

Western HealthSciences

School of Kinesiology

KIN 4590 Clinical Kinesiology Placement Fall 2025 & Winter 2026

Campus Supports

Western University is committed to a **thriving campus**. For help with:

- Both physical and mental health, go to [Wellness & Wellbeing](#)
- Studying with disabilities, go to [Accessible Education](#)
- Writing skills, go to the [Writing Support Centre](#)
- Learning skills and strategies, go to [Learning Development & Success](#)
- Contacting the ombudsperson, go to the [Office of the Ombudsperson](#)



Your course coordinator can also **guide you** to available campus resources and/or services.

Important Dates

Classes Begin	Reading Week	Classes End	Study day(s)	Exam Period
September 4	November 3–9	December 9	December 10	December 11–22

September 30, 2025, is National Day for Truth and Reconciliation and is a non-instructional day
December 1, 2025: Last day to withdraw from a first-term half course without academic penalty

Classes Begin	Reading Week	Classes End	Study day(s)	Exam Period
January 5	February 14-22	April 9	April 10-11	April 12-30

March 30, 2026: Last day to withdraw from a second-term half course without academic penalty

Contact Information

Course Coordinator/instructor	Contact Information	Office Hours
Dr. Jeremy Walsh	jwals4@uwo.ca	By appointment

Experiential Learning Coordinators	Phone	E-mail
Allison Kampman	519-661-2111 x84582	experiencefhs@uwo.ca

NOTE: All course information including grades, assignment outlines, deadlines, etc. are available via [OWL Brightspace](#). Download the Brightspace Pulse App to stay up-to-date on course communication and enable your notification settings within “Communications” in the top toolbar. Check the website regularly for course announcements. If you need assistance, visit [OWL Brightspace Help](#) or contact the [Western Technology Services Helpdesk](#). They can be contacted by phone at 519-661-3800 or ext. 83800.

Calendar Course Description (including prerequisites/anti-requisites):

This course offers students the opportunity to apply concepts and professional practice skills by gaining kinesiology experience working directly with clients/patients to optimize ‘performance’ (i.e. in sport) or ‘health’ (i.e. prevention and/or management of chronic disease and impairment).

Prerequisite(s): Registration in the B.A. Honours Specialization in Clinical Kinesiology.

Extra Information: One hour/week online with class/self-reflective journal/blog; two 2-hour class meetings in person every 4 weeks; Routine meetings and peer-facilitated discussions about professional experiences will encourage the development of reflective practitioners. Issues related to the intersection of theory and practice will be explored. Electronic video conferencing will be used for weekly discussions to reduce travel by students from dispersed. Students will be permitted to take a maximum of 1.0 credits from Kinesiology 4495, Kinesiology 4498A/B, Kinesiology 4585, Kinesiology 4590, Kinesiology 4995A/B/Y (or the former Kinesiology 4995F/G), Kinesiology 4996A/B/Y (or the former Kinesiology 4996F/G), and Kinesiology 4997.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.

Delivery Mode: Practicum

My Course Description

This course is intended to provide students with a ‘hands-on’ learning experience in the very important and growing field of Clinical Kinesiology. Having been introduced to Clinical Kinesiology practice in their course work (e.g., kinesiology in Ontario healthcare, ethics/privacy, program models, clinical assessment, exercise prescription, note taking) students will have the opportunity to turn theory into practice in this exciting 8-month clinical placement opportunity. Placements will occur in person and virtually in hospital- and community-based chronic disease prevention and management programs, for example, and other contexts (e.g., sport or performance-based opportunities, digital health companies) as well. Students will develop and refine clinical and non-clinical skills that fall within a Registered Kinesiologist’s Scope of Practice throughout their placement (see The College of Kinesiologists of Ontario’s Scope of Practice under ‘Standards and Resources’ at www.coko.ca). A Registered Kinesiologist’s Scope of Practice is broadly defined in Ontario’s 2007 Kinesiology Act as: “The assessment of human movement and performance and its rehabilitation and management to maintain, rehabilitate or enhance movement and performance.” Throughout the placement students will engage in a reflective practice,

completing monthly logs/diaries and participating in regular group discussions with their professor, placement coordinator and classmates to critically analyze their experiences and further develop the skills needed for professional employment. Students can expect 6-8 placement hours per week and 2-4 reflective practice hours per month.

