

School of Kinesiology  
 Faculty of Health Sciences  
 Western University

**KIN 4590 - Professional Kinesiology Placement  
 Fall 2018/Winter 2019**

<b>Instructor:</b> Dr. Marc Mitchell Assistant Professor	<b>Office:</b> Somerville House 2360C <b>Office Hours:</b> Wednesday 9:00-10:30am
<b>Location:</b> TBD	<b>Phone:</b> 519-661-2111 x 87936
<b>Lectures:</b> Select Mon 2:30-4:30pm	<b>Email:</b> marc.mitchell@uwo.ca

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL.

**Calendar Description:**

This course offers students the opportunity to apply concepts and professional practice skills by gaining kinesiology experience working directly with clients/patients to optimize 'performance' (i.e. in sport) or 'health' (i.e. prevention and/or management of chronic disease and impairment).

**My Course Description:**

This course is intended to provide students with a 'hands-on' learning experience in the very important and growing field of Professional Kinesiology. Having been introduced to Professional Kinesiology practice in their course work (e.g., kinesiology in Ontario healthcare, ethics/privacy, program models, clinical assessment, exercise prescription, note taking) students will have the opportunity to turn theory into practice in this exciting 8-month clinical placement opportunity. Placements will occur mostly in hospital- and community-based chronic disease prevention and management programs but other contexts (e.g., sport or performance-based opportunities) are possible as well. Students will develop and refine clinical and non-clinical skills that fall within a Registered Kinesiologist's Scope of Practice throughout their placement (see The College of Kinesiologists of Ontario's Scope of Practice under 'Standards and Resources' at [www.coko.ca](http://www.coko.ca)). A Registered Kinesiologist's Scope of Practice is broadly defined in Ontario's 2007 Kinesiology Act as: "*The assessment of human movement and performance and its rehabilitation and management to maintain, rehabilitate or enhance movement and performance.*" Throughout the placement students will engage in a reflective practice, completing weekly logs/diaries and participating in regular group discussions with their professor, placement coordinator and classmates to critically analyze their experiences and further develop the skills needed for professional employment. Students can expect about 8 placement hours per week and 2-4 reflective practice hours per month.

**Pre-requisite:**

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Unless you have either the requisites for this course or written special permission from the course department to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

## **Course Format:**

Placement hours: 8-10 hours weekly

Group Seminars: Select Mondays every month, 2:30pm-4:30pm

Location: TBD

**Recommended Text:** TBD

**Required Course Material:**

Any required readings will be posted on OWL.

**Learning Objectives:**

Upon completion of this course students will be able to:

1. **Identify and delineate** a Registered Kinesiologists place within the Ontario healthcare system as well as the core competencies (from the Scope of Practice) required to do the job. (Knowledge)
2. **Compare and contrast** different ways of triaging and enrolling clients/patients, of obtaining informed consent and protecting personal health information, communicating as part of an inter-disciplinary team, taking a medical history and performing a clinical assessment, counselling physical activity or prescribing exercise, and ensuring the safety of yourself and your client/patient. (Analysis)
3. **Synthesize** research and practical knowledge about the Professional Kinesiology profession and determine how these might be applied your clinical or non-clinical setting. (Comprehension)
4. Begin to **Develop** several core competencies expected of Registered Kinesiologists in Ontario. (Application)
5. **Further develop** abilities to *critically reflect* upon own clinical and non-clinical experiences through diary completions and participation in group seminars. (Reflection)

**Course Evaluation Summary:**

1. Learning contract	October 1, 2018	10%
2. Preceptor performance appraisal	October 1, 2018 December 3, 2018 February 28, 2019 March 29, 2019	20% (4x5%)
3. Log reports/diaries	October 1, 2018 December 3, 2018 February 28, 2019 March 29, 2019	20% (4x5%)
4. Seminar presentation (Fall and Winter)	Weeks of: December 3, 2018 March 25, 2019	30% (2x15%)
5. Final report or clinical/research deliverable (e.g., new patient pamphlet, presentation at clinical rounds, abstract/poster)	March 29, 2019	15%

6. Group reflection participation	Monday Group Seminars	5%
-----------------------------------	-----------------------	----

### **Course Evaluation Details:**

TBD

### **Course/University Policies**

1. **Lateness/Absences:** Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.

