

School of Kinesiology  
 Faculty of Health Sciences  
 Western University

**KIN 2922R/S/T - Badminton  
 Fall 2017/Winter 2018**

**Instructor:** Jason Kaszycki

**Office Hours:** By Appointment

**Location:** TH Gym

**Phone:** N/A

**Lectures:** TH Gym

**Email:** jkaszycc@uwo.ca

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

**Calendar Course Description:**

This course is designed to present the student with the skills, techniques, rules, strategies and tactics of badminton play. The development of skill technique and execution, together with playing ability will be the primary focus.

**My Course Description:**

This course is designed to present the student with the fundamental skills, techniques, rules, strategies and tactics of badminton play. The development of skill technique and execution, together with playing ability will be the primary focus.

**Anti-requisite(s)!Pre-requisite(s)!Co-requisite(s)**

*You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.*

*Unless you have either the requisites for this course or written special permission from the course department to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.*

**Course Format:**

All classes will be held in TH Gym at your scheduled time. Lecture material will be incorporated into practical on-court time, allowing students the immediate opportunity to apply new skills and concepts into their game play. Friday class is also held in TH Gym, with each student expected to come prepared to play. Each Friday presents the opportunity to learn new skills and provide students additional playing time to demonstrate their abilities.

**Recommended Text:** All material will be presented through OWL.

## Learning Objectives

1. To develop the fundamental skills of badminton.
2. To provide a basic knowledge of rules, equipment, techniques, and the strategies and tactics of badminton.
3. Through instruction, drill, and play, to enable the student to demonstrate the basic skills and knowledge of badminton.
4. To enable the student to analyze the basic skills of badminton and develop the ability to detect and correct common errors of technique and execution.
5. To help the student apply basic biomechanical principles to analyze and evaluate badminton skill.

Students will be responsible for handouts, readings, video provided throughout the course. Students will also be responsible for content presented during class.

## Course Content

### A. Skills

1. Grip; forehand/backhand.
2. Stance and ready position.
3. Movement on the court: to the net, baseline, and sideline.
4. Serves: high and long; low and short; drive. Doubles short; flick.
5. Service return(s): stance / racket.
6. Underhand strokes: clear off forehand and backhand
7. Overhead strokes: clear off forehand and backhand; smash off forehand and backhand; drop off forehand and backhand.
8. Sidearm strokes: drive shots (down the line and cross-court).
9. Net play: hairpin drop off forehand and backhand; tumble
10. Blocks: straight, angled, and drop.

### B. Knowledge(s)

1. Rules: the playing court.
2. Serving and scoring. Lets and faults.
3. Format of play; singles and doubles
4. Safety issues on and off the court.  
Etiquette; conduct on and off the court.

### C. Strategy and Tactics

1. Offensive and defensive.
2. Serving and receiving the serve.
3. Singles vs. doubles (mixed doubles).
4. Angle of return and positioning

### D. Play

1. Competitive drill
2. Single, doubles, some mixed doubles play.
3. Round robin singles, doubles.

## Required Course Material:

All required readings will be posted on OWL.

## Course Evaluation Summary

- |    |                                |     |
|----|--------------------------------|-----|
| 1. | Daily Attendance and Attitude  | 10% |
| 2. | Class and Game Play Evaluation | 20% |
| 3. | Practical Skill Testing        | 40% |
| 4. | Written Examination            | 30% |

Written exam will be held on Friday December 8<sup>th</sup> in the "R" quarter, on Friday February 16<sup>th</sup> in the "S" quarter, and on Friday April 6<sup>th</sup> in the "T" quarter.

