The University of Western Ontario  
School of Health Studies  

Health Issues in Childhood and Adolescence  
HS2700A  

September-December 2019  

Instructor: Dr. Mantler  
Email: tara.mantler@uwo.ca  
Office Room Number: HSB 332  
Office Hours: Wednesday 1:30-2:30 (appointment required)  
Date/Time: Tuesday 930-1130  
Location: TBD  

Prerequisite Checking  

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.  

Course Information  

This course will explore the physical, social, psychological, and spiritual determinates of health from the prenatal period to early adulthood. The focus will be on health applications of developmental concepts such as sensorimotor, perceptual, cognitive, language, social and emotional throughout childhood. An emphasis will also be placed on contemporary issues affecting health. By the end of this course students will be able to:  

- Identify key sensorimotor, perceptual, cognitive language, social and emotional milestones throughout childhood and adolescence  
- Compare and contrast theories of development  
- Understand key issues in childhood and adolescence  
- Apply developmental theories and knowledge to case studies  

Students are expected to prepare for the course by completing required readings prior to class by coming to class prepared to engage with the material.  

Method of Instruction  

The class consists of one lecture (2 hours) and a tutorial (50 minutes) each week. It is expected that all students will participate in class discussions both throughout lectures and during tutorials. The tutorials will be run by the TAs and you MUST remain in and consistently attend the specific tutorial you registered for – NO EXCEPTIONS. Each tutorial will require active participation based on the in class

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content presented as well as the required readings. Participation involves both showing up and engaging. Participation in all tutorials is worth 10% of your final grade. Within each tutorial participation is graded as an all or none. Questions regarding the tutorials should be directed to the TA who leads the session that students are registered in.

**Lecture and Reading Schedule (DRAFT)**

<table>
<thead>
<tr>
<th>Tutorial Dates</th>
<th>Module to be Completed Prior to Tutorial</th>
<th>Tutorial Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept 10</td>
<td>Welcome- Nuts and Bolts</td>
<td>Getting to know you... (not graded)</td>
</tr>
<tr>
<td>Sept 17</td>
<td>Understanding ‘Normal’</td>
<td>Name that person</td>
</tr>
<tr>
<td>Sept 24</td>
<td>In utero</td>
<td>Baby 1, Baby 2 and Baby 3</td>
</tr>
<tr>
<td>Oct 1</td>
<td>Infant</td>
<td>What is.../Optional Quiz 1</td>
</tr>
<tr>
<td>Oct 8</td>
<td>Toddler</td>
<td>Find your animal friends</td>
</tr>
<tr>
<td>Oct 15</td>
<td>Midterm</td>
<td>None</td>
</tr>
<tr>
<td>Oct 22</td>
<td>Preschooler</td>
<td>Let’s have fun</td>
</tr>
<tr>
<td>Oct 29</td>
<td>School Age (6-8)</td>
<td>Intervention efficacy</td>
</tr>
<tr>
<td>Nov 12</td>
<td>School Age (9-12)</td>
<td>360 View/Optional Quiz 2</td>
</tr>
<tr>
<td>Nov 19</td>
<td>Adolescents</td>
<td>Mind the gaps</td>
</tr>
<tr>
<td>Nov 26</td>
<td>Youth</td>
<td>I am a super hero</td>
</tr>
<tr>
<td>Dec 3</td>
<td>Bringing it all together</td>
<td>That’s a wrap</td>
</tr>
<tr>
<td>TBD</td>
<td></td>
<td>Final Exam</td>
</tr>
</tbody>
</table>

**Textbook & Reading List (DRAFT)**

There is no required textbook to be purchased for the course as readings will largely focus on scholarly articles and related resources which will be provided on the course website. Required readings can be accessed electronically through Sakai and the Western library or through the web links provided (where applicable).

**Evaluation**

In this course, there will be many opportunities for evaluation of your learning.

<table>
<thead>
<tr>
<th>Grade Component</th>
<th>Evaluator</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>35%</td>
<td>Midterm</td>
<td>Professor</td>
</tr>
<tr>
<td>Percentage</td>
<td>Component</td>
<td>Instructor</td>
</tr>
<tr>
<td>------------</td>
<td>----------------------------------------</td>
<td>------------</td>
</tr>
<tr>
<td>10%</td>
<td>Tutorial Participation</td>
<td>Teaching Team</td>
</tr>
<tr>
<td>20%</td>
<td>2 optional quizzes (each worth 10%)</td>
<td>Professor</td>
</tr>
<tr>
<td>35%</td>
<td>Final Exam</td>
<td>Professor</td>
</tr>
</tbody>
</table>

**Note:** Optional Quizzes can be completed by students during tutorial time. The tutorial will run for the first 30 minutes. Then if students would like to write the optional quiz they will stay for the remaining 20 minutes. If you elect to not write the optional quiz then the additional 10% will be added to the next midterm/final (i.e. if you don’t write the optional quiz on Oct 1st then your midterm is worth 40%, and if you don’t write the optional quiz on Nov 12 then your final exam is worth 50%)

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**Statement on Use of Electronic Devices**

**During Exams:** Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any of the following electronic devices during ANY of the tests, midterms, examinations, or other in-class evaluations: cellphones, smart phones, smart watches, smart glasses, audio players or recorders of any sort, video cameras, video games, DVD players, televisions, laptop/notebook/netbook computers, flashlights or laser pointers.

