

Nursing Care for Clients with Acute and Chronic Health Challenges 1 N2630

Fall 2025

Course Instructor: Amanda Vaccarello – 001

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Calendar Description

The complexity of health issues requires students to utilize multiple sources of information to understand how these conditions impact the individual, family, and society. Using clinical reasoning, focusing on integration of assessment, students develop knowledge and skill in client-centred care planning for optimal health outcomes.

Expanded Description

Increasingly people throughout the world are living with multiple health conditions which impact functional capacity and quality of life. The nursing role includes understanding how these health challenges manifest and what treatment options are available to manage and mitigate the impact. In this course, students utilize knowledge from multiple sources to determine appropriate nursing interventions to support a client-centred approach to care.

Prerequisite(s): Registration in Year 2 of the Western-Fanshawe Collaborative BScN program, or the Compressed Time Frame BScN program.

Extra Information: 3 lecture hours.

Course Weight: 0.50

Course Learning Outcomes:

- 1. Be self-directed and accept responsibility for own learning
- 2. Identify and analyze appropriate evidence-informed resources to plan for the provision of person-centred care that optimizes client capacity.
- 3. Understand how nurses engage in health promotion, provide care, and assist with client adaptation during health and illness to contribute to positive client outcomes.
- 4. Develop clinical judgement in the provision of nursing care building on previous program knowledge.
- 5. Identify ways nurses collaborate with clients and their interprofessional teams to identify priorities and interventions related to the client's health goals, values, and traditions.

Competencies for entry-level Registered Nurse practice (CNO, 2019) addressed in the course:

Clinician – 1.1, 1.3, 1.4, 1.5, 1.7, 1.11, 1.12, 1.21, 1.22 & 1.26; Professional – 2.2, 2.5, 2.7, 2.8 & 2.9; Collaborator – 4.1, 4.3; Leader – 6.6, 6.7 & 6.10; Advocate – 7.1, 7.11 & 7.14; Educator – 8.3 Scholar – 9.1, 9.2, 9.3, 9.5 & 9.8

Class Time, Online Course Location and Course Process

<u>All students</u> will complete weekly self-directed learning activities (e.g. readings, videos, etc.) that will be posted on OWL Brightspace. Weekly learning materials will be posted on Wednesdays at 1130 am to Brightspace OWL for the following week. Students must familiarize themselves with the course Brightspace OWL site.

<u>In-person</u> lectures will take place on Wednesdays every week from 0830-1130 at the FIMS & Nursing Building Room 1240. Information about the course lecture timing and location are available on Brightspace OWL.

All course material will be posted to OWL Brightspace: https://westernu.brightspace.com/. If students need assistance with OWL Brightspace, they can seek support on the OWL Brightspace. Help page. Alternatively, they can contact the Western Technology Services Helpdesk online or by phone at 519-661-3800 or ext. 83800 for technical support. Current versions of all popular browsers (e.g. Safari, Chrome, Edge, Firefox) are supported with OWL Brightspace; what is most important is that you update your browser frequently to ensure it is current. All JavaScript and cookies should be enabled.

Course Communication and Process:

Faculty and students will contribute to the learning in the course. All course participants have a responsibility to engage in discussion, share understandings, and collaborate with colleagues. Respectful participation is expected of everyone. This means that all preparatory activities must be completed, as classes will focus on application of information, rather than simply a review of theoretical information. Lectures will be held weekly and attendance is required, as the in-class interaction between students and instructors is vital to support learning. Please see the attendance policy below for more information. Communication will occur via announcements posted on the course site and Western email. *Students must visit the course site on a regular basis*, as announcements and updates are posted by the course instructor regularly. Faculty members will be available for individual and/or group consultation at mutually agreed upon times. Students who are having difficulty with course content should contact their instructor for assistance.

Q&A. These forums are anonymous to provide a safe space for students to raise questions. Questions can be answered either by peers in the course or the course instructor. Using the discussion board for questions about the course allows all students to review answers.

For individual course concerns, all communication with the course instructor will occur via email. When communicating with me via email, instructors will attempt to respond within 48 hours during weekdays; during weekends, please expect a response the following week.

Students must include their <u>COURSE CODE</u> in the subject of their email, or a response will not be provided.

All students are also welcome to attend instructor weekly office hours. Office hours will be held **in-person**, and the time and location will be shared on the Brightspace OWL page. Zoom meetings are available by request. Requests can be made to course instructor via email.

