

Honours Specialization in Kinesiology Clinical Kinesiology (BA)

Admitted September 2025 or after

5.0 1000 level credits including Kin 1050A, 1060B, 1070A, 1080A/B and Physiology 1021.

Kin 1050A/B Social Foundations of Kinesiology	Kin 1060A/B Functional Human Gross Anatomy	Kin 1070A/B Psychology of Human Movement Science
Kin 1080A/B Psychomotor Behaviour	Physiology 1021	

2.0 Kinesiology credits taken in year 2.

Kin 2032A/B Research Design in Human Movement Science	Kin 2230A/B Exercise Physiology
Kin 2236A/B Athletic Injuries	Kin 2241A/B Biomechanics

0.5 Kinesiology credits taken in year 3.

Kin 3032A/B Measurement and Analysis in Kinesiology

1.0 Kinesiology credits taken in year 3.

Kin 3402A/B Introduction to Clinical Kinesiology	Kin 3412A/B Exercise for Specific Populations: Chronic Disease
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1.5 Kinesiology credits.

Kin 3222A/B Anatomy of the Human Body	Kin 3336A/B Practical Aspects of Athletic Injuries	Kin 3337A/B Physiology of Fitness Appraisal
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0.5 Kinesiology credits.

Kin 2292F/G Critical Thinking and Ethics in Kinesiology	Kin 3490F/G Professional Ethics in Kinesiology
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Student Name:

Student Number:

1.0 Kinesiology credits. Must be taken in year 2.

Kin 2980A/B Special Topics in Movement Skills	Kin 2981A/B Special Topics in Movement Skills	Kin 2991A/B Coaching and Sport Leadership
Kin 2992A/B Fitness Assessment and Strength Training	Kin 2993A/B Lifestyle, Individual, Fitness and Exercise	Kin 2994A/B Specific Populations Healthy Engagement Rehabilitation & Exercise

1.0 Kinesiology credits from the list below.

Kin 2276F/G Psychology of Exercise	Kin 3330F/G Laboratory in Exercise Physiology	Kin 3339A/B Exercise Nutrition
Kin 3353A/B Biomechanical Analysis of Human Locomotion	Kin 3457A/B Cognitive Ergonomics	Kin 3476F/G Exercise and Health Behaviour Change
Kin 3480A/B Movement Neuroscience	Kin 3495A/B Practical Aspects of Strength and Conditioning for High Performance	Kin 3550A/B Kinesiology at Work
Kin 4276A/B Psychology of Body and Movement	Kin 4420A/B Impact of Exercise During Pregnancy on Chronic Disease Risk	Kin 4431A/B Physiology of Exercise Performance
Kin 4437A/B Medical Issues in Exercise and Sport	Kin 4477A/B Exercise, Nutrition and Wellness	Kin 4480A/B Exercise Neuroscience
Kin 4560A/B Advanced Topics in Musculoskeletal Rehabilitation		

1.0 Kinesiology credits taken in year 4.

Kin 4590 Clinical Kinesiology Placement

1.5 Kinesiology credits taken in year 4.

Kin 4412A/B Exercise for Specific Populations: Impairment and Aging	Kin 4422A/B Entrepreneurship and Technology in Clinical Kinesiology	Kin 4433A/B Physiology of Exercise Training
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5.0 Additional External Electives not previously selected.

NOTE: A maximum 2.0 Kinesiology/Dance credits can be used toward this requirement.

Don't Forget!

Complete Standard First Aid and CPR level C by the end of year 2

Make sure you have at least 2.0 essay credits (F/G/E).
NOTE: A maximum of 1.0 can be at the 1000 level.

Make sure you have at least 1.0 credits designated Category B (Arts and Humanities).

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Make sure you have a minimum of 5.0 1000 level credits.
DO NOT exceed 7.0 1000 level credits!

Make sure you have a minimum of 1.0 Kinesiology courses at the 4000 level.

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Kinesiology Credit Counter

		EXAMPLE
Kinesiology 1050A/B, 1060A/B, 1070A/B, 1080A/B	2.0	2.0
Senior Kinesiology Courses		10.0
Total		12.0

Requirement: Minimum = 12.0 and Maximum = 14.0

Date:

Initials:

Notes: