

**THE UNIVERSITY OF WESTERN ONTARIO
SCHOOL OF HEALTH STUDIES**

Health Sciences RS 3125A
Enabling Health and Well-being through Occupation

Fall 2016

Instructor: Dr. Michael Ravenek

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Office Hours: By Appointment

Class Time: Monday 11:30am – 12:30pm
Wednesday 10:30am – 12:30pm

Location: HSB 240

Prerequisite Checking

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Anti-requisite: Health Sciences 3091A section 001 if taken in 2011-12 or 2012-13.

Pre-requisite: Registration in a Rehabilitation Sciences module or enrolment in the third or fourth year of the School of Health Studies or School of Kinesiology.

Course Description

This course addresses the construct of ‘occupation’ as explored and understood within the field of occupational science and practice of occupational therapy. In this course, students will develop an understanding of the broad conceptualization of human occupation, which incorporates all that people do to occupy their time on a daily basis. Within the course, the construct of occupation will be addressed in relation to particular dimensions, such as time and place, and concepts, such as identity and justice. Students will develop and apply an occupational perspective to address contemporary issues and to consider the relationship between occupation and health and well-being. Topics will include the contribution of meaningful occupational engagement to one’s identity, and the negative consequences of occupational deprivation. This course is reliant on student preparation and participation. While classes will primarily be lecture-based, several classes will incorporate class participation involving critically informed scholarly discussions of readings. Core readings are specified for each session so that there is common basis for scholarly discussion. Students are expected to critically consider these core readings, and to obtain additional readings as required to further their understanding of relevant issues.

Course Materials

Required readings listed in the course schedule will be available online through OWL.

Recommended text: Christiansen, C. H., & Townsend, E. A. (Eds.). (2010). Introduction to occupation: the art and science of living 2nd Edition. Upper Saddle River, NJ: Prentice Hall.

Evaluation Summary

Evaluation	Percentage of Final Grade	Date
Test #1	30%	October 12, 2016
Test #2	30%	November 9, 2016
Final Test	40%	Final Exam Period

Evaluation Details

A. Test #1 (30% of Final Grade) – October 12, 2016

- This test will consist of multiple choice and short answer questions.
- The questions will be drawn from all course content covered up to the point of the test, including all lecture material and assigned required readings (Sept. 12-Oct. 5).
- It will take place during class hours (10:30am -12:20pm) on Wednesday, October 12 in Room 240 of the Health Sciences Building.

B. Test #2 (30% of Final Grade) – November 9, 2016

- This test will consist of multiple choice and short answer questions.
- The questions will be drawn from all course content covered after Test #1, including all lecture material and assigned required readings (Oct. 17 – Nov. 7).
- It will take place during class hours (10:30am -12:20pm) on Wednesday, November 9 in Room 240 of the Health Sciences Building.

C. Final Test (40% of Final Grade) – Final Exam Period

- This test will consist of multiple choice and short answer questions.
- The questions will be drawn from all course content covered from the beginning to the end of the term, including all lecture material and assigned required readings (Sept. 12 – Dec. 7).
- An emphasis will be placed on content in the final third of the class (Nov. 14 – Dec. 7).
- It will take place at a date, time and location to be announced in the final exam schedule.

Use of Electronic Devices

Electronic devices, including cell phones, tablets and laptops, will be used during class time for polls and content review questions. More information will be provided during the first class on the method to be used. Students are also encouraged to use these devices during class time to take lecture notes, but should not use devices for non-class purposes.

For all tests, use of communication equipment (e.g., cell phones) is prohibited.

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at The University of Western Ontario, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit <http://www.uwo.ca/univsec/pdf/board/code.pdf> .

English Proficiency for the Assignment of Grades

Visit the website http://www.uwo.ca/univsec/pdf/academic_policies/exam/english.pdf

Accommodation for Medical Illness or Non-Medical Absences

<http://www.westerncalendar.uwo.ca/2016/pg117.html>

The University recognizes that a student's ability to meet his/her academic responsibilities may, on occasion, be impaired by medical illness. Illness may be acute (short term), or it may be chronic (long term), or chronic with acute episodes. The University further recognizes that medical situations are deeply personal and respects the need for privacy and confidentiality in these matters. However, in order to ensure fairness and consistency for all students, academic accommodation for work representing 10% or more of the student's overall grade in the course shall be granted only in those cases where there is documentation indicating that the student was seriously affected by illness and could not reasonably be expected to meet his/her academic responsibilities.

