev* 2011; 25:197–205
5. Steiner ME, Assmann SF, Levy JH, et al: Addressing the question of the effect of RBC storage on clinical outcomes: The Red Cell Storage Duration Study (RECESS) (Section 7). *Transfus Apher Sci* 2010; 43:107–116

DOI: 10.1097/CCM.0b013e31825f7aa3

The authors reply:

We agree wholeheartedly with investigators of the Red Cell Storage Study trial (1) that the results from our study on fresh (4 hrs of storage) vs. stored (7 days of storage) rat blood in myocardial infarction should not be extrapolated to RBC transfusions to patients and this is also listed as one of the limitations of our study in the discussion (2). Blood storage duration is an unresolved but clinically important issue in blood transfusion in anemic patients. We applaud the efforts of investigators currently addressing this question by comparing the effects of different blood storage durations on patient outcomes in randomized clinical trials (1, 3, 4). It is well-known that there are major biological differences between rat and human erythrocytes. To this end, we have previously documented some of these storage-related differences (5); hence, our use of 7-day stored rat erythrocytes is more representative (but not equivalent) to human RBC stored for 4 wks. Other investigators have used xenograft models transfusing stored human RBC to rats (6). The strength of our model is that it allows us to measure

directly the effects of transfusion on tissue injury and generate hypothesis to be tested in clinical trials. However, extrapolation of any result found in animal studies to humans should be cautioned (7). We and other members of the transfusion community look forward to the results of randomized trials currently addressing the long-standing question regarding the clinical significance of RBC storage lesion (1, 3, 4).

The authors received funding from the Canadian Blood Services Partnership Fund and the Canadian Institutes of Health Research.

Ian Chin-Yee, MD, Anargyros Xenocostas, MD, Department of Medicine, Hematology Division, University of Western Ontario, Centre for Critical Illness Research, Lawson Health Research Institute, London,

Ontario, Canada; Qingping Feng, MD, PhD, Department of Physiology and Pharmacology, Department of Medicine, Cardiology Division, University of Western Ontario, Centre for Critical Illness Research, Lawson Health Research Institute, London, Ontario, Canada

REFERENCES

1. Steiner ME, Assmann SF, Levy JH, et al: Addressing the question of the effect of RBC storage on clinical outcomes: The Red Cell Storage Duration Study (RECESS) (Section 7). *Transfus Apher Sci* 2010; 43:107–116
2. Hu H, Xenocostas A, Chin-Yee N, et al: Transfusion of fresh but not old stored blood reduces infarct size and improves cardiac function after acute myocardial infarction in anemic rats. *Crit Care Med* 2012; 40:740–746
3. Lacroix J, Hébert P, Fergusson D, et al; ABLE Study Group: The Age of Blood Evaluation (ABLE) randomized controlled trial: Study design. *Transfus Med Rev* 2011; 25:197–205
4. Fergusson D, Hutton B, Hogan DL, et al: The age of red blood cells in premature infants (ARIP) randomized controlled trial: Study design. *Transfus Med Rev* 2009; 23:55–61
5. d'Almeida MS, Jagger J, Duggan M, et al: A comparison of biochemical and functional alterations of rat and human erythrocytes stored in CPDA-1 for 29 days: Implications for animal models of transfusion. *Transfus Med* 2000; 10:291–303
6. Raat NJ, Verhoeven AJ, Mik EG, et al: The effect of storage time of human red cells on intestinal microcirculatory oxygenation in a rat isovolemic exchange model. *Crit Care Med* 2005; 33:39–45; discussion 238
7. Piagnerelli M, Djebara S, Biston P: Do you ask your blood banker to transfuse only fresh red blood cells in cardiac patients? *Crit Care Med* 2012; 40:983–984

DOI: 10.1097/CCM.0b013e318263275a