

# Western HealthSciences

## School Of Kinesiology Kin 4995 A- Kinesiology Practicum Fall 2025

### Campus Supports

Western University is committed to a **thriving campus**. For help with:

- Both physical and mental health, go to [Wellness & Wellbeing](#)
- Studying with disabilities, go to [Accessible Education](#)
- Writing skills, go to the [Writing Support Centre](#)
- Learning skills and strategies, go to [Learning Development & Success](#)
- Contacting the ombudsperson, go to the [Office of the Ombudsperson](#)



Your course coordinator can also **guide you** to available campus resources and/or services.

### Technical Requirements

 Stable internet connection    Computer Access

### Important Dates

Practicum Begin	Reading Week	Practicum Ends
September 8	November 3–9	December 9

September 30, 2025, is National Day for Truth and Reconciliation and is a non-instructional day  
December 1, 2025: Last day to withdraw from a first-term half course without academic penalty

### Contact Information

Course Coordinator/instructor	Contact Information	Office Hours
Dave Humphreys	dhumphr4@uwo.ca	Weekly by appointment

Teaching Assistant(s)	Contact Information	Office Hours
TBA		

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via [OWL Brightspace](#). Download the Brightspace Pulse App to stay up-to-date on course communication and enable your notification settings within “Communications” in the top toolbar. Check the website regularly for course announcements. If you need assistance, visit [OWL Brightspace Help](#) or contact the [Western Technology Services Helpdesk](#). They can be contacted by phone at 519-661-3800 or ext. 83800.

### Calendar Course Description (including prerequisites/anti-requisites):

This course provides 4th year Honours students the opportunity to gain experience applying theoretical knowledge in a community setting, including a full range of elements that comprise the partners' operations.

**Prerequisite(s):** Registration in fourth year of an Honours Specialization module offered by the School of Kinesiology. Application required (see School for further information).

**Extra Information:** Pass/Fail. Minimum of 75 practicum contact hours over the course of the term in which it is offered. Students will be permitted to take a maximum of 1.0 credits from [Kinesiology 4495](#), [Kinesiology 4498A/B](#), [Kinesiology 4585](#), [Kinesiology 4590](#), [Kinesiology 4995A/B/Y](#) (or the former Kinesiology 4995F/G), [Kinesiology 4996A/B/Y](#) (or the former Kinesiology 4996F/G), and [Kinesiology 4997](#).

*Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.*

**NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.**

**Delivery Mode: In-person**

Component	Date(s)	Time
Lecture (only 4 see schedule)	Monday	2:30am-4:20 pm

**My Course Description**

This practicum course has been designed to provide an opportunity for you apply theoretical knowledge and hands-on skills gained over the past 3 years, by working with a community partner. The lecture series has been designed to help you assess and address your strengths and weaknesses and market yourself in the career field of your choice.

**Course Objectives**

In this course, you will have an opportunity to apply your knowledge within a community-based experiential learning opportunity, in an area that is relevant to the field of Kinesiology. You are expected to complete 75 hours within your practicum. As a capstone experience within your degree, you will be expected to engage in higher-order thinking skills in four stages: Applying, Analyzing, and Evaluating.

1. **Applying:** By the end of your practicum, you will be able to apply the theoretical knowledge and hands-on skills acquired during your previous three years of study to assess and solve complex, real-world health-related problems. You will demonstrate this ability through ongoing participation in a community practicum that requires you to apply well-reasoned solutions that integrate interdisciplinary concepts.
2. **Analyzing:** Upon completion of your practicum, you will be able to identify and critically evaluate the core competencies you have developed throughout your degree program in Kinesiology. You will analyze your coursework in the context of the experiences you have had within your community practicum to discern the key skills, knowledge areas, and ethical considerations that are essential for success in the field of Kinesiology
3. **Evaluating:** At the end of the course, you will reflect on how your participation in this community-based experiential learning opportunity has contributed to the consolidation of your skills, perspectives, and values. Through systematic evaluation of your experiences, you will assess the impact of your learning on personal and professional development, discerning areas for further growth and strategies to enhance your contributions to the health sciences.

## **Course Content and Schedule**

<b>Date</b>	<b>Topic</b>
September 8, 2025	<b>Course Information and housekeeping</b> Review of goal-setting Learning Contracts and tracking your progress Using SBARs to document workplace situations/crises Supervisor's Evaluations explained
September 15, 2025	<b>Lecture Series 1- Bringing our values to work.</b> This session is designed to offer students a space to critically think about their own privilege, the impacts this may have on power dynamics in the workplace and will provide students with the practical tools to know when and how to set boundaries in a professional setting. If you attended this lecture in Kin 4995A, it is not required that you attend.
October 6 2025	<b>Lecture Series 2-Career Design and Leadership session 1a</b> Managing conflict collaboratively and Healthy Habits for Leaders
November 10, 2025	<b>Lecture Series 3- Career Design and Leadership session 2b</b> Building your brand/career construction- Strengths and weaknesses-

**\* Topics and dates may vary by term**

\*Course content subject to change based on availability.

