

The University of Western Ontario
School of Health Studies

Health Issues in Childhood and Adolescence
HS2700A

September-December 2020

Instructor: Dr. Mantler

Email: tara.mantler@uwo.ca

Office Hours: Online by appointment only via zoom

Date/Time: Tuesday 930-1130 (online only for quizzes) and asynchronously

Prerequisite Checking

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Course Information

This course will explore the physical, social, psychological, and spiritual determinants of health from the prenatal period to early adulthood. The focus will be on health applications of developmental concepts such as sensorimotor, perceptual, cognitive, language, social and emotional throughout childhood. An emphasis will also be placed on contemporary issues affecting health. By the end of this course students will be able to:

- Identify key sensorimotor, perceptual, cognitive language, social and emotional milestones throughout childhood and adolescence
- Compare and contrast theories of development
- Understand key issues in childhood and adolescence
- Apply developmental theories and knowledge to case studies

Students are expected to prepare for engagement activities by completing required readings prior to engagement.

Method of Instruction

The class consists of an online module and an online engagement activity each week. Participation in the online engagement activity is required each week.

Lecture and Reading Schedule

Tutorial Dates	Online Module	Online Engagement Activity	Reading
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Sept 15	Welcome- Nuts and Bolts	None (not graded)	None.
Sept 22	Understanding 'Normal'	Name that person	Chapter 2
Sept 29	In utero Quiz 1 (930-950)	Baby 1, Baby 2 and Baby 3	Chapters 3
Oct 6	Infant	What is...	Chapters 4,5,6
Oct 13	Quiz 2 (930-950) Toddler	Find your animal friends	Chapter 7,8
Oct 20	Preschooler	Let's have fun	Chapter 7,8
Oct 27	Quiz 3 (930-950) School Age (6-8)	Intervention efficacy	Chapter 9,10
Nov 10	School Age (9-12) Quiz 4 (930-950)	360 View	Chapter 9,10
Nov 17	Adolescence (12-15)	Mind the gaps	Chapter 11,12
Nov 24	Adolescence (15-18)	I am a super hero	Chapter 11,12
Dec 1	Bringing it all together	That's a wrap	None.
TBD	Final Exam		

Textbook & Reading List

The required textbook/online learning platform is: *Revel for Lifespan Development, Sixth Canadian Edition*-- Access Card, 6/E . This learning platform can be purchased online and at the bookstore.

Communication

This is a large course, with over 400 students registered, and as such there is a need to streamline communication to ensure that all students are well supported. As such the teaching team has implemented the following strategies:

- *Discussion Board*: The discussion board is an excellent tool to support learning. There is a TA who will monitor and respond to questions on the discussion board- if you think you have a question that many students share, this would be an excellent forum to use. Students are also welcome to take a leadership role on the discussion board by answering questions posed by peers (the TA will monitor responses and adjust as necessary). Taking a leadership role on the

discussion board is monitored also by the teaching instructor (and is a great way to make an excellent first impression in a class this size).

- *Announcements:* Should we find that many students are asking the same question(s) or there is information that all students need to know, we will post this on the OWL announcement page (so please turn on notifications or check back regularly 😊).
- *Meetings/Email:* Your TA is your first point of contact. If you have questions about the material or evaluation, please connect with your TA via email to set up an online meeting appointment. Please note that we strive for a 24-hour email response time (excluding weekends). In order to achieve this all emails must have in the subject line the course code (HS2700) so that your TA can prioritize your email. The exception to the 24 hours rule is 24 hours prior to quizzes, midterm and the final exam- during this period we will **not** answer any content related questions. It is our experience that nerves can sometimes get the better of students during this period which is a significant barrier to effective email communication. As such we strongly encourage students to review notes prior to that 24-hour period to ensure all questions are answered.
- *Meeting/Email Course Instructor:* Should there be an issue/question that cannot be addressed by your TA then your TA will either email the course instructor or set up meeting where the student will be cc'd on the communication and invited to attend the meeting via zoom. To get a response or a meeting from/with the course instructor TAs must be copied on all messages and support the need to reach out to the course instructor.

Evaluation

In this course, there will be many opportunities for evaluation of your learning.

	Grade Component	Evaluator	Due Date
40%	Quizzes (There is the possibility to write <u>4</u> quizzes but you <u>MUST</u> write a minimum of <u>2</u> . You must write either quiz 1 or 2 AND either quiz 3 or 4- but you could write 3 of them or 4 of them as well. The 40% for quizzes will be divided equally between the quizzes you write. If you log into the quiz then it will be counted as written.)	Professor	Sept 29, Oct 13, Oct 27 or Nov 10 Tuesdays from 930-950
20%	Online Engagement Participation (weekly)	Teaching Team	Friday at noon
5%	Engagement with online textbook	Professor	End of the week of Nov 24th

Tutorial Participation

Online Engagement Activities (OEA) are designed to be interactive and build on/help solidify concepts presented during the weekly modules. Participation in OAE are weighted equally for each of the 10 tutorials offered during this course. Participation grades are graded out of 2. To get a 2/2 you need to actively participate in moving the discussion forward, 1/2 is active engagement, and 0/2 is no engagement.