**During Lectures and Tutorials:** Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class. **Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.**

**ADDITIONAL STATEMENTS**

**Multiple Choice Exams**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating

**Student Code of Conduct**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at The University of Western Ontario, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow

**Accommodation for Medical Illness or Non-Medical Absences**

The University recognizes that a student’s ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including short-term illness or injury. Reasonable
academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations, if it is to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

(i) Submitting a Self-Reported Absence form, provided that the conditions for submission are met;

(ii) For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration; or

(iii) For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to Academic Counselling in their Faculty of registration, in order to be eligible for academic consideration.

Students seeking academic consideration:

• Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;

• Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis for a self-reported absence;

• Must communicate with their instructors no later than 24 hours after the end of the period covered by either the self-reported absence or SMC, or immediately upon their return following a documented absence;

• Are advised that all necessary documentation, forms, etc. are to be submitted to academic counselling within two business days after the date specified for resuming responsibilities

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe as to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less. The following conditions are in place for self-reporting of medical or extenuating circumstances:

   a. Students will be allowed a maximum of two self-reported absences between September and April, and one self-reported absence between May and August;
b. The duration of the excused absence will be for a maximum of 48 hours from the time the Self-Reported Absence form is completed through the online portal, or from 8:30am the following morning if the form is submitted after 4:30pm;

c. The duration of the excused absence will terminate prior to the end of the 48 hour period, should the student undertake significant academic responsibilities (e.g., write a test, submit a paper) during that time;

d. The duration of an excused absence will terminate at 8:30am on the day following the last day of classes each semester, regardless of how many days of absence have elapsed;

e. Self-reported absences will not be allowed for scheduled final examinations; for midterm examinations scheduled during the December examination period; or for final lab examinations (i.e., “bellringers”);

f. Self-reporting may not be used for assessments (e.g., midterm exams, tests, reports, presentations, or essays) worth more than 30% of any given course;

Students must be in touch with their instructors no later than 24 hours after the end of the period covered by the Self-Reported Absence form, to clarify how they will be expected to fulfil the academic expectations they may have missed.

**Attendance**

In the School of Health Studies, each course instructor sets specific expectations for attendance and participation that are specific to the course, teaching objectives, and learning outcomes.

Regular attendance is expected and essential for all courses, but particularly those that include participation grades in their evaluation schemes. Participation means not only attendance, but active engagement in the class, including (for example) contribution to small and large group discussions, a demonstrated effort to prepare for class by completing assigned readings before class, and following the instructor's guidelines for use of electronic devices during class time. Students who miss classes, or parts of classes, are responsible for the material they have missed. Instructors are not obliged to review the contents of missed lectures.

Persistent absenteeism may have serious repercussions, and may result in you failing this course. In this course, the equivalent of 3 weeks of unexcused absences, per term, will be considered to be persistent absenteeism. Persistent absenteeism will result in you being contacted by the instructor, who may request a meeting. Continued absence after this point will be reported to the Undergraduate Chair, and may result in debarment from writing the final examination, and/or submitting the final course paper. In such a case, you would receive a grade of zero on the evaluations from which you were debarred.

**Scholastic Offences**

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following website: [https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf).
Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- [http://www.sdc.uwo.ca/ssd/](http://www.sdc.uwo.ca/ssd/)

Health and Wellness

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western’s Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page ([http://www.music.uwo.ca/](http://www.music.uwo.ca/)), or the McIntosh Gallery ([http://www.mcintoshgallery.ca/](http://www.mcintoshgallery.ca/)). Further information regarding health and wellness-related services available to students may be found at [http://www.health.uwo.ca/](http://www.health.uwo.ca/).

If you are in emotional or mental distress should refer to Mental Health@Western [http://www.uwo.ca/uwocom/mentalhealth/](http://www.uwo.ca/uwocom/mentalhealth/) for a complete list of options about how to obtain help.

To help you learn more about mental health, Western has developed an interactive mental health learning module, found here: [https://uwo.ca/health/mental_wellbeing/education/module.html](https://uwo.ca/health/mental_wellbeing/education/module.html).

SHS Grading Policy

The university-wide descriptor of the meaning of letter grades, as approved by Senate:

- A+ 90-100 One could scarcely expect better from a student at this level
- A 80-89 Superior work that is clearly above average
- B 70-79 Good work, meeting all requirements and eminently satisfactory
- C 60-69 Competent work, meeting requirements
- D 50-59 Fair work, minimally acceptable.
- F below 50 Fail

It is expected that the grades for this course will fall between 70 and 74. In the event that the course average falls outside this range, a constant may be added (or subtracted) from each student’s grade, by the instructor, to bring the class average in line with school policy.