Western University
School of Physical Therapy
Strategic Plan 2021-2026

Meaningful Impact
Inclusive experience, Successful students
Engaged partners, Creative outcomes
Personalized care, Enabled participation
The Western University School of Physical Therapy is home to the Master of Physical Therapy (MPT) program. The School also leads three fields of study in the Advanced Health Care Practice program, the Physical Therapy field in the MSc and PhD programs within Health and Rehabilitation Sciences, and the combined MPT/PhD program. Through these activities, it is our privilege and pleasure to contribute to and advance Physical Therapy research, education and practice.

We have a strong history of excellence and leadership across our research and educational activities. Our research is innovative and impactful, our expert clinicians are leaders in their field, and robust partnerships enable success across our activities as a School. Combined, this creates an exceptional learning environment for our students and leads to enhanced Physical Therapy outcomes for patients.

To continue this excellence and meet the needs of the people we serve, we must be dynamic and continuously evolve. With the COVID-19 pandemic providing an opportunity to reflect on and challenge our practices, a renewed curriculum in our MPT program and new leadership within the School of Physical Therapy, the timing was right to begin our strategic planning initiative in February 2021.

Our strategic planning methodology engaged over three hundred stakeholders. Through monthly discussions of stakeholder feedback with full and part time School of Physical Therapy faculty, a new strategic plan was created. The plan is comprehensive, ambitious and balanced across School activities.

Our new strategic plan will guide School of Physical Therapy activities over the next five years, enabling continued excellence in Physical Therapy research, education and practice, with meaningful impact for our stakeholders.
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<td>[Image]</td>
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<tr>
<td>Donna Beer</td>
<td>Nancy Caley</td>
<td>Nadeen Deeb</td>
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<tr>
<td>Janet Harman</td>
<td>Jessica Starowicz</td>
<td>Sarah Taylor</td>
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<tr>
<td>Emily Walker</td>
<td>Erin Williams</td>
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Members of Staff
We acknowledge that Western University and the School of Physical Therapy are located on the traditional lands of the Anishinaabek (Ah-nish-in-a-bek), Haudenosaunee (Ho-den-no-show-nee), Lūnaapēewak (Len-ahpay-wuk) and Attawandaron (Add-a-won-da-run) peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum. With this, we also acknowledge the health inequities caused by historical and ongoing injustices that Indigenous Peoples (e.g. First Nations, Métis and Inuit) endure in Canada, and the damaged health systems that remain. We accept responsibility as a public institution and as health and rehabilitation educators to contribute toward revealing and correcting miseducation and to work towards the restorative impacts of reconciliation.
Elborn College

Home to the Western University School of Physical Therapy
"The transdisciplinary connections between various faculties that allow for a very rich learning experience in all aspects of health care and research. I have a keen interest in musculoskeletal conditions, and I believe that Western has a very strong teaching faculty who can provide a great deal of knowledge to prepare me for a career as a clinician scientist."

~Combined MPT/PhD student
What are strengths of the Western School of Physical Therapy?

“Collaboration and innovation in student placements to create a great learning experience”
~Clinical partner

“Bringing research to practice and clinical skills to student training.”
~Research partner
Patient partner perspectives of Physical Therapy

“I have a great deal of gratitude for physios. They are like a coach – can help at all stages and you need them the whole way – coming up with strategies together to get better.”

“No the most important factor for me is working in partnership with the Physical Therapist to figure out what the problem is and creating a management plan.”
The strategy map is the foundational element of our strategic planning methodology. Across four pillars, the strategy map aligns the needs of our stakeholders with our processes, capacity and sustainability. Guided by our values, the map translates our vision and mission into action and enables us to establish meaningful metrics to evaluate progress and impact. The strategy map will guide our activities over the next five years.
Throughout our strategic planning processes, we were guided by the following key principles:

- Valuing Equity, Diversity and Inclusiveness
- Processes will be dynamic, creative and deal with outside world
- The process will be trust-based, transparent & challenge the status quo
- The strategic plan will develop from the needs of our stakeholders
- Planning will be collaborative and engaging
- Clear communications will flow laterally and vertically
- Clear goals and accountabilities will be established
- Leaders will be committed to the process
- Resources will be aligned to the planning & implementation phases
To ensure our strategic plan developed from the needs of our stakeholders, we identified key stakeholders of the Western School of Physical Therapy and determined means of engagement, including surveys, focus groups and interviews.
Between February and August 2021, our strategic planning process consisted of four phases: 1) Consultation with primary and secondary stakeholders, 2) Data driven discussions and analysis of information, 3) Synthesis of information and 4) Drafting our strategy map.

