



WESTERN UNIVERSITY COMPRESSED TIME FRAME BScN PROGRAM

Professional Practice: Mental Health

N2660

Winter 2019

Course Coordinator: Barbara Sinclair

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N2660a Professional Practice: Mental Health

Overview

Nursing care of clients experiencing a mental health issue is complex and challenging. According to the Canadian Mental Health Association (2013) one in every five Canadian adults under age 65 will have a mental health issue in any given year. Development of a therapeutic relationship is critical in the assessment, identification and treatment of clients with mental health disorders. This practicum provides opportunity to gain knowledge and skill in the care of clients facing acute and chronic mental health challenges in a simulated setting. Students will have the opportunity to expand their communication skills, apply theoretical and scientific knowledge, and engage in evidence-informed decision-making.

Course Description

This professional practice course consists of an orientation session and five on-campus (simulated) professional practice sessions, allowing students to develop understanding of the trajectory of mental health challenges as they work with an assigned client experiencing a mental health illness.

Students will engage in a simulated professional practice rotation consisting of five sessions on **Fridays**. Sessions are held from either **0800-1000 hours, 1000-1200 hours, 1300-1500 hours or 1500-1700 hours**. The course will run from **January 11- February 15** or **March 1- April 4**. Additionally, time for clinical preparation and the completion of documentation assignments is required. Most sessions will take place in the FIMS/Nursing building, room 2320.

During each session, students will work in groups of four to provide care for a client facing a mental health challenge. Each day, two students in the group will assume the role of the nurse, interviewing the client, while the others will observe and record. Learning activities and client information will be posted so that all students can conduct client research and be prepared to interact in a therapeutic manner. This experience will provide opportunity to gain knowledge and skill in working collaboratively with clients experiencing a mental health concern. Students will have the opportunity to further develop communication and assessment skills that transcend all client care situations.

Goals

Learners will have the opportunity to:

- develop skills in mental health assessment, pattern recognition, critical thinking, clinical judgment, and communication;
- further develop organizational ability and flexibility amid rapidly changing situations;
- develop an understanding of the ways in which clients and families live with mental health challenges;
- identify strengths and abilities present in those managing mental health challenges; and
- provide client-centred care in a simulated clinical setting.

Process

Students will work in small groups to learn how to interview and provide care for a client with a mental health challenge. Students will alternate, with one pair acting as the nurse each week. During the weeks that students are observing rather than interviewing, they are expected to be active in documenting their observations. Students who are observing will lead the debriefing sessions, providing feedback to their peers about the nurse-client interaction. Please review the “*Giving and Receiving Feedback*” posted under the “General Information” icon on the N2660 site. Observers are expected to provide feedback to their peers in a professional manner in order to support learning.

All students are expected to demonstrate professional responsibility and competency through regular attendance at, and participation in, all scheduled learning activities. Students’ clinical progress will be determined by their performance during their time spent in on-campus professional practice and completion of specific written assignments. There is no opportunity for make-up time. In the event of an absence, the student must notify her/his clinical instructor. The *Absence from Professional Practice* form must also be completed and submitted to Michelle Wagler, Academic Counsellor. The form is found in the Undergraduate Student Information site at owl.uwo.ca. The implications for non-attendance are outlined in the Academic Policies/ Regulations Section of the Undergraduate Programs Manual 2017–2018 posted on OWL in the Undergraduate Student Information site.

Students are expected to wear a uniform for all on-campus professional practice sessions, with a name pin, a watch, pen and paper. In all cases, it is expected that students will be neat and clean in appearance and that good hygienic practices will be maintained.

Required Resources and Texts

N2660 Course Syllabus available on the course website.

Austin, W. & Boyd, M.A. (2019). *Psychiatric and mental health nursing for Canadian practice* (4th ed.). Philadelphia, PA: Wolters Kluwer.

Recommended/Optional

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Methods of Evaluation

The grade for professional practice courses is “P” (pass or satisfactory) or “F” (fail or unsatisfactory). Progress is assessed on the basis of students’ critical reflection on their own practice, participation in all learning experiences, and completed learning activities. Dialogue between students and clinical instructor is ongoing and requires honest, open and clear communication. Care must be provided in a safe manner, according to the standards set out by the College of Nurses.

To receive a satisfactory grade in the professional practice course, a minimum cumulative average of 70% must be achieved on the documentation assignment (SOAP notes). A minimum average of 70% must be achieved on the “Supporting Clients in the Community” assignment. The SBAR group assignment must be completed.

Additionally, two reflective practice reviews must show evidence of critical thinking and ability to analyze practice beyond a superficial level. All assignments must be completed as outlined and submitted by the due dates.

In the event of difficulty, the student and clinical instructor will work together to formulate a Collaborative Success Plan (CSP) to assist the student to develop the necessary competencies for this course. All conditions of the CSP must be met by the end of the course in order to achieve a satisfactory grade. A summary of the assignments for this course is provided on page 5.

Reflective Practice Review

Following each of the interview experiences, students who conducted the interview will submit a *Reflective Practice Review* (RPR) reflecting on the experience. A total of **two** RPRs will be submitted electronically via the course website to your clinical instructor. These RPRs are due by 1700 hours on the Monday following your shift. Please review the “*Guideline for Reflective Practice Reviews*” document posted under the “General Information” icon on the N2660 site. Each RPR must be submitted through **turnitin.com**, using the Assignment drop box on the N2660 site. Students who do not follow the outline or demonstrate ability to critically analyze the experience and integrate appropriate literature to support their ideas may be asked to submit another written reflection to support their learning.