Textbooks:

Required: Lewis, S. M., Dirksen, S. R., Heitkemper, M. M., Bucher, L., Barry, M. A., Harding, M. M., & Roberts, D. (Eds.). (2023). Lewis's medical-surgical nursing in Canada: Assessment and management of clinical problems (5th ed.). Elsevier. Available through Western Bookstore <u>HERE</u> and through Western Libraries <u>HERE</u>.

Students may purchase earlier editions of the textbook; but page references for the readings will not be provided for other editions. This textbook will be used in further medical surgical courses in this program including N3630 and N4401.

Class Schedule

Please note that this schedule is subject to change throughout the course as necessary.

| Week | Topic | Important Dates | |
|------------------------|--|---|--|
| Week 1 September 10 | Client-Centered Care | | |
| Week 2 September 17 | Respiratory Health I | | |
| Week 3 September 24 | Respiratory Health II | | |
| Week 4 October 1 | Endocrine Health | | |
| Week 5 October 8 | Pain Management | Collaborative In-Class Case Study Assignment Due In Class | |
| Week 6 October 15 | Fluid Balance and Circulation | | |
| Week 7 October 22 | Mid-Term Test No Lecture | IN CLASS | |
| Week 8 October 29 | Perioperative Care | | |
| November 5 | READING WEEK No Lecture | | |
| Week 9 November 12 | Integumentary Health | | |
| Week 10 November 19 | Gastrointestinal & Genitourinary Health | | |
| Week 11 November 26 | Cardiac Health | Peerwise Activity Closes November 29 th at 2355 | |
| Week 12 December 3 | Musculoskeletal Health | | |
| TBD | Final Exam | Date per Final Exam Schedule | |

Summary of Opportunities to Demonstrate Learning

| OPPORTUNITY TO DEMONSTRATE LEARNING | FORMAT | COURSE GRADE WEIGHTING | DUE DATE |
|--------------------------------------|------------|---------------------------|---|
| Collaborative Case Study Activity | Group | 20% | October 8 th , 2025 <i>in-class</i> |
| Mid-Term Test | Individual | 30%* | October 22 nd , 2025 in-class |
| Peer-Wise | Individual | 10% | Closes: November 29 th , 2025 at 2355 |
| Question Creation | | 5% | |
| Question Response | | 5% | |
| Final Exam | Individual | 40%* | TBD - December Exam Period |

^{*} Students in this course must achieve a minimum of 65% average between the midterm and final exam (excluding all other course evaluations) to be successful in this course.

Policies related to assessments/evaluations apply to these assessments. Please review these policies in the Policies section of this Course Outline below to familiarize yourself.

1. Case Study Activity: 20% of course grade.

Due: Week 5 in-class

The purpose of the case study activity is for you to:

- apply theoretical concepts to an actual situation
- identify relevant information and the clinical significance of that data
- analyze lab values and relate them to the specific pathophysiology

This activity will provide an opportunity to synthesize your learning from weeks 1, through 4. You will be provided with an unfolding case study and will complete both short answer and multiple-choice question types about the case. For this activity, you can work in groups of up 2 - 4 students maximum. You cannot work alone.

You will be submitting your work handwritten during the activity in class. **No electronic** devices will be used during this activity, the room will function like an exam room where all belongings will be moved to the front of the room.

Students must be present during the class time to complete the activity. Any students who are not present in class during the activity, cannot complete the activity, and must follow up

with your academic advisor should they feel they have grounds for an academic consideration. Students **cannot** submit work on behalf of students who are not present. Attendance will be taken and cross referenced to the submissions. Any group whom submitted work on behalf of an absent student **will all receive a grade of 0.**

More information will be provided in class.

2. Mid-Term Test: 30% of course grade October 22nd, 2025

This multiple-choice quiz includes content from weeks 1-6. It will be held in-class, **from 0830-1030 in FNB 1240.**

This test will have 60 questions and you will 2 hours to complete.

If a student is absent for the test, they are to contact the academic advisor and course professor as soon as possible. If accommodation is warranted and granted, a make-up test may be arranged. If you require accommodated exams, please connect with Accessible Education.

*Students in this course must achieve a minimum of 65% average between the midterm and final exam (excluding all other course evaluations) to be successful in this course.

This means your (midterm grade / 100) + (final exam grade / 100) / 2 must equal a minimum of 65 to be successful in this course. This means even if your final course grade (with all elements included) is higher than 65%, but your average between these 2 exams is not 65, you will be unsuccessful in this course.

3. Peer-Wise Question Creation and Response: 10% of course grade (5% for question creation, 5% for question response)

Due: Throughout term, closes November 29th, 2025 at 2355

The purpose of the PeerWise activity is for you to:

- develop greater understanding of theoretical concepts discussed in this course
- create a bank of questions you may use to study for your course activities

We will be using PeerWise as a place for you to create, share and evaluate assessment questions with your classmates. Your grade will be based on the number of questions you create, as well as your review of, and comments on, questions created by your peers.