Learning Outcomes

Upon completion of this course, students will be able to:

1. **Identify and delineate** a Registered Kinesiologists place within the Ontario healthcare system as well as the core competencies (from the Scope of Practice) required to do the job. (Knowledge)
2. **Compare and contrast** different ways of triaging and enrolling clients/patients, of obtaining informed consent and protecting personal health information, communicating as part of an interdisciplinary team, taking a medical history and performing a clinical assessment, counselling physical activity or prescribing exercise, and ensuring the safety of yourself and your client/patient. (Analysis)
3. **Synthesize** research and practical knowledge about the Clinical Kinesiology profession and determine how these might be applied your clinical or non-clinical setting. (Comprehension)
4. Begin to **Develop** several core competencies expected of Registered Kinesiologists in Ontario. (Application)
5. **Further develop** abilities to critically reflect upon own clinical and non-clinical experiences through diary completions and participation in group seminars. (Reflection)

Course Content and Schedule

Week	Dates	In-person session	Things due
1	Sept 8		
2	Sept 15		
3	Sept 21		
4	Sept 29		Fall Learning Contract
5	Oct 6	Seminar 1	September Diary & Log
6	Oct 13		
7	Oct 20		
8	Oct 27		
9	Nov 1-9	Reading Week	
10	Nov 10	Seminar 2	October Diary & Log
11	Nov 17		
12	Nov 24		
13	Dec 1		November Diary & Log
14	Dec 8		Preceptor Performance Appraisal 1

Week	Dates	Topic	Things due
1	Jan 5		
2	Jan 12		
3	Jan 19		Winter Learning Contract
4	Jan 26		
5	Feb 2	Seminar 3	January Diary & Log
6	Feb 9		
7	Feb 14-22	Reading Week	
8	Feb 23		
9	Mar 2	Seminar 4	February Diary & Log
10	Mar 9		
11	Mar 16		
12	Mar 23		
13	Mar 30		
14	Apr 6		March Diary & Log Preceptor Performance Appraisal 2

Course Materials

Required Textbook: *ACSM's Guidelines for Exercise Testing and Prescription (12th edition)*, by ACSM & Ozemek Cemal, published by Wolters Kluwer, 2025, ISBN: 9781975219215. This is available digitally for \$56.09 or in paperback for \$58.99 at the <https://shop.lww.com/ACSM-s-Guidelines-for-Exercise-Testing-and-Prescription/p/9781975219215>. This textbook will also be used in KIN 3402, KIN 3412 and KIN 4412.

The College of Kinesiologists of Ontario Core Competencies and Practice Standards and Guidelines and other resources are available on www.coko.ca and these and any other required readings will be posted on Brightspace.

Also, go to www.preceptor.ca for practical learning modules related to your placement.
Finally, go to <https://www.swselfmanagement.ca/> for very valuable health “coaching” resources.

Assessments and Evaluation

Below is the evaluation breakdown for the course. Any deviations will be communicated.

Assessment	Format	Weight	Due Date	Flexibility	Learning Outcome
Learning Contract	Written	15%	Sep 29 Jan 19	72-hour no late penalty ¹	All
Diary	Written	20%	Oct 6 Nov 10 Dec 1 Feb 2 Mar 2 Apr 6	72-hour no late penalty Drop lowest ²	All
Log	Written	10%	Same as diary	72-hour no late penalty Drop lowest ³	All
Seminar Presentation	Oral	20%	Oct 6 Nov 10 Feb 2 Mar 2	Designated assessment - present on 1 of 4 scheduled dates ⁴	All
Seminar Attendance	In-person	5%	Same as presentation	Not applicable ⁵	All
Preceptor Performance Appraisal	Preceptor completes	30%	Dec 8 Apr 6	Not applicable ⁶	All

Notes:

