

The University of Western Ontario
School of Health Studies

Chronic Disease Prevention and Management
HS4740A

September-December 2020

Instructor: Dr. Mantler

Email: tara.mantler@uwo.ca

Office hours: Online by appointment only via zoom

Date/Time: Asynchronous

Prerequisite Checking

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Course Information

Chronic disease is a significant economic burden for our health care system. This course will examine the prevalence of chronic disease, key factors associated with the significant increase in chronic diseases, and strategies for primary and secondary prevention. By the end of this course students will be able to:

- Identify chronic diseases and their impact on the Canadian health care system
- Identify factors contributing to the increase of chronic disease among the Canadian population
- Identify, examine, and critique primary prevention strategies for chronic disease prevention and management
- Identify, examine, and critique secondary prevention strategies for chronic disease prevention and management
- Compare Canada's chronic disease prevention and management system to international counterparts
- Collaborate with peers to create and deliver a dynamic presentation addressing a current topic in chronic disease prevention/management
- Engage in critical scholarship of various chronic disease prevention and management topics

Students are expected to prepare to engage in each module by completing required readings prior completing online participation activities.

Method of Instruction

This class is an online format. It is expected that the module and all associated assignments are completed by the Friday for the week it is assigned.

Lecture and Reading Schedule

This course is divided into three sections: getting situated (Module 1 and 2), take a closer look (Module 3-7), and looking forward (Module 8).

Tutorial Dates	Module to be Completed Prior to Tutorial	Tutorial Activity
Sept 14	Module 1: Chronic Care Definition and Cost	Critical Scholarship Explained
Sept 21	Module 2: Chronic Care Models	No Seminar: Additional Activity in OWL ** Class time may be used as a meeting opportunity for group presentation
Sept 28	Module 3: Ontario's Approach to Chronic Care	Critical Scholarship 1
Oct 5	Module 4: Organizations and Skills	Critical Scholarship 2
Oct 12	Module 5: Policies and systems	Critical Scholarship 3
Oct 19	Module 6: Environment and Communities	Critical Scholarship 4
Oct 26	Module 7: Chronic Disease Management	Critical Scholarship 5
Nov 9	Group Presentations	Group Presentation
Nov 16		Group Presentation
Nov 23		Group Presentation
Nov 30	Module 8: An International Perspective	Bringing it all together

Textbook & Reading List

There is no required textbook to be purchased for the course as readings will largely focus on scholarly articles and related resources which will be provided on the course website. Required readings can be accessed electronically through OWL and the Western library or through the web links provided (where applicable).

Evaluation

In this course, there will be many opportunities for the evaluation of your learning. Seventy-five percent (75%) of the grade is based on individual performance and 25% on team performance.

Grade Component		Evaluator	Due Date
Individual Performance 75%			
20%	Participation in Critical Scholarships (5% each- must complete 4)	Self	Week of Modules 3-7 due Friday at noon
5%	Team Participation (preparation, communication, contribution, respect of others)	Peer evaluation	End of Nov 23 at noon on Friday
35%	Participation in module strategies (5% per strategy- must complete 7)	Professor	Weekly- Due on Friday at noon for each module
15%	Final Summative Assignment	Professor	TBD
Team Performance 25%			
25%	Group Presentation	Professor/Peer	Nov 9, 16, 23 - will be assigned at the start of the semester- assignment is due the week prior Friday at noon (i.e, if you present week 8 the assignment is due week 7 Friday at noon)

Note: A) Assignments are due Friday at noon unless otherwise specified via the assignments tab on OWL.
B) Late assignments will be penalized at 10% per day for all assignments worth over 10% of your final grade. Late assignments worth less than 10% of your final grade are worth 0%. There is no make-ups for missed critical scholarships or module strategies, excused absences will result in re-weighting.

Statement on Use of Electronic Devices

Online Modules: Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

ADDITIONAL STATEMENTS

Grading

Grading rubrics are available in the assignments tab in OWL. A grading rubric provides consistent categories and weighting to aid in grading and in producing more robust grades both within a set of papers and between graders. It cannot and is not meant to replace the judgment of the individual grader. This is therefore a guideline for grading and not a strict marking scheme. Graders can, and frequently do, depart from the prescribed rubric when they feel it is academically justified.

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at The University of Western Ontario, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow.

Accommodation for Medical Illness or Non-Medical Absences

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including short-term illness or injury. Reasonable academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations, if it is to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

- (i) Submitting a Self-Reported Absence form, provided that the conditions for submission are met;
- (ii) For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration; or
- (iii) For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to Academic Counselling in their Faculty of registration, in order to be eligible for academic consideration.

Students seeking academic consideration:

- Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;
- Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis for a self-reported absence;

- **Must communicate with their instructors no later than 24 hours** after the end of the period covered by either the self-reported absence or SMC, or immediately upon their return following a documented absence;
- **Are advised that all necessary documentation, forms, etc. are to be submitted to academic counselling within two business days after the date specified for resuming responsibilities**

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe as to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less. The following conditions are in place for self-reporting of medical or extenuating circumstances:

- Students will be allowed a maximum of two self-reported absences between September and April, and one self-reported absence between May and August;
- The duration of the excused absence will be for a maximum of 48 hours from the time the Self-Reported Absence form is completed through the online portal, or from 8:30am the following morning if the form is submitted after 4:30pm;
- The duration of the excused absence will terminate prior to the end of the 48-hour period, should the student undertake significant academic responsibilities (e.g., write a test, submit a paper) during that time;
- The duration of an excused absence will terminate at 8:30am on the day following the last day of classes each semester, regardless of how many days of absence have elapsed;
- Self-reported absences will not be allowed for scheduled final examinations; for midterm examinations scheduled during the December examination period; or for final lab examinations (i.e., “bellringers”);
- Self-reporting may not be used for assessments (e.g., midterm exams, tests, reports, presentations, or essays) worth more than 30% of any given course;

Students must be in touch with their instructors no later than 24 hours after the end of the period covered by the Self-Reported Absence form, to clarify how they will be expected to fulfil the academic expectations they may have missed

Participation

Regular participation is expected and essential for success in this course. Participation means not only attendance to virtual meetings, but active engagement in online modules, including (for example) contribution to small and large group discussions, and a demonstrated effort to prepare for modules by completing assigned readings prior to engaging in the discussion/activities. Students who miss modules,

or parts of modules, are responsible for the material they have missed. Instructors are not obliged to review the contents of missed lectures.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following website:
https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

Health and Wellness

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (<http://www.music.uwo.ca/>), or the McIntosh Gallery (<http://www.mcintoshgallery.ca/>). Further information regarding health and wellness-related services available to students may be found at <http://www.health.uwo.ca/>.

If you are in emotional or mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help. To help you learn more about mental health, Western has developed an interactive mental health learning module, found here: https://uwo.ca/health/mental_wellbeing/education/module.html.

SHS Grading Policy

The university-wide descriptor of the meaning of letter grades, as approved by Senate:

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work that is clearly above average
B	70-79	Good work, meeting all requirements and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable.
F	below 50	Fail

It is expected that the grades for this course will fall between 74 and 80. In the event that the course average falls outside this range, a constant may be added (or subtracted) from each student's grade, by the instructor, to bring the class average in line with school policy.