SOAP Note and Documentation Assignment

Each student, regardless of role, will complete *all* documentation for the shift, including all forms used that week. The forms will be submitted upon completion of the shift. A SOAP note for shifts 1, 3 and 4 will also be completed. Please review the “*Guidelines for Documentation*” posted under the “General Information” icon on the N2660 site. Each of these assignments is to be completed individually. SOAP notes will be submitted electronically to your instructor as an email attachment via the course website by 1700 on the Monday following your shift.

SBAR Report

Working in your group, students will submit a copy of the *Report to the Physician using SBAR*. This assignment will assist students to learn how to formulate an organized report, containing relevant data, to other members of the health care team. This assignment will be submitted via **turnitin.com**, using the Assignment drop box on the N2660 site. It is to be submitted by 1700 on the Monday following your second shift (simulation 2). Please see the information regarding SBAR posted under “Shift 2” on the N2660 site.

Supporting Clients in the Community Assignment

Working in your group, students will also complete the *Supporting Clients in the Community* assignment. This assignment will help students to utilize knowledge of community resources

gained in their community health courses to assist clients living with a mental health challenge. This assignment will be submitted electronically **by 2100 on either February 14 or April 4**. This assignment will be submitted via **turnitin.com**, using the Assignment drop box on the N2660 site. Please review the “*Guidelines for Supporting Clients in the Community Assignment*” document posted under the “General Information” icon on the N2660 site.

SUMMARY OF ASSIGNMENTS FOR N2660
Professional Practice: Mental Health

ASSIGNMENT	Description	DUE DATE
<ul style="list-style-type: none"> Reflective Practice Reviews 	Individual electronic submission of reflection on learning when taking on the role of the interviewer. Each student will submit 2 RPRs	Due by 1700 on the Monday following your shift in which you conducted the interview.
Shift 1		
<ul style="list-style-type: none"> Mental Health Assessment Form SOAP Note 	<p>Completion of Mental Health Assessment Form, individual submission</p> <p>Individual electronic submission of a SOAP note</p>	<p>Due upon completion of the <i>first</i> simulated practice shift.</p> <p>Due by 1700 hours on the Monday following the <i>first</i> simulated practice shift.</p>
Shift 2		
<ul style="list-style-type: none"> Suicide Risk Assessment Form Report Using SBAR 	<p>Completion of Suicide Risk Assessment Form, individual submission</p> <p>Group electronic submission of report to physician using SBAR</p>	<p>Due upon completion of the second <i>simulated</i> practice shift.</p> <p>Due by 1700 hours on the Monday following the <i>second</i> simulated practice shift.</p>
Shift 3		
<ul style="list-style-type: none"> SOAP Note 	Individual electronic submission of one SOAP note	Due by 1700 hours on the Monday following the <i>third</i> simulated practice shift.
Shift 4		
<ul style="list-style-type: none"> SOAP Note Supporting Clients in the Community Assignment 	<p>Individual electronic submission of one SOAP note</p> <p>Group electronic submission</p>	<p>Due by 1700 hours on the Monday following the <i>fourth</i> simulated practice shift.</p> <p>Due by 2100 hours on February 14 or April 4.</p>

Schedule

Simulation 1, 2, 5 take place in room 2320 of the FIMS/Nursing Building

Simulation 3, 4 take place in the Clinical Education Suite, room 306,
Labatt Health Sciences Building.

Date	Learning Activity
January 11 or March 1	Orientation to Professional Practice III: Mental Health
January 18 or March 8	Shift 1- Introduction to Mental Health Assessment
January 25 or March 15	Shift 2- Suicide Risk Assessment
February 1 or March 22	Shift 3- Supporting Clients Through a Mental Health Crisis
February 8 or March 29	Shift 4- Supporting Clients Through a Mental Health Crisis continued
February 15 or April 5	Shift 5- Supporting Clients Living with a Mental Health Challenge

Students are required to read the Undergraduate BScN Programs Manual and be familiar with its contents. The Program Manual is available on Owl in the Undergraduate Student Information (<https://owl.uwo.ca>).

Student Safety

Please refer to the Undergraduate Programs manual for the section on Student Safety Concerns: Guidelines for Responding in the Practice Setting Environment and the Student Safety Flow Chart found on OWL in the Undergraduate Student Information site.

Mental Health

Students who are in emotional/mental distress should refer to MentalHealth@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to your expulsion from the nursing program. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. For further information, please see the Undergraduate BScN Programs Manual for the policy on plagiarism.

Scholarly Requirements

In this program, scholarly writing is a requirement. Therefore, all scholarly work will follow the sixth edition of the Publication manual of the American Psychological Association (2010), when citing or referring to an author's work or ideas. Failure to do so is considered as unethical and an act of plagiarism.

Electronic devices

Clinical placement is an integral part of a student's preparation for professional practice. Cell phones, blackberries, pagers or other electronic communication devices must be turned off or set to silent. While some agencies provide wireless access, it is unprofessional conduct to engage in on-line conversations (e.g. MSN Messenger), or other internet activities unrelated to a teaching/learning environment. Students must respect agency policies regarding electronic devices.

Please note: Students who post information on social media related to their clients and/or simulated experiences will be reported to the Associate Dean as this demonstrates a breach of client privacy and confidentiality and violates the Student Code of Conduct. Such behavior may compromise a student's standing in the program