Each month, School of Physical Therapy faculty met to discuss and reflect on stakeholder data, which served as the foundation for developing our strategy map.
Between February and May 2021, we consulted and engaged with nine School of Physical Therapy stakeholder groups.

Through our engagement activities, we heard from 309 stakeholders, including:

- 269 survey responses
- 19 focus group participants
- 21 interviews

From data gathered during stakeholder engagement activities, we identified our strengths and opportunities for development, to inform the development of our strategy map.
EXCELLENCE IN EDUCATION

Our faculty and high-quality programs contribute to our educational excellence. Faculty in the School of Physical Therapy are dedicated educators committed to the lifelong development of our students. We have recently renewed our fully accredited Master of Physical Therapy program, creating a contemporary curriculum embedded within a case-based teaching pedagogy.

INNOVATIVE & IMPACTFUL RESEARCH

The School of Physical Therapy has outstanding leadership and expertise in innovative research. We have three research chairs in our faculty and a strong history of excellence in musculoskeletal rehabilitation research. Our research is recognized internationally with substantial clinical and scientific impact.

UNIQUE PROGRAMS

In partnership with Health and Rehabilitation Sciences, we offer unique programs and learning opportunities. Our expert clinicians lead three fields in the Advanced Health Care Practice program that continue to grow and evolve, aligning with national and international standards for advanced practice Physical Therapy. The combined MPT/PhD program allows students to pursue both clinical and research degrees, enabling unique career opportunities.

CONNECTIONS WITH PARTNERS

A distinct feature of Western’s School of Physical Therapy is our connections with clinical and research partners across campus, within the London community, Southwestern Ontario and beyond. These partnerships attract students and faculty alike and create shared opportunities to advance Physical Therapy research, education and practice.
School of Physical Therapy Recent Actions in Indigenous Learning

1. Added a representative to the Faculty of Health Sciences Indigenous Curriculum Sub-Committee

2. Added a representative to the Graduate Education Council Policy working group to incorporate principles of EDID

3. Updated the School of Physical Therapy Land Acknowledgement and posted it on the School website, all OWL courses and course outlines

4. Added an Indigenous Health lecture taught by an Indigenous Physical Therapist to Physical Therapy in Community Settings

5. Initiated the development of a School of Physical Therapy anti-racism workshop with training for faculty, staff and students

6. Initiated monthly emails with resources and tips related to EDID for School of Physical Therapy faculty, staff and students
Why did you choose Western School of Physical Therapy?

The ability to work with leaders in rehabilitation research
~PhD student

The Western program is known for providing the best experience and well-rounded physiotherapists
~Advanced Health Care Practice student

The program structure with its opportunities for research and connections with clinics and hospital nearby
~MPT student
“My favourite part of the Western program was being able to get to know all of my classmates on a personal level. It led to such a positive learning experience and created a family-like atmosphere. What stood out was the faculty though – not just their teaching abilities, but also their willingness to be there for you in difficult times and treat you like a colleague.”

~Master of Physical Therapy alumni
Western University
School of Physical Therapy

Strategy Map 2021-2026

The Western School of Physical Therapy strategy map creates shared clarity around our vision, mission and values. Shaped by our stakeholders, the map identifies strategies, people, culture, support systems, technology and resources required to achieve our vision. It prepares us to move forward - translating our vision and mission into action. The strategy map provides a foundation for implementation and measuring our progress over the next five years. The map is a balanced and aligned representation of Western School of Physical Therapy priorities.
The Western School of Physical Therapy strategy map for 2021-2026 begins with new vision, mission and values.

**Our Vision**
Optimizing mobility, enhancing health and well-being for all people

**Our Mission**
To be global leaders in creating accessible and impactful physical therapy through research, education and advocacy, enabling lifelong population health

**Our Values**
Excellence  Collaboration  Innovation  Equity  Integrity  and  Advancing Practice
Our strategy map is framed by four strategic pillars. Guided by our values, the pillars will steer our activities for the next five years, enabling us to achieve our vision and mission.
STAKEHOLDER OUTCOMES PILLAR

MEANINGFUL IMPACT

The stakeholder outcomes pillar is the heart of our strategy map. Collectively, the outcomes answer the question “What do we want to achieve for the people we serve and support?”

Our three key stakeholder groups are: Students, Patients, and Partners.