2. **Written documentation (Illness, Medical/Non-Medical):**

[https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/accommodation\\_illness.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/accommodation_illness.pdf)

The University recognizes that a student's ability to meet his/her academic responsibilities may, on occasion, be impaired by medical illness. Illness may be acute (short term), or it may be chronic (long term), or chronic with acute episodes. The University further recognizes that medical situations are deeply personal and respects the need for privacy and confidentiality in these matters. However, in order to ensure fairness and consistency for all students, academic accommodation for work representing 10% or more of the student's overall grade in the course shall be granted only in those cases where there is documentation indicating that the student was seriously affected by illness and could not reasonably be expected to meet his/her academic responsibilities.

A UWO Student Medical Certificate (SMC) is required where a student is seeking academic accommodation. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An SMC can be downloaded under the Medical Documentation heading of the following website:

[http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf)

Documentation is required for non-medical absences where the course work missed is more than 10% of the overall grade. Students may contact their Faculty Academic Counselling Office for what documentation is needed.

Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for medical requests for accommodation must be submitted within two (2) business days after the end date on the documentation, to the appropriate Academic Counselling Office of the student's Faculty of registration. For KIN students, you may go to the School of Kinesiology in 3M Centre room 2225 **NOT** to the instructor. It will be the Academic Counselling office that will determine if accommodation is warranted.\*

An "Accommodation Consideration Request Form" found online or in the Kinesiology Undergraduate Office" for ALL accommodation requests must be submitted into the appropriate Academic Counselling office of the student's Faculty/School of registration. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.

[https://www.uwo.ca/fhs/kin/undergrad/files/accommodation\\_request.pdf](https://www.uwo.ca/fhs/kin/undergrad/files/accommodation_request.pdf)

3. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

**15% of course grades will be posted by the last day to drop a course.**

A+	90-100	<i>One could scarcely expect better from a student at this</i>
A	80-89	<i>Superior work that is clearly above average</i>
B	70-79	<i>Good work, meeting all requirements and eminently</i>
C	60-69	<i>Competent work, meeting requirements</i>
D	50-59	<i>Fair work, minimally acceptable.</i>
F	below 50	<i>Fail</i>

4. **Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

[http://www.uwo.ca/univsec/handbook/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf).

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (<http://www.turnitin.com>)

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

5. **Formatting** (as recommended by the course instructor): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.). (2009). Washington, DC: American Psychological Association.

6. According to the **Examination Conflict policy**, "A student who is scheduled to write more than two examinations in any 24-hour period may request alternative arrangements through the office of their Academic Counsellor." *\*This policy does NOT apply to mid-term examinations.* There will be no make-up for the mid-term exam. Students who miss this exam with a valid reason will have the final re-weighted accordingly.

7. **Classroom Behaviour:** Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. I reserve the right to lock the classroom door and deny entrance if lateness becomes a common occurrence. Excessive talking during class time is disruptive, disrespectful, and will not be tolerated. Students engaging in such behaviour may be asked to leave the room. Cellular phones, pagers, and text-messaging devices are disruptive when they ring in class. If you must bring these with you, please place them on silent mode or turn them off during class. Failure to do so may result in your being asked to leave.

8. Laptops for the **purpose of typing lecture notes** are permitted in class, but please be respectful to your fellow students and turn the sound off. If I receive complaints from other students regarding noise or other disruptive behaviour (e.g., watching videos on YouTube.com, updating your Facebook status, playing Solitaire), your classroom laptop privileges will be revoked.

9. Audio and/or videotaping of lectures is not permitted unless approval has been sought from the instructor in advance.

10. **Health and Wellness:** As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (<http://www.music.uwo.ca/>), or the McIntosh Gallery <http://www.mcintoshgallery.ca/>

Further information regarding health and wellness-related services available to students may be found at <http://www.health.uwo.ca/>.

Students who are in emotional/mental distress should refer to Mental Health@Western (<http://www.health.uwo.ca/>) for a complete list of options about how to obtain help.

## STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit <http://www.uwo.ca/univsec/board/code.pdf>

## ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

## SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

1. *Student Development Centre* -- <http://www.sdc.uwo.ca/ssd/>
2. *Student Health & Wellness* -- <http://www.health.uwo.ca/>
3. *Registrar's Office* -- <http://www.registrar.uwo.ca/>
4. *Ombudsperson Office* -- <http://www.uwo.ca/ombuds/>

### Tentative Weekly Schedule (Fall Term)

Date	Topic	Readings (Posted on OWL) and Guest Lectures
September 5	Introduction to Professional Kinesiology (PK) – review/warm-up sessions	
September 10	Placements begin	
September 17		
September 24	First Group Seminar	
October 1		
October 8		
October 15	<b>NO CLASS</b>	<b>Reading Break</b>
October 22		
October 29	Second Group Seminar	
November 5		
November 12		
November 19		
November 26	Third Group Seminar	
December 3	Final Report Due/Presented	