### **Course Materials You Must Acquire and Their Costs**

- Transportation to Practicum site.

### **Assessments and Evaluation**

Below is the evaluation breakdown for the course. Any deviations will be communicated.

**Learning Contract.** This is a “Designated Assessment”. This assessment will require supporting documentation. Students are not permitted to use an “undocumented absence for this assessment.”

You are responsible for submitting a learning contract to the course coordinator that indicates the learning goals and objectives for your practicum, created in consultation with your practicum supervisor. Your learning contract should be completed using the form provided to you through the Brightspace website. This form will guide you through a brief description of your goals for the term (within your practicum). It is possible that your objectives may change over the course of the term – this is perfectly understandable, and any such changes should be documented by you and approved by your supervisor. It is not necessary to re-submit your learning contract should your plans change over the course of the practicum. Your learning contract is due by 11:00 pm online on September 22. [See course specific conditions](#)

**Month-end Reflection Entries.** You are responsible for logging your time within your practicum within InPlace (see how to video), arranging a time to have your supervisor confirm the hours online. These reports are to include a log of the time spent at your practicum, along with a brief reflection of your time that week. Logging and reflecting on your activities should take no more than 2-3 minutes for each entry. Your supervisor must also confirm these within InPlace. ***Note that you will not be assigned a passing grade in this course if you do***

**complete these entries. You are responsible for ensuring that you complete 75 hours within your practicum, over the course of the term.** This is a way to keep up to date on your progress. **Please contact Dave Humphreys if you foresee difficulties within your practicum that may prevent you from achieving 75 hours.**

**SBAR Assignment.** Organizations have many moving parts. Sometimes there are issues and communication breakdowns. Complete and concise communication is key to keeping everyone on the same page. As we will discuss during our weekly sessions, the SBAR communication process is a useful means of structuring verbal and written communication within any team. I have also posted a reference article, should you want more information. For this assignment, I would like you to identify an issue or incident that you have encountered within your practicum. Create an SBAR (no longer than 1 page) based on this issue, to address the situation and provide thoughts on how to resolve it.

It is up to you whether you share this with your supervisor following either your midterm or final evaluation. If you are unsure, I'd be happy to discuss the situation with you.

**Supervisor Evaluations.** You will be evaluated by your supervisor, using the supervisor evaluation form posted to OWL. These are posted within your Assignments Tab. **You should review this prior to beginning practicum and provide your supervisor with copies, upon starting your practicum.** You will also need to book a midterm evaluation and a final evaluation meeting with your supervisor. These should be completed the week before the due date of the evaluation. Please communicate with your supervisor, well in advance. You will receive two evaluations: A midterm assessment of your work within the practicum, worth 0% of your final course grade. This formative assessment is meant to provide you with structured feedback and an opportunity to further discuss expectations from both sides. A summative (Final) assessment will occur at the end of the course, presenting an overall evaluation of your work within the practicum (worth 40% of your final course grade). In this course, as in life, assessment of your work over the course of the term is cumulative. **As noted above, you need to provide your supervisor with a copy of the evaluations in advance. They will complete it and email it back to me at [dhumphr4@uwo.ca](mailto:dhumphr4@uwo.ca) after they have discussed it with you, and you have both signed it.** These should occur the week of October 13, 2025 and December 1-9th, 2025. **Students must receive 75% of their ratings at a level 4 or above on their summative practicum evaluation to be eligible to pass this course.** The level 4 rating is defined as “**Good** - The student takes initiative and is able to begin tasks independently the majority of the time.”

Assessment	Format	Weight	Due Date	Flexibility
Learning Contract <sup>1,2</sup>	PDF or photo	25%	Brightspace Sept. 22 @ 11:00pm	See late policy
Month end hours and reflection #1	Completed in InPlace	5%	InPlace Oct 7 by 11:00pm	See Late Policy
Month end hours and reflection #2	Completed in InPlace	5%	InPlace Nov 4 by 11:00pm	See Late Policy
Month end hours and reflection #3	Completed in InPlace	5%	InPlace Dec 12 by 11:00pm	See Late Policy

Assessment	Format	Weight	Due Date	Flexibility
Midterm Supervisor's Evaluation <sup>2</sup>	Meeting and co-signed fillable form in InPlace	0% For feedback purposes only	InPlace Oct 20 by 11:00 pm	Book a time with your Supervisor, the week of October 13.
SBAR	PDF file	20%	Brightspace Dec 8 by 11:00 pm	See Late policy
Final Supervisor's Evaluation	Meeting and co-signed fillable form in InPlace	40%	InPlace December 12 <sup>th</sup> by 11:00 pm	Book a time with your Supervisor, sometime between Dec 1 and 9th.

Notes:

1. Designated Assessment: This assessment has been designated as being central to the evaluation of learning outcomes in this course. Accordingly, students must provide documentation for any absence from this evaluation.
2. Assignments and Hour sheets are due as stated in the course syllabus and will be subjected to a 20% penalty per each 24 hours or part thereof, except under medical or other compassionate circumstances. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents, illness or death) or similar circumstances.
3. Failure to complete an assignment without academic considerations will result in a 0.

### General information about assessments

- ☒ After an assessment is returned, students should wait 24 hours to digest feedback before contacting their evaluator; to ensure a timely response, reach out within 7 days. Note that we will take-up the midterm during lab time. This is your chance to review your midterm.
- ☒ Prior to the filing of a written request for relief, students must attempt to resolve the concern regarding a mark or grade through informal consultation with the instructor. If the student is dissatisfied with the decision of the instructor or does not receive a decision from the instructor, a written request for relief must be submitted to the Undergraduate Chair of the School offering this course, within three (3) weeks from the date that the mark was issued.

The table below outlines University-wide grade descriptors.

Letter grade	Number grade	Description
A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work which is clearly above average
B	70-79	Good work, meeting all requirements, and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable
F	below 50	Fail

### Rounding of Grades (for example, bumping a 79 to 80%)

This is a practice some students request. The final grade documented is the grade that you have achieved. There is no rounding to the next grade level, or 'giving away' of marks. Please don't ask me to do this for you; the response will be "please review the course outline where this is presented".

### Information about late or missed assessments:

- ✓ Assignments are due as stated in the course syllabus and will be subjected to a 20% penalty per each 24 hours or part thereof (starting at 11:00:01 pm), except under medical or other compassionate circumstances. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents, illness or death) or similar circumstances.

### Course-specific conditions:

- ✓ This is a PASS/FAIL course. Your final grade will show as a PASS or a FAIL. There **will not** be a numeric grade associated with this course.
- ✓ A student must achieve a minimum of a 75% average across all assignments (reviewed and graded by instructor), and on their summative practicum evaluation, receive 75% of their ratings at a level 4 or above, to receive a pass in this course. The level 4 rating is defined as **Good** - The student takes initiative and is able to begin tasks independently the majority of the time. Those not satisfying both of these conditions will receive an F.
- ✓ You are responsible for ensuring that you complete 75 hours within your practicum, **over the course of this term**. Please contact the instructor if you run into difficulties within your practicum that prevent you from having enough hours. **Those not achieving a minimum of 75 hours will receive an F.**
- ✓ Note that you will be assigned an F in this course if you do not complete (and receive supervisor confirmation for) all hour time sheets/reflections within InPlace.
- ✓ There are only 4 (2 hour lectures) scheduled for this course. The first will explain the course and your deliverables. The next 3 classes make up our lecture series. **You must attend all 3\* of the Lecture Series classes to be eligible to pass this course.** Those that do not, will receive an F, unless academic considerations have been granted. In the case of missing lecture 2 (with academic considerations), you will be asked to complete the required content on your own time, during a scheduled offering.
- ✓ Note that you will be eligible to earn a Leadership Certification if all leadership courses are attended. This will be a valuable addition to your resume/portfolio as you move into interviews for careers or professional school. If you miss lectures 3 or 4 with academic considerations, you may not be eligible for the Leadership Certificate.

**INC (Incomplete Standing):** If a student has been approved by the Academic Advising Office (in consultation with the instructor/department) to complete term work at a later date, an INC will be assigned. Students with INC will have their course load in subsequent terms reduced to allow them to complete outstanding course work. Students may request permission from Academic Advising to carry a full course load for the term the incomplete course work is scheduled.

**SPC (Special examination):** If a student has been approved by the Academic Advising Office to write a Special Examination and the final exam is the only outstanding course component, an SPC will be assigned. If the class has a makeup exam, the student is expected to write the makeup exam. If the class doesn't have a makeup exam or the student misses the makeup exam for reasons approved by the Academic Advising Office, the student will write the exam the next time the course is offered. Outstanding SPCs will reduce the course load for the term the exam is deferred as outlined in [Types of Examinations](#) policy

## **Academic Policies and Statements**

### **Support Services**

There are various support services around campus and these include, but are not limited to:

1. Academic Support and Engagement - <http://academicsupport.uwo.ca>
2. Wellness and Well-being - <https://www.uwo.ca/health/>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

The websites for Registrarial Services (<http://www.registrar.uwo.ca>), and the same for affiliated university colleges when appropriate, and any appropriate Student Support Services (including the services provided by the USC listed here: <http://westernusc.ca/services/>) and the Student Development Services, should be provided for easy access.