1. Complete one **Learning Contract**, using the template provided on Brightspace, at the beginning of your placement each term. These are worth 7.5% each for a total of 15%. In the learning contract, you will list your academic, practical and personal growth learning objectives, action plans and measures of success. Make sure your supervisor signs the learning contract. Students are expected to submit this assignment by the deadline listed. Should extenuating circumstances arise, students are permitted to submit their assignment up to 72 hours past the deadline without a late penalty. No Academic Consideration is required for this extension. Students submitting their assessment beyond the extended deadline will receive a mark of zero. Academic Consideration requests may be granted only for extenuating circumstances that began before the deadline and lasted longer than the extension. With approved considerations submission timelines will be decided on an individual basis in consultation with advisors and the instructor. Students must not provide medical or compassionate documentation to the instructor.
2. Complete a **diary** at the end of each month of your placement (Sep-Nov and Jan-Mar), using the template provided on Brightspace. The diary includes what you learnt, how you learnt it, why this matters and what you will do in light of this learning. There are 6 to complete, worth 4% each and best 5 scores will count, for a total of 20%. Academic consideration requests will be denied for the first missed diary. Academic Consideration requests may be granted when students miss more than 1 diary and these additional missed diaries will be rescheduled, if possible, or else the assessment value of the additional missed diaries will be redistributed

among the completed diaries. Additional missed diaries without academic consideration will receive a score of zero. Students are expected to submit this assignment by the deadline listed. Should extenuating circumstances arise, students are permitted to submit their assignment up to 72 hours past the deadline without a late penalty. No Academic Consideration is required for this extension. Students submitting their assessment beyond the extended deadline will receive a mark of zero. Academic Consideration requests may be granted only for extenuating circumstances that began before the deadline and lasted longer than the extension. With approved considerations submission timelines will be decided on an individual basis in consultation with advisors and the instructor. Students must not provide medical or compassionate documentation to the instructor.

3. Complete a **log** at the end of each month of your placement (Sep-Nov and Jan-Mar), using the template provided on Brightspace. The log should include placement hours completed and a brief description of what you did. There are 6 to complete, worth 2% each and best 5 scores will count, for a total of 10%. Academic consideration requests will be denied for the first missed log. Academic Consideration requests may be granted when students miss more than 1 log and these additional missed logs will be rescheduled, if possible, or else the assessment value of the additional missed logs will be redistributed among the completed logs. Additional missed logs without academic consideration will receive a score of zero. Students are expected to submit this assignment by the deadline listed. Should extenuating circumstances arise, students are permitted to submit their assignment up to 72 hours past the deadline without a late penalty. No Academic Consideration is required for this extension. Students submitting their assessment beyond the extended deadline will receive a mark of zero. Academic Consideration requests may be granted only for extenuating circumstances that began before the deadline and lasted longer than the extension. With approved considerations submission timelines will be decided on an individual basis in consultation with advisors and the instructor. Students must not provide medical or compassionate documentation to the instructor.
4. There are 4 **seminar** dates scheduled. You will make a **presentation** to the class about your placement on one of these dates (see the schedule on Brightspace), using the PowerPoint template provided on Brightspace for your slides. This is worth 20% of your final grade. This is a **designated assessment** considered central to the assessment of learning outcomes in this course. Accordingly, students must provide documentation for any absence from this evaluation. If you miss your presentation, with academic consideration, you must reschedule this with the course instructor. The makeup presentation is an extension of the designated assessment, and so you will need to present documentation for this assessment, should you need to miss it. Students approved to miss the makeup will have the weight of this assessment redistributed amongst all other assessments on the course. Students must not provide medical or compassionate documentation to the instructor. Students who miss the presentation or makeup without academic consideration will receive a grade of zero.
5. **Attendance** at all seminar sessions is expected. There are 1.5% attendance marks awarded per session, for a total of 5%. If you miss this assessment without Academic Consideration, you will receive a score of zero. If you miss this assessment with Academic Consideration, the weight of this assessment will be redistributed across completed seminars.
6. Your preceptor will complete a **preceptor appraisal form** at the end of each term. In this, they will evaluate your initiative and enthusiasm, ability to interact and communicate with others, the quality of your work and your professionalism. These are worth 15% each for a total of 30%.