For full instructions on accessing our course in PeerWise, please navigate to the PeerWise tab on Brightspace OWL.

To access our course, for your section, you will need to enter two pieces of information:

1) Course ID = per Brightspace OWL section site

2) Identifier = Please enter your identifier for this course (Your identifier is your UWO email: name@uwo.ca)

Question Creation

Each question you create is worth 0.5% up to a maximum of 5% (10 questions created totals 5%). Your question must include:

- a. Question stem
- b. Minimum of 4 potential responses (i.e. Alternatives)
- c. Explanation
- d. Course tag (see Brightspace OWL for course tags)

Question Response

Each question you respond to in Peerwise is worth 0.25% up to a maximum of 5% (20 questions created totals 5%). Correct answer not required.

This activity will create a bank of questions you may use to study for your course activities (midterm/final exam).

Further instructions available on the PeerWise tab on Brightspace OWL.

4. Final Examination: 40% of course grade TBD during December Exam Period

This multiple-choice quiz includes content from weeks 1-12, with an an emphasis on content from weeks 8-12 (~70% of questions) compared to content that was covered in weeks 1-6 (~30% of questions).

This test will have 80 questions and you will have 3 hours to complete. *Please note that this date and time will be released from the Office of the Registrar.*

If a student is absent for the exam, they are to contact the academic advisor and course professor as soon as possible. If an accommodation is warranted and granted, a make-up test may be arranged. If you require accommodated exams, please connect with accommodated education.

Students in this course must achieve a minimum of 65% average between the midterm and final exam (excluding all other course evaluations) to be successful in this course. This means your (midterm grade / 100) + (final exam grade / 100) /2 must equal a minimum of 65 to be successful in this course. This means even if your final course grade (with all elements included) is higher than 65%, but your average between these 2 exams is not 65, you will be unsuccessful in this course.

Policies

Students are required to read the BScN Programs Manual and be familiar with its contents and affiliated policies. *Copies of these policies can be reviewed by students on the* Nursing Undergraduate Information.

Assignments and Exams

Please refer to the Undergraduate BScN Programs Manual for UWO academic guidelines for penalties for late assignments, re-grading of assignments, and the protocol for missed mid-term or final exams. The Undergraduate BScN Programs Manual is found on the Nursing Undergraduate Information.

Attendance

Students are expected to demonstrate professional responsibility through regular attendance at, and participation in, all course learning activities. Much of the learning that takes place is a result of preparation and engagement with the material, as well as active dialogue with colleagues and faculty. Students are expected to organize their schedules such that weekly preparation for class is completed, and classes are attended, with consistency.

Do not book personal/travel plans until the FINAL exam schedule is posted for April. Students who fail to appear for the final examination at the time set need to obtain permission to write the missed exam. Permission may be granted only on the basis of compassionate or medical grounds with appropriate supporting documents.

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Policies Related to Assessments/Evaluations

Academic Considerations and Absences from Lectures and Assessments

Absence from Course Commitments

Students must familiarize themselves with the Policy on <u>Academic Consideration – Undergraduate Students in First Entry Programs</u>

Students missing course work for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the central academic consideration portal. Students are permitted one academic consideration request per course per term <u>without</u> supporting documentation. Note that supporting documentation is <u>always</u> required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may <u>designate</u> one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in

assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes), when there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period), or when timed assessments (e.g., quizzes) are available over an extended period of time (e.g., when you are given a 72 hour time period to start – and finish – the assessment).

Please note that any academic considerations granted in this course will be determined by the instructor of this course, in consultation with the academic advisors in your Faculty of Registration, in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the Student Medical Certificate or, where that is not possible, equivalent documentation by a health care practitioner.

Accommodation for Religious Holidays

Students should review the policy for <u>Accommodation for Religious Holidays</u>. Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

Special Examinations

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examination dates. The Faculty of Health Sciences has set School-specific dates for these Special Examinations. Please speak with your instructor about the date on which the Special Examination for this course will be held.

Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, in the <u>Academic Calendar</u> (westerncalendar.uwo.ca).

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that

the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (www.turnitin.com).

