

Honors Specialization in Kinesiology
Clinical Kinesiology (BA)

5.0 1000 level credits including Kin 1070A, 1080B and Physiology 1021.			
Kin 1070A Psychology of Human Movement Science	Kin 1080B Psychomotor Behaviour		Physiology 1021
0.5 Statistics credit from: Stats 1023A/B, Stats 1024A/B, Data Science 1000A/B			

3.0 Kinesiology credits. Must be taken in 2 nd year.			
Kin 2222A/B Functional Human Gross Anatomy	Kin 2230A/B Exercise Physiology		Kin 2241A/B Biomechanics
Kin 2032A/B Research Design in Human Movement Science	Kin 2236A/B Athletic Injuries		Kin 2276F/G Psychology of Exercise

1.0 Kinesiology credits from the list below.			
Kin 3402A/B Introduction to Clinical Kinesiology		Kin 3412A/B Exercise for Specific Populations: Chronic Disease	

2.5 Kinesiology credits.			
Kin 3222A/B Anatomy of the Human Body	Kin 3336A/B An Introduction of the Practical Aspects of Athletic Injuries		Kin 3337A/B Physiology of Fitness Appraisal
Kin 3339A/B Exercise Nutrition	Kin 3490F/G Professional Ethics in Kinesiology		

0.5 Kinesiology credits. Recommended in 3 rd year.			
Kin 3341A/B Biomechanical Analysis of Physical Activity	Kin 3343A/B Biomechanical Analysis of Discrete Sport Skills		Kin 3353A/B Biomechanical Analysis of Human Locomotion

1.0 Kinesiology credits. Must be taken in 2 nd year.			
Kin 2991A/B Coaching and Sport Leadership	Kin 2992A/B Fitness Assessment and Strength Training		Kin 2993A/B Lifestyle, Individual, Fitness and Exercise
Kin 2994A/B Specific Populations Healthy Engagement Rehabilitation & Exercise	Dance 2174A/B Dance Basics		Dance 2274A/B Movement Making
Dance 2275A/B Introduction to Modern Dance	Dance 2276A/B Elementary Modern Dance Technique		Dance 2375A/B Ballet Fundamentals

0.5 Kinesiology credits from the list below.			
Kin 3474A/B Psychological Interventions in Exercise, Sport and Injury in Rehab	Kin 3476F/G Exercise and Health Behaviour Change		Kin 3550A/B Kinesiology at Work
Kin 4477A/B Exercise, Nutrition and Wellness	Kin 4520A/B Clinical Biomechanics		Kin 4560A/B Advanced Topics in Musculoskeletal Rehabilitation

1.5 Kinesiology credits from the list below.			
Kin 4412A/B Exercise for Specific Populations: Impairment and Aging	Kin 4422A/B Entrepreneurship and Technology in Clinical Kinesiology		Kin 4433A/B Physiology of Exercise Training

1.0 Kinesiology credits from the list below.			
Kin 4590 Clinical Kinesiology Placement			

4.0 External Electives taken in years 2 through 4. NOTE: A maximum 0.5 courses Kinesiology/Dance credits can be used toward this requirement.			

Kinesiology Credit Counter		
		EXAMPLE
Kinesiology 1070A, 1080B	1.0	1.0
Senior Kinesiology Courses		11.0
Total		12.0
Requirement: Minimum = 12 and Maximum = 12.5		

Don't Forget!	
Complete Standard First Aid and CPR level C by the end of year 2	
Make sure you have at least 2.0 essay credits (F/G/E). NOTE: A maximum of 1.0 can be at the 1000 level.	
Make sure you have at least 1.0 credits designated Category B (Arts and Humanities).	
Make sure you have a minimum of 5.0 1000 level credits. DO NOT exceed 7.0 1000 level credits!	
Make sure you have a minimum of 1.0 Kinesiology courses at the 4000 level.	