General information about assessments

- ☒ All assignments are due at 23:59 EST unless otherwise specified
- ☒ Students are responsible for ensuring that the correct file version is uploaded; incorrect submissions including corrupt files could be subject to late penalties (see below) or a 0

- ✓ After an assessment is returned, students should wait 24 hours to digest feedback before contacting their evaluator; to ensure a timely response, reach out within 7 days
- ✓ Prior to the filing of a written request for relief, students must attempt to resolve the concern regarding a mark or grade through informal consultation with the instructor. If the student is dissatisfied with the decision of the instructor or does not receive a decision from the instructor, a written request for relief must be submitted to the Undergraduate Chair of the School offering this course, within three (3) weeks from the date that the mark was issued

The table below outlines University-wide grade descriptors.

Letter grade	Number grade	Description
A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work which is clearly above average
B	70-79	Good work, meeting all requirements, and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable
F	below 50	Fail

Rounding of Grades (for example, bumping a 79 to 80%)

This is a practice some students request. The final grade documented is the grade that you have achieved. There is no rounding to the next grade level, or 'giving away' of marks. Please don't ask me to do this for you; the response will be "please review the course outline where this is presented".

INC (Incomplete Standing): If a student has been approved by the Academic Advising Office (in consultation with the instructor/department) to complete term work at a later date, an INC will be assigned. Students with INC will have their course load in subsequent terms reduced to allow them to complete outstanding course work. Students may request permission from Academic Advising to carry a full course load for the term the incomplete course work is scheduled.

SPC (Special examination): If a student has been approved by the Academic Advising Office to write a Special Examination and the final exam is the only outstanding course component, an SPC will be assigned. If the class has a makeup exam, the student is expected to write the makeup exam. If the class doesn't have a makeup exam or the student misses the makeup exam for reasons approved by the Academic Advising Office, the student will write the exam the next time the course is offered. Outstanding SPCs will reduce the course load for the term the exam is deferred as outlined in [Types of Examinations](#) policy.

Academic Policies and Statements

Support Services

There are various support services around campus and these include, but are not limited to:

1. Academic Support and Engagement - <http://academicsupport.uwo.ca>
2. Wellness and Well-being - <https://www.uwo.ca/health/>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

The websites for Registrarial Services (<http://www.registrar.uwo.ca>), and the same for affiliated university colleges when appropriate, and any appropriate Student Support Services (including the services provided by the USC listed here: <http://westernusc.ca/services/>) and the Student Development Services, should be provided for easy access.

Students who are in emotional/mental distress should refer to Mental Health@Western (<https://www.uwo.ca/health/>) for a complete list of options about how to obtain help.

Statement on Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at:

https://www.uwo.ca/health/student_support/survivor_support/get-help.html.

Statement on Harassment and Discrimination

Western is committed to providing a learning and working environment that is free of harassment and discrimination. All students, staff, and faculty have a role in this commitment and have a responsibility to ensure and promote a safe and respectful learning and working environment. Relevant policies include Western's Non-Discrimination/Harassment Policy (M.A.P.P. 1.35) and Non-Discrimination/Harassment Policy – Administrative Procedures (M.A.P.P. 1.35). Any student, staff, or faculty member who experiences or witnesses' behaviour that may be harassment or discrimination **must report the behaviour** to the Western's Human Rights Office. Harassment and discrimination can be human rights-based, which is also known as EDI-based, (sexism, racism, transphobia, homophobia, islamophobia, xenophobia, antisemitism, and ableism) or non-human rights-based (personal harassment or workplace harassment).

Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>

Absence from Course Commitments

Students must familiarize themselves with the Policy on [Academic Consideration – Undergraduate Students in First Entry Programs](#)

Students missing course work for medical, compassionate, or extenuating circumstances can request academic consideration by completing a request at the [central academic consideration portal](#). Students are permitted one academic consideration request per course per term **without** supporting documentation. Note that supporting documentation is **always** required for academic consideration requests for examinations scheduled by the office of the registrar (e.g., December and April exams) and for practical laboratory and performance tests (typically scheduled during the last week of the term).