Quizzes

There are four Quizzes offered throughout this course. They will be completed by students during the first 20 minutes of class time for those who choose to write (i.e. 9.30-9.50- the quiz will open at 9.30 and close at 9.50 regardless of when you sign on- so be one time ☺). You must write a minimum of two quizzes (and one of them MUST be quiz 1 or 2 AND one of them MUST be quiz 3 or 4). You can elect to write 3 or 4 quizzes as well, in which case your quiz grade is spread over more assessment. If you write 2 quizzes each is worth 20%. If you elect to write 3 (each is worth 13.33%) or 4 (each is worth 10%) quizzes. Once you have logged into the quiz then you are deemed to be 'writing it' and your score will count toward your final grade. All quizzes will be multiple choice. If you miss a quiz and are accommodated then your make up quiz will be the following Tuesday from 9.30-9.50. This quiz will consist of open-ended questions. Quizzes are not cumulative and will only cover new content that is presented since the last quiz (i.e., Quiz 1 covers Week 1-3, Quiz 2 covers weeks 4), Quiz 3 covers weeks 5 and 6, and Quiz 4 covers 7 and 8).

Final Exam

The final exam will be scheduled by the registrar during the final exam period. Please note, I have no control over the date/time/location and the teaching team finds out this information at the same time that you do. The final exam will be 3 hours and 75 multiple choice questions. This exam is cumulative. If you miss the final exam, the make-up will be scheduled through the main health studies office and will be essay/short answer style.

Statement on Use of Electronic Devices

During Exams: Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any of the following electronic devices during ANY of the tests, midterms, examinations, or other in-class evaluations: cellphones, smart phones, smart watches, smart glasses, audio players or recorders of any sort, video cameras, video games, DVD players, televisions, laptop/notebook/netbook computers, flashlights or laser pointers.

During Lectures and Tutorials: Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

ADDITIONAL STATEMENTS

Multiple Choice Exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at The University of Western Ontario, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow

Accommodation for Medical Illness or Non-Medical Absences

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including short-term illness or injury. Reasonable academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations, if it is to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

- (i) Submitting a Self-Reported Absence form, provided that the conditions for submission are met;
- (ii) For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration; or
- (iii) For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to Academic Counselling in their Faculty of registration, in order to be eligible for academic consideration.

Students seeking academic consideration:

- Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;
- Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis for a self-reported absence;
- **Must communicate with their instructors no later than 24 hours** after the end of the period covered by either the self-reported absence or SMC, or immediately upon their return following a documented absence;

- **Are advised that all necessary documentation, forms, etc. are to be submitted to academic counselling within two business days after the date specified for resuming responsibilities**

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe as to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less. The following conditions are in place for self-reporting of medical or extenuating circumstances:

- a. Students will be allowed a maximum of two self-reported absences between September and April, and one self-reported absence between May and August;
- b. The duration of the excused absence will be for a maximum of 48-hours from the time the Self-Reported Absence form is completed through the online portal, or from 8:30am the following morning if the form is submitted after 4:30pm;
- c. The duration of the excused absence will terminate prior to the end of the 48-hour period, should the student undertake significant academic responsibilities (e.g., write a test, submit a paper) during that time;
- d. The duration of an excused absence will terminate at 8:30am on the day following the last day of classes each semester, regardless of how many days of absence have elapsed;
- e. Self-reported absences will not be allowed for scheduled final examinations; for midterm examinations scheduled during the December examination period; or for final lab examinations (i.e., “bellringers”);
- f. Self-reporting may not be used for assessments (e.g., midterm exams, tests, reports, presentations, or essays) worth more than 30% of any given course;

Students must be in touch with their instructors no later than 24 hours after the end of the period covered by the Self-Reported Absence form, to clarify how they will be expected to fulfil the academic expectations they may have missed

Participation

Regular participation is expected and essential for success in this course. Participation means not only attendance to virtual meetings, but active engagement in online modules, including (for example) contribution to small and large group discussions, and a demonstrated effort to prepare for modules by completing assigned readings prior to engaging in the discussion/activities. Students who miss modules, or parts of modules, are responsible for the material they have missed. Instructors are not obliged to review the contents of missed lectures.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following website:
https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

Health and Wellness

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (<http://www.music.uwo.ca/>), or the McIntosh Gallery (<http://www.mcintoshgallery.ca/>). Further information regarding health and wellness-related services available to students may be found at <http://www.health.uwo.ca/>.

If you are in emotional or mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help. To help you learn more about mental health, Western has developed an interactive mental health learning module, found here: https://uwo.ca/health/mental_wellbeing/education/module.html.

SHS Grading Policy

The university-wide descriptor of the meaning of letter grades, as approved by Senate:

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work that is clearly above average
B	70-79	Good work, meeting all requirements and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable.
F	below 50	Fail

It is expected that the grades for this course will fall between 70 and 74. In the event that the course average falls outside this range, a constant may be added (or subtracted) from each student's grade, by the instructor, to bring the class average in line with school policy.