Use of AI Tools

Within this course, students are permitted to use AI tools exclusively for information gathering and preliminary research purposes. These tools are intended to enhance the learning experience by providing access to diverse information sources. However, it is essential that students critically evaluate the obtained information, exercise independent thinking, and engage in original research to synthesize and develop their own ideas, arguments, and perspectives. The use of AI tools can serve as a starting point for exploration, with students expected to uphold academic integrity by appropriately attributing all sources and avoiding plagiarism. Assignments and/or lab reports should reflect the student's own thoughts and independent written work. By adhering to these guidelines, students contribute to a responsible and ethical learning environment that promotes critical thinking, independent inquiry and allows them to produce original written contributions.

Re-submission of Previously Graded Material

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

Use of Statistical Pattern Recognition on Multiple Choice Exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Review of Graded Assignments

After a graded assignment is returned, a student's first step is to take time to reflect on the assignment description in the syllabus, on the feedback provided by the original marker within the assignment, and on the marking rubric. If a student cannot understand the meaning or intent behind the feedback received, they may submit a written request to the original marker for an informal consultation to review the assignment grade. The request must include documentation of grounds, based on the marker's feedback, to support the assignment review. An assignment will not be reviewed simply because a student is unhappy with the grade received, or they believe the mark does not reflect the effort they put into completing the assignment

Students who need assistance with their writing skills should contact on-campus resources for support. **Western Site**: http://writing.uwo.ca/

If, after the assignment review, a student still believes they have grounds with supporting documentation their grade was unfairly calculated, they may request a formal appeal of the grade in accordance with the policy for academic appeals.

Western Site: Undergraduate Student Academic Appeal

https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#SubHeading 178

Correspondence Statement

The centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at their official university address is attended to in a timely manner. Students are further expected to attend to announcements presented through Brightspace, and to read emails generated in this way.

Use of Electronic Devices

During Exams

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices (e.g., cell phones, tablets, cameras, smart glass, smart watches, or iPods) during ANY tests, quizzes, midterms, examinations, or other in-class evaluations. These devices MUST either be left at home or with your belongings at the front of the room. They MUST NOT be at your test/exam desk or in your pocket. Any student found with a prohibited device will receive an automatic grade of zero on the test or exam.

During Lectures and Tutorials

Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class.

Brightspace

All course material is posted to OWL Brightspace: https://westernu.brightspace.com/. If students need assistance with OWL Brightspace, they can seek support on the OWL Brightspace Help page. Alternatively, they can contact the Western Technology Services Helpdesk online or by phone at 519-661-3800 or ext. 83800 for technical support. Current versions of all popular browsers (e.g., Safari, Chrome, Edge, Firefox) are supported with OWL Brightspace; what is most important is that you update your browser frequently to ensure it is current. All JavaScript and cookies should be enabled.

Contingency Plan for an In-Person Class Pivoting to 100% Online Learning

In the event of an event that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at

their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Review of Graded Assignments Further details about this process provided in 'expanded description'

Reflect for a Return of minimum of 48 hours Graded on feedback Assignment Need help interpreting feedback? Resolution reached? YES-NO-**Appeal** No further Appeal granted No action Grade may increase, stay the same, or decrease No further action formal appeal YES Resolution NO Reached?

Accessibility, Accommodation and Support Services at Western

Technical Support: For Brightspace OWL support contact the WTS HelpDesk at https://wts.uwo.ca/helpdesk/index.html

Support Services

There are various support services around campus and these include, but are not limited to:

- 1. Academic Support and Engagement http://academicsupport.uwo.ca
- 2. Wellness and Well-being https://www.uwo.ca/health/
- 3. Registrar's Office -- http://www.registrar.uwo.ca/
- 4. Ombuds Office -- http://www.uwo.ca/ombuds/

The websites for Registrarial Services (http://www.registrar.uwo.ca), and the same for affiliated university colleges when appropriate, and any appropriate Student Support Services (including the services provided by the USC listed here: http://westernusc.ca/services/) and the Student Development Services, should be provided for easy access.

Students who are in emotional/mental distress should refer to Mental Health@Western (https://www.uwo.ca/health/) for a complete list of options about how to obtain help.

Statement on Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

https://www.uwo.ca/health/student_support/survivor_support/get-help.html.

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit https://www.uwo.ca/univsec/pdf/board/code.pdf

Land Acknowledgement

We acknowledge that Western University is located on the traditional lands of the Anishinaabek, Haudenosaunee, Lūnaapéewak and Attawandaron peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum. With this, we respect the longstanding relationships that Indigenous Nations have to this land, as they are the original caretakers. We acknowledge historical and ongoing injustices that Indigenous Peoples (e.g. First Nations, Métis and Inuit) endure in Canada. We accept that as Registered Nurses and an employees of a public institution, we have the responsibility to contribute toward

revealing and correcting miseducation as well as renewing respectful relationships with Indigenous communities through our teaching, research and community service.