Students should also note that the instructor may **designate** one assessment per course per term that requires supporting documentation. This designated assessment is described elsewhere in this document. Academic consideration requests may be denied when flexibility in assessment has already been included. Examples of flexibility in assessment include when there are assessments not required for calculation of the final grade (e.g. 8 out of 10 quizzes), when there is flexibility in the submission timeframe (e.g. 72 hour no late penalty period), or when timed

assessments (e.g., quizzes) are available over an extended period of time (e.g., when you are given a 72 hour time period to start – and finish – the assessment).

Please note that academic considerations in this course are granted by the academic advisors in your home unit and implemented by the instructor of this course in accordance with information presented in this course syllabus. Supporting documentation for academic considerations for absences due to illness should use the [Student Medical Certificate](#) or, where that is not possible, equivalent documentation by a health care practitioner. If your absence relates to accommodations that are already supported by [Accessible Education](#), please work with your accessible education counsellor regarding your missed course work.

Accommodation for Religious Holidays

Students should review the policy for [Accommodation for Religious Holidays](#). Where a student will be unable to write examinations and term tests due to a conflicting religious holiday, they should inform their instructors as soon as possible but not later than two weeks prior to writing the examination/term test. In the case of conflict with a midterm test, students should inform their instructor as soon as possible but not later than one week prior to the midterm.

Special Examinations

A Special Examination is any examination other than the regular examination, and it may be offered only with the permission of the Dean of the Faculty in which the student is registered, in consultation with the instructor and Department Chair. Permission to write a Special Examination may be given on the basis of compassionate or medical grounds with appropriate supporting documents. To provide an opportunity for students to recover from the circumstances resulting in a Special Examination, the University has implemented Special Examination dates. The Faculty of Health Sciences has set School-specific dates for these Special Examinations. Please speak with your instructor about the date on which the Special Examination for this course will be held.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the policy on [Scholastic Discipline for Undergraduate Students](#).

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (www.turnitin.com).

Use of Artificial Intelligence for the Completion of Course Work

Within this course, you may only use artificial intelligence tools (e.g., "ChatGPT") in ways that are specifically authorized by the course instructor. All submitted work must reflect your own thoughts and independent written work.

Re-submission of Previously Graded Material

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

Use of Statistical Pattern Recognition on Multiple Choice Exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Accessibility Statement

Please contact the course instructor if you require material in an alternate format or if you require any other arrangements to make this course more accessible to you. You may also wish to contact Accessible Education (AE) at 661-2111 x 82147 for any specific question regarding an accommodation or review [The policy on Accommodation for Students with Disabilities](#). If you think you may qualify for ongoing accommodation (e.g. separate room to write exams, flexibility with deadlines, etc.) that will be recognized in all your courses, we encourage you to visit [Accessible Education](#) for more information.

Correspondence Statement

The centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at their official university address is attended to in a timely manner. Students are further expected to attend to announcements presented through Brightspace, and to read emails generated in this way.

Use of Electronic Devices

During Exams

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices (e.g., cell phones, tablets, cameras, smart glass, smart watches, or iPods) during ANY tests, quizzes, midterms, examinations, or other in-class evaluations. **These devices MUST either be left at home or with your belongings at the front of the room. They MUST NOT be at your test/exam desk or in your pocket. Any student found with a prohibited device will be referred for investigation of a Scholastic Offence, per the policy listed above. The typical first-offence penalty for possession of a prohibited device is zero on the test or exam.**

During Lectures and Tutorials

Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class.

Copyright and Audio/Video Recording Statement

Course material produced by faculty is copyrighted and to reproduce this material for any purposes other than your own educational use contravenes Canadian Copyright Laws. Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

Contingency Plan for an In-Person Class Pivoting to 100% Online Learning

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on Brightspace for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

Online Proctoring

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

Academic Appeals and Scholastic Offences

Students can file a **request for relief from academic decisions** if the request is based on one or more grounds listed in the policy. Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services sections of this document.

Students may **appeal** some academic and scholastic disciplinary decisions by a Dean or their designate, to the Senate Review Board Academic (SRBA). Students can read more about the policy [here](#) and a link to the procedures is listed in the Support Services section of this document.