## Course Evaluation Details:

1. Daily Attendance: The School of Kinesiology requires active participation in all activity courses. Therefore, a student will receive a 1% deduction from his or her final grade for each unexcused absence. Attitude and active participation in daily drills and scrimmage will be taken into consideration. Students are expected to engage in group/class discussion when discussing rules, strategy, general rules.
2. Class and Game Play Evaluation: Each student is observed daily on their ability to acquire, execute and integrate new serves, shots and strategy into their overall game play. Evaluation will include daily exercises to improve on skills, as well as game play in both singles and doubles matches. The 4<sup>th</sup> and 5<sup>th</sup> weeks are used to evaluate every student through tournament style play, with the 4<sup>th</sup> week focusing on singles play and the 5<sup>th</sup> week focusing on mixed doubles game play.
3. Practical Skill Testing: There are four components to the skill testing; low backhand serve, forehand serve, forehand clear rallying and net rallying. The following will be used to evaluate each component:
  - low backhand serve: obeying the rules of service, flight of shuttle is tight to the top of the net, and shuttle falls closely towards the front service line.
  - forehand serve: obeying the rules of service, flight of the shuttle is as high as possible, flying deep into opponent's service box and falling as close to the back boundary line as possible.
  - forehand clear rally: with a partner, shuttle is served up and a rally begins, with the focus for each player on hitting strong forehand clears. Evaluation is based upon footwork to get into proper position, body position in relation to the net, proper mechanics of execution, striking the shuttle high and deep enough to not only showcase your own ability to hit the shot, but to also allow your partner the opportunity to get into a proper position as well. This allows him/her to hit a strong return and gives you the chance to continue a clean rally.
  - net rally: partners will stand near the front service line on opposite sides of the net to start. A low backhand serve starts the rally and the players are expected to have an extended net rally, focusing on proper net shots and hairpin net shots. Evaluation is based on proper footwork, lunging towards the shuttle, mechanics of the shot, and keeping the flight of the shuttle as tight to the top of the net and tumbling as tight to the opponents side of the net as possible.
4. Written Examination: The written examination will be a mixed format, consisting of multiple choice questions, diagrams and short answers. Short answers may be completed in point form but may also include fill in the blank and listing multiple components to a skill or strategy. Students will have 60 minutes to complete the written examination.

## Course/University Policies

1. **Lateness/Absences\*\***: Assignments will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination\* without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.

2. **Written documentation**:. Students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate Academic Counselling office of the student's Faculty/School of registration (ex. KIN students ~ KIN Undergraduate Office), not to the instructor, with a request for relief specifying the nature of the accommodation being requested. In the event of a medical request, the documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An "Accommodation Consideration Request Form" found online or in the Kinesiology Undergraduate Office" for ALL such accommodation requests must be submitted into the appropriate Academic Counselling office of the student's Faculty/School of registration. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.

See <https://studentservices.uwo.ca/secure/index.cfm> for specific policy and forms relating to accommodation.

3. **Grades**: Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

15% of course grades will be posted by the last day to drop a course.

4. **Scholastic offences**: They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

[http://www.uwo.ca/univsec/handbook/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf).

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (<http://www.turnitin.com>)

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

5. **Formatting** (as recommended by the course instructor): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.). (2009). Washington, DC: American Psychological Association.

6. According to the **Examination Conflict policy**, “A student who is scheduled to write more than two examinations in any 24-hour period may request alternative arrangements through the office of their Academic Counsellor.” \*This policy does NOT apply to mid-term examinations. There will be no make-up for the mid-term exam. Students who miss this exam with a valid reason will have the final re-weighted accordingly.

7. **Classroom Behaviour**: Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. I reserve the right to lock the classroom door and deny entrance if lateness becomes a common occurrence. Excessive talking during class time is disruptive, disrespectful, and will not be tolerated. Students engaging in such behaviour may be asked to leave the room. Cellular phones, pagers, and text-messaging devices are disruptive when they ring in class. If you must bring these with you, please place them on silent mode or turn them off during class. Failure to do so may result in your being asked to leave.

8. **Laptops** for the purpose of typing lecture **notes are permitted in class**, but please be respectful to your fellow students and turn the sound off. If I receive complaints from other students regarding noise or other disruptive behaviour (e.g., watching videos on YouTube.com, updating your Facebook status, playing Solitaire), your classroom laptop privileges will be revoked.

9. Audio and/or videotaping of lectures is not permitted unless approval has been sought from the instructor in advance.

### **STUDENT CODE OF CONDUCT**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit

<http://www.uwo.ca/univsec/board/code.pdf>

### **ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES**

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

## SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>

Students who are in emotional/mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.

## Tentative Schedule

Week of	Topic	Readings
Week 1	Introduction to badminton, rules and court positioning. Low backhand serve, forehand serve, forehand clear	*All course material presented through OWL.
Week 2	Footwork around the court, backhand clear, mini games	
Week 3	Net Play, Drop Shots	
Week 4	Singles Tournament	Class divided into 2 separate sessions for each day. Opportunity to evaluate each student on their ability to handle themselves both offensively and defensively on the singles court and apply all aspects of shot selection and strategy to their game.  All students will be ranked based on skill level to help create balanced teams for doubles week.
Week 5	Doubles Tournament	Teams will be created following the previous weeks evaluations. Teams will begin a 2 day ladder tournament in random position and all wins/losses will be recorded, as well as score in order to determine the top teams.
Week 6	Practical Evaluation and Written Exam	Day 1 will consist of backhand and forehand serves. Day 2 will consist of forehand clear and net play. Written exam will be held on the Friday