Students who are in emotional/mental distress should refer to Mental Health@Western (<https://www.uwo.ca/health/>) for a complete list of options about how to obtain help.

### **Statement on Gender-Based and Sexual Violence**

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

[https://www.uwo.ca/health/student\\_support/survivor\\_support/get-help.html](https://www.uwo.ca/health/student_support/survivor_support/get-help.html).

### **Statement on Harassment and Discrimination**

Western is committed to providing a learning and working environment that is free of harassment and discrimination. All students, staff, and faculty have a role in this commitment and have a responsibility to ensure and promote a safe and respectful learning and working environment. Relevant policies include Western's Non-Discrimination/Harassment Policy (M.A.P.P. 1.35) and Non-Discrimination/Harassment Policy – Administrative Procedures (M.A.P.P. 1.35). Any student, staff, or faculty member who experiences or witnesses' behaviour that may be harassment or discrimination **must report the behaviour** to the Western's Human Rights Office. Harassment and discrimination can be human rights-based, which is also known as EDI-based, (sexism, racism, transphobia, homophobia, islamophobia, xenophobia, antisemitism, and ableism) or non-human rights-based (personal harassment or workplace harassment).

### **Student Code of Conduct**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>

### **Absence from Course Commitments**

Students must familiarize themselves with the Policy on [Academic Consideration – Undergraduate Students in First Entry Programs](#)

Students missing course work for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the [central academic consideration portal](#). Students are permitted one academic consideration request per course per term **without** supporting documentation. Note that supporting documentation is **always** required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may **designate** one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes), when there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period), or when timed assessments (e.g., quizzes) are available over an extended period of time (e.g., when you are given a 72 hour time period to start – and finish – the assessment).

Please note that academic considerations in this course are granted by the academic advisors in your home unit and implemented by the instructor of this course in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the [Student Medical Certificate](#) or, where that is not possible, equivalent documentation by a health care practitioner. If your absence relates to accommodations that are already supported by [Accessible Education](#), please work with your accessible education counsellor regarding your missed course work.

### **Accommodation for Religious Holidays**

Students should review the policy for [Accommodation for Religious Holidays](#). Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

### **Special Examinations**

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examination dates. The Faculty of Health Sciences has set School-specific dates for these Special Examinations. Please speak with your instructor about the date on which the Special Examination for this course will be held.

### **Scholastic Offences**

Scholastic offences are taken seriously and students are directed to read the policy on [Scholastic Discipline for Undergraduate Students](#).

### **Plagiarism**

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com ([www.turnitin.com](http://www.turnitin.com)).

### **Use of Artificial Intelligence for the Completion of Course Work**

Within this course, you may only use artificial intelligence tools (e.g., "ChatGPT") in ways that

are specifically authorized by the course instructor. All submitted work must reflect your own thoughts and independent written work.

### **Re-submission of Previously Graded Material**

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

### **Use of Statistical Pattern Recognition on Multiple Choice Exams**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

### **Accessibility Statement**

Please contact the course instructor if you require material in an alternate format or if you require any other arrangements to make this course more accessible to you. You may also wish to contact Accessible Education (AE) at 661-2111 x 82147 for any specific question regarding an accommodation or review [The policy on Accommodation for Students with Disabilities](#). If you think you may qualify for ongoing accommodation (e.g. separate room to write exams, flexibility with deadlines, etc.) that will be recognized in all your courses, we encourage you to visit [Accessible Education](#) for more information.

### **Correspondence Statement**

The centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at their official university address is attended to in a timely manner. Students are further expected to attend to announcements presented through Brightspace, and to read emails generated in this way.

### **Use of Electronic Devices**

#### **During Exams**

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices (e.g., cell phones, tablets, cameras, smart glass, smart watches, or iPods) during ANY tests, quizzes, midterms, examinations, or other in-class evaluations. **These devices MUST either be left at home or with your belongings at the front of the room. They MUST NOT be at your test/exam desk or in your pocket. Any student found with a prohibited device will be referred for investigation of a Scholastic Offence, per the policy listed above. The typical first-offence penalty for possession of a prohibited device is zero on the test or exam.**

#### **During Lectures and Tutorials**

Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class.

### **Copyright and Audio/Video Recording Statement**

Course material produced by faculty is copyrighted and to reproduce this material for any purposes other than your own educational use contravenes Canadian Copyright Laws. Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

### **Contingency Plan for an In-Person Class Pivoting to 100% Online Learning**

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on Brightspace for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

### **Online Proctoring**

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

### **Academic Appeals and Scholastic Offences**

Students can file a **request for relief from academic decisions** if the request is based on one or more grounds listed in the policy. Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services sections of this document.

Students may **appeal** some academic and scholastic disciplinary decisions by a Dean or their designate, to the Senate Review Board Academic (SRBA). Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services section of this document.