**STUDENTS**

*Inclusive Experience,*

*Successful Students*

- Students experience belonging, community, and success in accessible and equitable learning environments
- Students acquire knowledge and skills to be lifelong adaptable learners within a dynamic healthcare landscape
- Students are enabled to incorporate creative solutions to improve accessibility and enhance physical therapy care
- Students become future leaders of physical therapy research and practice

**PATIENTS**

*Personalized Care,*

*Enabled Participation*

- Patients and the public recognize physical therapy as the healthcare profession of choice for mobility needs and optimization
- Patients achieve enhanced physical therapy outcomes to accomplish their mobility and participation goals
- Patients experience person-centred, evidence-informed physical therapy care
- Patients and public engage with Western SPT to support meaningful research and education

**PARTNERS**

*Engaged Partners,*

*Creative Outcomes*

- Partners actively engage with Western SPT through a framework of collaboration and mutually beneficial relationships
- Multidisciplinary partners drive innovation in advancing physical therapy research, practice and education
- Partners engage in physical therapy knowledge exchange and mobilization through clinically relevant research, scholarship and education
To achieve our stakeholder outcomes, we identified strategies and processes in which we must excel. Each strategy of excellence (bold italics) and operational process (bullets) is sequentially aligned with stakeholder outcomes to enable achievement.

### STUDENTS

<table>
<thead>
<tr>
<th>We celebrate diversity and create belonging</th>
<th>We provide experiential learning opportunities for lifelong success</th>
<th>We develop, evaluate and implement creative solutions in research, practice and education</th>
<th>We develop researchers, clinicians and leaders of the future</th>
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<tbody>
<tr>
<td>• Build SPT community and engagement</td>
<td>• Reimagine Elborn to create a unique, multi-purpose and collaborative space</td>
<td>• Build a new SPT research theme of educational research</td>
<td>• Ensure our graduates have transferable skills for success in a range of careers</td>
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<td>• Optimize student outreach, recruitment and tracking to build inclusive and diverse programs</td>
<td>• Provide research and educational opportunities in clinical and community settings that engage diverse teams</td>
<td>• Develop and evaluate creative, evidence-informed methods of teaching and learning</td>
<td>• Provide opportunity for our students and trainees to accelerate career enhancement and become leaders</td>
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<td>• Create equitable admissions processes</td>
<td>• Create novel clinical placement experiences</td>
<td>• Ensure SPT programs are dynamic and innovative with robust quality review processes</td>
<td>• Enhance leadership of and create specific training opportunities for the combined MPT/PhD program</td>
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<td>• Increase numbers of international students</td>
<td>• Leverage technology and clinical experts to create and deliver experiential learning opportunities</td>
<td>• Investigate and incorporate technology into research, practice and education</td>
<td>• Facilitate faculty development and excellence through enhanced onboarding, mentorship and professional development</td>
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<td>• Enable greater financial accessibility to SPT programs</td>
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<td>• Upgrade, integrate and enhance support for technology across all spaces in Elborn</td>
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## OPERATIONAL PROCESSES PILLAR

### ORGANIZATIONAL EXCELLENCE

### PATIENTS

<table>
<thead>
<tr>
<th>We promote and advance the Physical Therapy (PT) profession</th>
<th>We lead in high-impact research to enhance patient outcomes</th>
<th>We enhance physical therapy care and advance practice</th>
<th>We engage patients and the public in our research and education</th>
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<tbody>
<tr>
<td>• Position and support SPT faculty, students and graduates in leadership and advisory roles that promote the value of the PT profession</td>
<td>• Create an impact measurement plan to quantify the scholarly, clinical and societal impact of SPT research(ers)</td>
<td>• SPT faculty contribute to clinical practice guidelines and professional standards to inform best practice and policy decisions</td>
<td>• Co-create and evaluate a patient and public engagement plan for SPT education and research</td>
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<td>• Build the profile and role of PT within the provincial and national healthcare landscape</td>
<td>• Increase our research metrics to illustrate SPT’s position among the top research-intensive programs</td>
<td>• Develop clinically focused post-professional program opportunities</td>
<td>• Develop and expand patient involvement in our educational activities and multidisciplinary research teams</td>
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<tr>
<td>• Educate and advocate for the PT profession</td>
<td>• Clearly communicate SPT research themes and evidence of impact</td>
<td>• Create credentialling opportunities</td>
<td>• Demonstrate patient or end-user engagement with SPT research</td>
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<tr>
<td>• Build capacity and advocate for advanced practice roles within the PT profession</td>
<td>• Develop SPT led research teams and centres</td>
<td>• Increase research and education outreach to distant learners</td>
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### OPERATIONAL PROCESSES PILLAR