A UWO Student Medical Certificate (SMC) is required where a student is seeking academic accommodation. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An SMC can be downloaded under the Medical Documentation heading of the following website: http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf

Documentation is required for non-medical absences where the course work missed is more than 10% of the overall grade. Students may contact their Faculty Academic Counselling Office for what documentation is needed.

Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted, as soon as possible, to the appropriate Academic Counselling Office of the student's Faculty of registration. For BHSc students, you may go to the School of Health Studies Office in HSB room 222.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following website: http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

Additionally,

1. All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).
2. Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/>
2. Student Health – <http://www.uwo.ca/health/services/students/index.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

Class Schedule

Week	Date	Topic(s)	Reading(s)
1	Sept 12	<ul style="list-style-type: none"> Course Orientation Defining Occupation 	
	Sept 14	<ul style="list-style-type: none"> Overview of Occupational Therapy Overview of Occupational Science 	<ul style="list-style-type: none"> Hocking & Wright-St. Clair (2011). Occupational science: Adding value to occupational therapy. <i>New Zealand JOT</i>, 58(1), 29-35.
2	Sept 19	“What” of Human Occupation Occupation, Health & Well-Being	<ul style="list-style-type: none"> Polatajko et al. (2013). Specifying the domain of concern: Occupation as core. In <i>Enabling occupation II</i> (2nd ed.). Ottawa: CAOT
	Sept 21		
3	Sept 26	Canadian Model of Occupational Performance & Engagement (CMOP-E)	<ul style="list-style-type: none"> Creek & Hughes (2008). Occupation and health: A review of selected literature. <i>British JOT</i>, 71(11), 456-468.
	Sept 28	Physical / Affective / Cognitive	<ul style="list-style-type: none"> Woodland & Hobson (2003). An occupational therapy perspective on falls prevention among community-dwelling older adults. <i>CJOT</i>, 70(3), 174-182.
4	Oct 3	Spirituality in the CMOP-E	
	Oct 5	Co-Occupation	<ul style="list-style-type: none"> Davel Pickens & Pizur-Barnekow (2011). Co-occupation. Extending the dialogue. <i>JOS</i>, 16(3), 151-156.
5	Oct 10	NO CLASS – HAPPY THANKSGIVING	
	Oct 12	TEST #1 (30%)	
6	Oct 17	“Where” of Human Occupation Physical Environment: Overview & Healthy Built Environments	<ul style="list-style-type: none"> Thompson & Kent (2014). Healthy built environments supporting everyday occupations: Current thinking in urban planning. <i>JOS</i>, 21(10), 25-41.
	Oct 19		
7	Oct 24	Social Environment Overview, Culture & Institutions	<ul style="list-style-type: none"> Awaad (2003). Culture, cultural competency and occupational therapy: A review of the literature. <i>BJOT</i>, 66(8), 356-362.
	Oct 26		
8	Oct 31	Occupational Patterns	<ul style="list-style-type: none"> Holthe et al. (2007). Occupational patterns of people with dementia in residential care. <i>SJOT</i>, 14, 97-107.
	Nov 2	Occupational Balance	<ul style="list-style-type: none"> Backman (2004). Occupational balance: Exploring the relationships among daily occupations and their influence on well-being. <i>CJOT</i>, 71(4), 202-209.
9	Nov 7	Test #2 Review	
	Nov 9	TEST #2 (30%)	
10	Nov 14	“How” of Human Occupation Occupational Development	<ul style="list-style-type: none"> Wiseman et al. (2005). Occupational development. Towards an understanding of children’s doing. <i>JOS</i>, 12(1), 26-35.
	Nov 16		
11	Nov 21	Occupational Loss	<ul style="list-style-type: none"> Kniepmann (2012). Female family carers for survivors of stroke: Occupational loss and quality of life. <i>BJOT</i>, 75(5), 208-216.
	Nov 23	“Why” of Human Occupation Occupational Identity	<ul style="list-style-type: none"> Unruh (2004). Reflections on: “So... what do you do?” Occupation and the construction of identity. <i>CJOT</i>, 71(5), 290-295.
Nov 28			
12	Nov 30	Occupational Justice	<ul style="list-style-type: none"> Durocher et al. (2014). Occupational justice. A conceptual review. <i>JOS</i>, 28(4), 418-430.
	Dec 5		
13	Dec 7	Final Test Review	