# Identifying and Describing Developmental Language Disorder (DLD) in Children

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# Introduction-----

- In 2016/2017, consensus was reached regarding use of the term developmental language disorder (DLD)<sup>1, 2</sup>
- In 2018, a survey of 370 speech-language pathologists on use of labels in clinical practice<sup>3</sup> was conducted
- Results showed inconsistent use of the DLD label

#### **Research Question:**

Which types of clinical profiles are viewed as warranting the diagnostic label DLD?

# Methods-----

## Participants:

224 SLPs

#### Procedure:

- 61-question online survey
- 10 case studies describing various childhood language profiles and assessment results

#### Asked:

- a) is DLD diagnosis warranted
- b) list symptoms consistent or inconsistent with DLD
- c) further information/testing needed for diagnosis
- Open-ended responses for (b) &
   (c)

# **Qualitative Analysis:**

 Responses analyzed to determine semantic equivalence and to produce a list of common themes

# Results

Profile Characteristics		stics	Symptoms Viewed as Consistent with DLD		Symptoms Viewed as Inconsistent with DLD		Other Info Required for Diagnosis
Dx	% Yes	% No	>50%	15% - 50%	>50%	15% - 50%	
7;2 DLD	92%	8%	<ul> <li>11<sup>th</sup> %tile receptive language</li> <li>15<sup>th</sup> %tile expressive language</li> </ul>	<ul> <li>Difficulty with socialization</li> <li>Concerns re: word finding and sentence formulation</li> <li>Parental anxiety re: language</li> </ul>			<ul> <li>40% called for more robust language testing (e.g., narrative)</li> <li>39% called for social communication testing</li> <li>25% called for a more complete review of the child's medical history</li> </ul>
6;11 DLD	83%	17%	<ul> <li>Persistent language deficits after 2 intervention periods</li> <li>Low scores on 2 informal narrative language tests</li> </ul>			<ul> <li>Lack of information re: other areas of language development</li> <li>Persistent language deficits after 2 intervention periods</li> <li>All symptoms ARE consistent</li> </ul>	<ul> <li>78% called for more robust language testing (e.g., standardized)</li> <li>25% called for a more complete review of the child's medical history</li> <li>21% called for a referral to either a psychologist/audiologist</li> </ul>
4;6 DLD	78%	22%	<ul> <li>2<sup>nd</sup> %tile receptive language</li> <li>9<sup>th</sup> %tile expressive language</li> </ul>	<ul><li>Short, ungrammatical sentences</li><li>Difficulty following instructions</li><li>Functional impact</li></ul>	35 <sup>th</sup> %tile on a speech screening		<ul> <li>49% called for a more complete review of the child's medical history</li> <li>35% called for more robust language testing (e.g., narrative)</li> <li>31% called for referral to an audiologist</li> </ul>
5;9 DLD	78%	22%	Grammatical errors in spontaneous speech	<ul> <li>Difficulty following instructions</li> <li>Difficulty with classroom vocabulary</li> <li>Difficulty with narrative language</li> <li>Difficulty communicating with peers</li> <li>Teacher concerns re: academics</li> </ul>		•	<ul> <li>61% called for a full standardized assessment</li> <li>37% called for a more complete review of the child's medical history</li> <li>25% called for more robust language testing (e.g., narrative)</li> </ul>
12;0 DLD	49%	51%	10 <sup>th</sup> %tile formulating sentences subtest	<ul> <li>Concerns re: written language</li> <li>6<sup>th</sup> %tile reading comprehension</li> <li>4<sup>th</sup> %tile non-word repetition</li> <li>Documented Hx of Tx prior to 5</li> </ul>		<ul> <li>No observed errors in language sample</li> <li>36 %tile recalling sentences</li> <li>28<sup>th</sup> %tile word definitions</li> </ul>	<ul> <li>51% called for more robust language testing (e.g., narrative)</li> <li>25% called for the probing of phonological awareness skills</li> </ul>
8;4 Not DLD	4%	96%	Vocabulary gaps in L1 and L2	<ul> <li>Disorganized narrative retell</li> <li>Teacher concerns re: L2 acquisition</li> <li>NO symptoms are consistent</li> </ul>	<ul> <li>No reported concerns in L1</li> <li>Success with dynamic assessment</li> </ul>	Limited exposure to L2 (2.5 years)	26% called for more detailed testing of L1
5;4 Not DLD	5%	95%	Difficulty following instructions	Behavioural outbursts during moments of frustration	Immediate success following strategy implementation		<ul> <li>68% called for more robust language testing (e.g., receptive)</li> <li>35% called for referral to an audiologist</li> <li>20% called for a more complete review of the child's medical history</li> </ul>
5;7 Not DLD	8%	92%	4 <sup>th</sup> %tile test of morphology	<ul> <li>Teacher concerns re: word finding</li> <li>NO symptoms are consistent</li> </ul>	<ul> <li>Previous Dx of CAS</li> <li>53<sup>rd</sup> %tile receptive language</li> </ul>		<ul> <li>47% called for more robust language testing (e.g., PA)</li> <li>29% called for more complete expressive language testing</li> <li>20% called for a more complete review of the child's total history</li> </ul>
8;4 Not DLD	18%	82%	7 <sup>th</sup> %tile test of phonological awareness	<ul> <li>Referral for below-grade-level reading ability</li> <li>NO symptoms are consistent</li> </ul>	<ul> <li>62<sup>nd</sup> %tile receptive language</li> <li>48<sup>th</sup> %tile expressive language</li> </ul>	7 <sup>th</sup> %tile phonological awareness (and linkage of difficulties to this deficit)	<ul> <li>43% called for more robust language testing (e.g., written, vocab)</li> <li>22% called for the investigation of dyslexia</li> </ul>
9;2 Not DLD	40%	60%		<ul> <li>Teacher concerns re: oral and written language</li> <li>11<sup>th</sup> %tile formulating sentences</li> <li>Concerns re: general language</li> </ul>	Comorbid Dx of ADHD		<ul> <li>53% called for more robust language testing</li> <li>34% called for a more complete review of the child's total history</li> <li>24% called for information regarding ADHD management</li> </ul>

- Average diagnostic consensus was 81% (range: 51% to 96%)
- If standardized test scores were INDICATIVE of a language disorder, clinicians MAY NOT provide a diagnostic label if: the child exhibits a comorbid diagnosis (57%), the child is an English language learner (34%) or if the child exhibits attentional difficulties (23%).
- If standardized test scores were **NOT INDICATIVE** of a language disorder, clinicians **MAY** provide a diagnostic label if: there is clear functional impact of the child's language difficulties (44%) or if an informal assessment has been completed (25%).
  - 57% make decisions regarding DLD severity based on observed levels of functional impact while 53% make decisions based on standardized test scores
- 41% rely on a <16<sup>th</sup> percentile cutoff score, 17% on clinical judgement, the remainder on variable other criteria

14<sup>th</sup> %tile sentence assembly

### Conclusions----

- SLPs are fairly consistent in their application (or lack thereof) of the diagnostic label DLD
- The greatest discrepancies in diagnosis were due to the presence of comorbid disorders and written language challenges
- A proportion of participants called for more robust language testing for each case study
- Diagnostic practices vary considerably but consistencies do exist across clinicians

#### References -

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