

Bachelor of Health Sciences Program

The University of Western Ontario, London, ON, Canada

Health Sci 4090B – Health Promotion for People with Disabilities

Winter 2011

1.0 Calendar Description

People with disabilities often experience health challenges beyond what non-disabled people face. Methods of maximizing health both as a goal and a resource will be taught in this course that follows an evidence-based teaching framework.

More Specific Information: This course will examine practical and special considerations when planning, implementing and evaluating health promotion programs for people with disabilities. In particular, this will involve an exploration of the following: introduction to the relationship between disability and health, identification of particular health challenges faced by people with disabilities (with a focus on those with spinal cord injuries) and examination of current and emerging trends in rehabilitation practice as related to health promotion. Practical applications will be introduced that focus on the role of physical activity and nutrition in maintaining health and wellness of people with disability.

Prerequisites: Registration in the Honors Specialization, Major or Minor modules in Rehabilitation Sciences.

Note: University policy on prerequisites is as follows: “Students are responsible for ensuring that their selection of courses is appropriate and accurately recorded, that all course prerequisites have been successfully completed, and that they are aware of any antirequisite course(s) that they have taken.” In addition, “Unless you have either the requisites for this course or written special permission from your Dean (see your academic counsellor) to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.”.

2.0 General Course Information

Instructor:	Dr. Dalton Wolfe dwolfe@uwo.ca 685-4292 ext 42957
Office Hours:	Arrange Appointments by Email / Phone
Course Website:	https://webct.uwo.ca
Times and Location of Lectures:	Tues. & Thurs, 3:30-5:00 -- HSB Rm 236

Note: some lectures or practical experiences may also take place at Parkwood Hospital with the time being shifted slightly (e.g., 30 min) to accommodate travel time (at the preference of the majority of the class).

3.0 Special Considerations

A special aspect of this course is that it will provide several opportunities for practical experiences. This will involve some sessions that require being held at Parkwood Hospital, which houses the Southwestern Ontario Regional Rehabilitation Program. During these sessions there will be opportunities to interact with various Rehabilitation Professionals as well as individuals who are living with disability. It is expected that students provide their own transportation to Parkwood Hospital and class time may be adjusted slightly (i.e., 30 minute delay to accommodate travel time). Parkwood connects with the University via the LTC Richmond bus line (#6) and a typical bus ride between the 2 locations takes approximately 45 minutes. Parking is also available at a cost of \$4.00 at Parkwood Hospital. There will be an in-class attempt to facilitate ride-sharing among students.

4.0 Course Reference Materials

All materials will be posted to the course website. Required readings will consist of pertinent articles from the scientific literature and will be posted at least 1 week in advance of the week for which they are pertinent. Additional reference materials may be made available as the course progresses.

5.0 Evaluation

Evaluation Component	Date	Proportion of Final Grade
Mid-term Exam	Feb 17/11	20%
Course Project	Due Apr 7/11 (In Class)	40%
Final Exam (Cumulative but with focus on material after mid-term)	TBA	40%

Late assignments: – A late assignment will be penalized by 10% for each day, or part of a day, that it is late. For example, an assignment graded as 41/50 will have 5 points deducted from the mark if handed in one day late and will be recorded as 36/50. There will be no exceptions.

Preliminary Information (Course Project): – This will consist of a group project (n~5) to prepare a proposal to develop a health promotion program targeted at people with disabilities. It will consist of a written element as well as a short in-class presentation and is based on providing a real-life experience of preparing a proposal to a granting agency that funds health promotion activities. More information will be available in the first few lectures.

5.0 General Course Schedule

(Tentative)

Topic / Activity	Date
Course Introduction – Intro to Disability	Jan 3/11

Introduction to Rehab & Health Promotion	Jan 5/11
Rehabilitation – A Practical Perspective	Jan 11-18/11
Overview of Spinal Cord Injury and Secondary Conditions	Jan 20-25/11
Barriers to Participation in Health Promotion Activities for People with Disabilities	Jan 27-Feb 1/11
Some Program Examples – Using the Internet, Physical Activity and Nutritional Programming in SCI	Feb 3-Feb 15/11
Mid-term Exam	Feb 17/11
No lectures (Reading Week)	Feb 22-24/11
Specific Applications: Planning and Implementing Programs for People with Disabilities	Mar 1-17/11
Specific Applications: Evaluating Programs for People with Disabilities	Mar 22-29/11
In-class Student Presentations (Final Assignments Due Apr 7/11)	Mar 31-Apr 7/11
Final Exam	TBA

6.0 Course Policies and Procedures

Course Website

The course website (WebCT) should be your primary source of information regarding course content and procedures (outside of lecture).

Email

I am happy to answer any questions via email that you may have regarding course content or procedures. Email will be answered in as timely a fashion as possible - generally within 24-48 hours.

Lecture Attendance

You are expected to attend every class, as material that is covered during the lecture may not be included in your required readings.

Use of Electronic Devices for Exams

Electronic devices will not be allowed (and are not necessary) during tests and examinations.

7.0 Policy Regarding Illness

Students are entitled to a rescheduling of exams or an extension of deadlines for legitimate medical or compassionate reasons. However, it is the student's responsibility to inform the instructor prior to the due date, to arrange a timely makeup, and, if requested, to provide acceptable documentation to support a medical or compassionate claim. In the case of a final examination or assignment in the course, the student must arrange for a Special Examination or

Incomplete through the Dean's office, for which the student will be required to provide acceptable documentation.

If you feel that you have a medical or personal problem that is interfering with your work, you should contact your instructor and the Faculty Academic Counseling Office as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. In general, retroactive requests for grade revisions on medical or compassionate grounds will not be considered.

8.0 Policy on Cheating and Academic Misconduct

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offenses. Students are urged to read the section on Scholastic Offenses in the Academic Calendar. Note that such offenses include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. In writing scholarly papers, you must keep firmly in mind the need to avoid plagiarism. Plagiarism is the unacknowledged borrowing of another writer's words or ideas. The following rules pertain to the acknowledgements necessary in academic papers: in using another writer's words, you must place the words in quotation marks and acknowledge that they are his/hers. If you are in doubt about whether what you are doing is appropriate, consult your instructor. A claim that "you didn't know it was wrong" will not be accepted as an excuse.

Assignments may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

The penalties for a student guilty of a scholastic offence include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

9.0 Procedures for Appealing Academic Evaluations

In the first instance, all appeals of a grade must be made to the course instructor (informal consultation). If the student is not satisfied with the decision of the course instructor, a written appeal must be sent to the Department Chair. If the response of the department is considered unsatisfactory to the student, he/she may then appeal to the Dean of the Faculty in which the course of the program was taken. Only after receiving a final decision from the Dean, may a student appeal to the Senate Review Board Academic. A Guide to Appeals is available from the Ombudsman's Office.