

**SCHOOL OF KINESIOLOGY, FACULTY OF HEALTH SCIENCES  
WESTERN UNIVERSITY**

**KINESIOLOGY 3363B  
EXERCISE, SPORT AND THE BODY IN WESTERN CULTURE**

**Winter 2018**

**Instructor:** Robert K. Barney (Bob, b<sup>2</sup>)

**Office:** Alumni Hall, Room 11-J

**Office Hours:** by appointment with instructor

**Email:** [rkbarney@uwo.ca](mailto:rkbarney@uwo.ca)

**Day:** M-W-F

**Time of Course:** 11:30 am - 12:30pm

**Location:** Health Sciences Bldg, Room 35

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

### **Introduction**

***Exercise, Sport, and the Body in Western Culture*** is a survey history of exercise traditions, sport practices, and concepts of the body in Western culture from early human experience to the present; it is an analysis of the cause and effect, form and function of sport, concepts and practices of exercise, physical education, and the body in the cultural heritage of Western peoples.

### **Course Format, Conduct, and Expectations:**

This course is a lecture/discussion senior-level Undergraduate course. The course text, available in the bookstore, is ***History and Philosophy of Sport and Physical Activity*** (authored by Scott Kretchmar, Mark Dyreson, Matt Llewellyn, John Gleaves). A review session (voluntary attendance) will be held each Thursday evening, 6:00-7:00 PM, (starting 18 January 2018) in Room 1220 of the FNB Bldg. (FIMS & Nursing Bldg.) for the purpose of reviewing material presented the previous week. While the use of computers/notebooks for the purpose of note-taking **during class** is permitted, the use of internet, ipods, iphones, blackberries (and facsimile devices), email, texting, msn, face-book, twitter, etc., is strictly prohibited **while in class**.

### **Assignments and Grading:**

1. A mid-term examination, in class, Friday, March 9<sup>th</sup>, 30% of the final grade.
2. A double-spaced 2 page (maximum) critical review of a journal research article assigned from a list presented and assigned by the responsible TA. Due, Wednesday, February 14--20% of final grade.
3. Final Examination (cumulative, that is, material covering the entire course, with heavy accent on material presented after March 7<sup>th</sup>, scheduled during the April exam period (date and time assigned by the Registrar's Office)—50% of the final grade.

## Course/University Policies

**Academic Accommodation:** Students who require **academic accommodation** should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate Academic Counselling office of the student's Faculty/School of registration (ex. KIN students ~ KIN Undergraduate Office), **not** to the instructor, with a request for relief specifying the nature of the accommodation being requested. In the event of a medical request, the documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An "Accommodation Consideration Request Form" found online or in the Kinesiology Undergraduate Office" for ALL such accommodation requests must be submitted into the appropriate Academic Counselling office of the student's Faculty/School of registration. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.

See <https://studentservices.uwo.ca/secure/index.cfm> for specific policy and forms relating to accommodation.

**Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: [http://www.uwo.ca/univsec/handbook/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf).

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (<http://www.turnitin.com>)

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

**Examination Conflict Policy:** "A student who is scheduled to write more than two examinations in any 24-hour period may request alternative arrangements through the office of their Academic Counsellor." *This policy does NOT apply to tests and assignments.* There will be *no* make-up for exams unless the student has received student accommodation (e.g., for medical illness). See "Academic Accommodation" above for details.

**Writing Support Centre:** The Centre can be found on the Registrar Services page at: [www.registrar.uwo.ca](http://www.registrar.uwo.ca) (see "Student Development Centre," and select "Writing Support Centre"). Since this course allocates marks for writing style, grammar, and punctuation, students are strongly encouraged to use the Centre's resources.

**Student Code of Conduct:** The purpose of the Student Code of Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples

of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit <http://www.uwo.ca/univsec/board/code.pdf>.

### **ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES**

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

### **SUPPORT SERVICES**

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>

Students who are in emotional/mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

**Email Policy:** I will do my best to respond within 24 hours of receiving your email (excluding weekends).

## **Course Themes by Week**

Week 1 (Jan. 8/12) --- **Introduction: The Utility, Constants, and Lessons of History**

Week 2 (Jan. 15/19) --- **The Cornerstone: Ancient Greece and the Rise of Body Ethic**

Week 3 (Jan. 22/26) --- **The Beginning of an End: Roman Circuses and Coliseum  
Debauchery**

Week 4 (Jan. 28/Feb. 2) --- **Asceticism and the Body: Medieval Restraints and Exercise  
Malaise**

Week 5 (Feb. 5/9) --- **Revival of Body Ethic: Renaissance and Enlightenment Thinkers &  
Doers**

Week 6 (Feb. 12/16) --- **The Rise of Exercise Systems: Continental Europe & Mother  
England**

Week 7 (Feb. 19/23) --- No Classes – Reading Week

Week 8/9 (Feb. 26/Mar. 7) --- **Westward Ho: The New World and European Sport and  
Exercise Heritage**

## **Week Mid-term Examination (Friday, March 9th)**

Week 10 (Mar. 12/16) --- **The Rise of Sport and Exercise Prescription: 19<sup>th</sup> Century  
America**

Week 11 (Mar. 19/23) --- **The Battle of the Systems: The Triumph of Sport and Games**

Week 12 (Mar. 26/30) --- **A Square Deal for All? The Race Question in Sport and Exercise**

Week 13 (Apr. 2/6) --- **Conclusion: The Place of Sport, Exercise, and the Body in  
Canadian Society**