



Western  
HealthSciences

## CONCURRENT DEGREE PROGRAM

**Bachelor of Science (Foods and Nutrition) Honors Degree** – Honors Specialization in Nutrition and Dietetics  
**Bachelor of Arts 3 Year Degree** – Major in Kinesiology

YEAR 1: 5.0 1000-LEVEL CREDITS	
<input type="checkbox"/> 0.5 Foods and Nutrition 1070A/B	<input type="checkbox"/> Kinesiology 1070A/B
<input type="checkbox"/> 0.5 Foods and Nutrition 1240A/B	<input type="checkbox"/> 0.5 Chemistry 1301A/B
<input type="checkbox"/> 1.0 Physiology 1021	<input type="checkbox"/> 0.5 Chemistry 1302A/B
<input type="checkbox"/> 0.5 Biology 1290B	<input type="checkbox"/> 0.5 elective number 1000-1999 – IDS 1200A/B
<input type="checkbox"/> 0.5 Kinesiology 1080A/B	

YEAR 2: 5.0 CREDITS	
<input type="checkbox"/> 1.0 Foods and Nutrition 2232	<input type="checkbox"/> 0.5 Kinesiology 2222A/B *needs to be taken in year 2
<input type="checkbox"/> 0.5 Chemistry 2003B (recommended) or Chemistry 2213A/B	<input type="checkbox"/> 0.5 Kinesiology 2230A/B *needs to be taken in year 2
<input type="checkbox"/> 0.5 Foods and Nutrition 2266F/G	<input type="checkbox"/> 0.5 Kinesiology 2241A/B *needs to be taken in year 2
<input type="checkbox"/> 1.0 courses from Kinesiology number 2900-2999, 3900-3999, Dance 2174A/B, 2274A/B, 2275A/B, 2276A/B, 2375A/B *needs to be taken in year 2	<input type="checkbox"/> 0.5 Human Ecology 2222F/G

YEAR 3: 5.0 CREDITS	
<input type="checkbox"/> 1.0 Foods and Nutrition 3390W/X	<input type="checkbox"/> 1.0 courses from Foods and Nutrition 3342A/B, 3361F/G
<input type="checkbox"/> 0.5 Foods and Nutrition 2230A/B	<input type="checkbox"/> 0.5 Biochemistry 2288A (recommended) or 2280A
<input type="checkbox"/> 0.5 Foods and Nutrition 2449A/B	<input type="checkbox"/> 0.5 Kinesiology
<input type="checkbox"/> 1.0 course from Kinesiology 2236A/B, 2250A/B, 2263F/G, 2292F/G, 2298A/B, Dance 2270A/B (if not previously selected)	

YEAR 4: 5.0 CREDITS	
<input type="checkbox"/> 2.0 courses from Kinesiology 2000- or 3000 level (non-activity based) of which 1.0 must be selected from Kinesiology 2250A/B, 2263F/G, 2276F/G, 2292F/G, 2298A/B, 3362F/G, 3378F/G, 3388A/B, 3398F/G, 3399F/G, 3476F/G, 3490F/G, Dance 2270A/B, 3371A/B, 3372A/B or the former Kinesiology 3363A/B, the former Kinesiology 3390F/G (not previously selected)	<input type="checkbox"/> 1.5 Foods and Nutrition 3348A/B, 3351A/B, 3344A/B
<input type="checkbox"/> 0.5 course in Foods and Nutrition or Human Ecology at the 3000 or 4000 level	<input type="checkbox"/> 1.0 course from Category B

YEAR 5: 5.0 CREDITS	
<input type="checkbox"/> 1.5 electives	<input type="checkbox"/> 2.0 Foods and Nutrition 4429A/B, 4453A/B, 4460A/B, 4471A/B
<input type="checkbox"/> 0.5 course from Kinesiology 2000- or 3000 level (non-activity based)	<input type="checkbox"/> 1.0 course in Foods and Nutrition or Human Ecology at the 3000 or 4000 level