#### ORGANIZATIONAL EXCELLENCE

#### PARTNERS

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<tr>
<th><strong>We cultivate partnerships and collaboration to advance our common goals</strong></th>
<th><strong>We partner to create clinically meaningful outcomes through research and education</strong></th>
<th><strong>We mobilize and implement knowledge, integrating research and clinical practice</strong></th>
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<tr>
<td>• Enhance communication and collaboration among SPT faculty members</td>
<td>• Develop clinically meaningful, high-impact research initiatives aligned with key research and patient care priorities</td>
<td>• Increase communication and knowledge mobilization of research expertise to students, partners and clinicians</td>
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<td>• Strengthen existing and establish new multidisciplinary partnerships across campus and beyond</td>
<td>• Establish productive and impactful multidisciplinary research that leads to joint grants, publications and knowledge mobilization</td>
<td>• Develop lay communication strategies about SPT research</td>
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<td>• Create a strategy to build community among SPT partners, develop and share knowledge and skills, and create opportunity</td>
<td>• Partner with researchers and clinicians to enhance research capacity and integration of research into clinical practice</td>
<td>• Create robust knowledge mobilization strategies in collaboration with our partners to effectively translate research into practice</td>
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<td>• Enhance awareness of SPT research themes, the value of our collaboration and the important role we play in success of major university initiatives</td>
<td>• Position SPT in the world as a leader across the spectrum of PT research</td>
<td>• Build knowledge mobilization capacity</td>
</tr>
<tr>
<td>• Identify the needs and priorities of our partners to give back and support meaningful engagement</td>
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<td>• Develop clinical academic position opportunities (e.g., clinician scientist and clinical educator)</td>
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Organizational capacity drives excellence. This pillar answers the question “To achieve excellence, what capacity do we need in our culture, people, technology and infrastructure?” This capacity supports all operational processes, strategies of excellence and stakeholder outcomes.

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**PASSIONATE, CREATIVE AND MULTI-PROFESSIONAL TEAM**

| We work and learn in safe spaces embedded in EDID best practices, that are free of discrimination and harassment | We work in a supportive and engaged community, grounded in mutual respect and effective communication, with clear roles and responsibilities | We recruit, support and retain outstanding team members to School of Physical Therapy | We are dynamic leaders in PT education and research who embrace innovation and are dedicated to excellence in high-impact practices | We are equipped with digital technology resources for learning, teaching and research | We work in flexible, engaging and functional spaces that support communication, collaboration and creativity |
The last pillar enables capacity across our School and supports all operational processes, strategies of excellence and stakeholder outcomes. The sustainability pillar answers the question “What resources do we need to sustain our school and how will we continuously improve and thrive?”.

### ALIGNED AND SUSTAINABLE SCHOOL

| We allocate resources in alignment with our vision, strategies and priorities | We are adaptable to the dynamic needs of healthcare and our stakeholders | We establish meaningful metrics to measure, evaluate and improve our performance and impact, and inform SPT decision making | We embed all SPT activity in real world issues, engaging our alumni and partners | We seek entrepreneurship and industry funding to resource a sustainable SPT | We promote our vision, excellence and impact to all stakeholders |
WESTERN SCHOOL OF PHYSICAL THERAPY (SPT) STRATEGY MAP: 2021-2026

OUR VISION
Optimizing mobility, enhancing health and well-being for all people

OUR MISSION
To be global leaders in creating accessible and impactful physical therapy through research, education and advocacy, enabling lifelong population health

MEANINGFUL IMPACT
Western School of Physical Therapy will achieve the following strategic stakeholder outcomes:

STUDENTS
Inclusive experience, Successful students
- Students experience belonging, community, and success in accessible and equitable learning environments
- Students acquire knowledge and skills for lifelong learning
- Students are engaged in making creative solutions to improve accessibility and enhance physical therapy care
- Students become future leaders of physical therapy research and practice

PATIENTS
Personalized care, Enabled participation
- Patients and the public recognize physical therapy as the healthcare profession of choice for mobility needs and optimization
- Patients achieve and maintain physical therapy outcomes to accomplish their mobility and participation goals
- Patients experience person-centered, evidence-informed physical therapy care
- Patients and public engage with Western SPT to support meaningful research and education

PARTNERS
Engaged partners, Creative outcomes
- Partners actively engage with Western SPT through a framework of collaboration and mutually beneficial relationships
- Multidisciplinary partners advance innovation in advancing physical therapy research, practice and education
- Partners engage in physical therapy knowledge exchange and mobilization through clinically relevant research, scholarship and education

ORGANIZATIONAL EXCELLENCE
Strategies for excellence for achieving strategic stakeholder outcomes

We celebrate diversity and create belonging
- We provide experiential learning opportunities for lifelong success
- We develop, evaluate, and implement creative solutions in research, practice, and education
- We develop researchers, clinicians, and leaders of the future

We leverage diversity and create belonging
- We build a community of practice
- We optimize student outreach, recruitment, and tracking to build inclusive and diverse programs
- We create equitable admissions processes
- We increase numbers of international students
- We enable greater financial accessibility to SPT programs

We operate effectively and with excellence
- We build SPT community and engagement
- We optimize student outreach, recruitment, and tracking to build inclusive and diverse programs
- We create equitable admissions processes
- We increase numbers of international students
- We enable greater financial accessibility to SPT programs

To build a balanced and adaptable school,
- We use our resources wisely
- We are guided by our values

We work and learn in safe spaces embedded in EDO/best practices; those are free of discrimination and harassment

We are dynamic leaders in PT education and research whom embrace innovation and are dedicated to excellence in high-impact practices
- We are equipped with digital technology resources for learning, teaching, and research
- We work in flexible, engaging, and functional spaces that support communication, collaboration and creativity

We allocate resources in alignment with our vision, strategies and priorities
- We are adaptable to the dynamic needs of healthcare and our stakeholders
- We establish meaningful metrics to measure, evaluate, and improve our performance and impact, and inform SPT decision making

We seek entrepreneurship and industry funding to resource a sustainable SPT
- We promote our vision, excellence and impact to all stakeholders

Aligned and sustainable school
- Strategies for sustaining, using and allocating our resources

Passionate, creative and multi-professional team
- Strategies for building and mobilizing SPT capacity

Our values
Excellence, collaboration, innovation, equity, integrity and advancing practice
Our strategic plan is aspirational but thoughtful, balanced across School activities and represents the beginning of our five-year journey. Each year we will set annual priorities to focus our implementation of the strategy map.

Performance scorecards for each prioritized strategy of excellence and operational process will be used to monitor our progress and impact over time. We will establish meaningful metrics, identify metric baselines and create targets. Performance will be reviewed against targets to identify our successes and gaps in progress requiring action.
IMPLEMENTING OUR STRATEGIC PLAN

Our year one priorities for action are:

**STUDENTS**

Strategies of excellence:
- We celebrate diversity and create belonging
- We provide experiential learning opportunities for lifelong success
- We develop, evaluate and implement creative solutions in research, practice and education
- We develop researchers, clinicians and leaders of the future

Operational processes:
- Build SPT community and engagement
- Optimize student outreach, recruitment and tracking to build inclusive and diverse programs
- Create equitable admissions processes
- Reimagine Elborn to create a unique, multi-purpose and collaborative space
- Provide research and educational opportunities in clinical and community settings that engage diverse teams
- Create novel clinical placement experiences
- Leverage technology and clinical experts to create and deliver experiential learning opportunities
- Build a new SPT research theme of educational research
- Develop and evaluate creative, evidence-informed methods of teaching and learning
- Ensure SPT programs are dynamic and innovative with robust quality review processes
- Investigate and incorporate technology into research, practice and education
- Upgrade, integrate and enhance support for technology across all spaces in Elborn
- Facilitate faculty development and excellence through enhanced onboarding, mentorship and professional development
IMPLEMENTING OUR STRATEGIC PLAN

Our year one priorities for action are:

**PATIENTS**

**Strategies of excellence:**

➢ We lead in high-impact research to enhance patient outcomes

**Operational processes:**

– Create an impact measurement plan to quantify the scholarly, clinical and societal impact of SPT research(ers)
– Clearly communicate SPT research themes and evidence of impact
– Enable grant success for our students, trainees and faculty
– Develop well-rounded students, strong in critical appraisal, clinical reasoning and patient-centred care
– Co-create and evaluate a patient and public engagement plan for SPT education and research
IMPLEMENTING OUR STRATEGIC PLAN

Our year one priorities for action are:

PARTNERS

Strategies of excellence:
➢ We cultivate partnerships and collaboration to advance our common goals

Operational processes:
− Enhance communication and collaboration among SPT faculty members
− Strengthen existing and establish new multidisciplinary partnerships across campus and beyond
− Enhance awareness of SPT research themes, the value of our collaboration and the important role we play in success of major university initiatives
− Identify the needs and priorities of our partners to give back and support meaningful engagement
− Increase communication and knowledge mobilization of research expertise to students, partners and clinicians
Optimizing mobility, enhancing health and well-being for all people

To be global leaders in creating accessible and impactful physical therapy through research, education and advocacy, enabling lifelong population health
Our Values

- Excellence
- Collaboration
- Advancing Practice
- Innovation
- Integrity
- Equity