

School of Kinesiology
 Faculty of Health Sciences
 Western University

**KIN 2902/R/S/T – Basketball Practicum: Skill Development
 Fall 2017/Winter 2018**

Instructor: Jason Kaszycki

Office Hours: by appointment

Location: M/W or T/Th-Thames Hall Gym

Phone: N/A

Lectures: F-Somerville House Rm 3355

Email: jkaszycki@uwo.ca

NOTE: All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

Calendar Course Description:

The development of skilled performance in selected basketball activities as well as a study of some key principles in teaching these activities in physical education. The application of principles of biomechanics, learning progressions, error detection/correction methods, and safety considerations in teaching these activities.

My Course Description:

An introductory basketball skills course that focuses on the fundamental skills and tactics used in game situations. The course will also involve principals of biomechanics, motor learning, rules, teaching progressions, detection and correction of errors and safety considerations in teaching and/or coaching basketball.

Anti-requisite(s)!Pre-requisite(s)!Co-requisite(s)

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Unless you have either the requisites for this course or written special permission from the course department to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Course Format:

Lectures: Monday/Wednesday or Tuesday/Thursday – Thames Hall Gym; Friday – Somerville House Room 3355

Recommended Text: None.

Learning Outcomes:

1. To study and experience primarily through “learning by doing” the fundamental methods of developing skilled technique in basic basketball skills and tactics. In addition the student should be able to describe key teaching points related to these skills and tactics.
2. Through group work and cooperative learning, develop competence in demonstrating all the skills covered in the course and in the detection and correction of skill performance errors.
3. To examine some fundamental principles of skill development as it relates to the sport of basketball.
4. To acquire basic tactical knowledge and incorporate it into game situations.
5. To introduce students to the fundamental rules and terminology of the game of basketball.
6. To acquire a positive image of the activity.

COURSE CONTENT

WEEK ONE

Introductory Meeting
Initial Evaluation
Movement Fundamentals
Passing
Rule Review
Tournament Play

WEEK TWO

Dribbling
Shooting (One Hand Set Shot and Jump Shot)
Tournament Play

WEEK THREE

Shooting (Set Shot, Lay-Up), Positional Review
Player Movement, Getting Open, V-Cut
Full Court Scrimmage

WEEK FOUR

Posting Up, Sky Hook, Down Low Offense
Defense
Full Court Scrimmage

WEEK FIVE

Rebounding, Review
2 on 2 Offense/Defense
Written Exam

WEEK SIX

Practical Evaluation/Scrimmage
Practical Evaluation/Scrimmage
Practical Evaluation/Scrimmage

STUDENT RESPONSIBILITIES

Students are required to attend every class. If a student cannot participate in a class due to injury, they are expected to attend and assist their classmates through cooperative learning and error detection/correction. Students will be penalized 1% for each unexcused absence. Also, participation in class discussion in both gym and classroom sessions will count towards the participation/attendance portion of your grade. This will also take into account student participation and volunteering to help demonstrate skills in class.

EVALUATION

Practical Evaluation – 60%

The grade is achieved through skill testing (50%) and game play that occurs throughout the course (10%). You will be tested on specific skills taught during the course, as well as a practical evaluation of a randomly selected skill during the final week of class.

Theory Evaluation - 30%

Written Test - based on material covered in the course and from provided slideshows.

Attendance & Participation – 10%

As indicated above, students will be graded on class attendance and participation. This will include volunteering for skill demonstration in gym class and answering questions in group discussions.

BASKETBALL

General Rules/Information

Playing Court

-side lines, end lines(inside edges define the inbounds and out of bounds area), half-court/center/division line
-three-point line, free-throw line, free-throw lane, backboard

Terminology/Rules

Triple Threat Position: being in a position to pass, shoot or dribble

Staying Live with the Ball: continuing your dribble until a clear passing or shooting option arises

Blocking: illegal personal contact that impedes the progress of an opponent

Charging: illegal personal contact caused by pushing or moving into an opponent's torso

Foul: is an infraction against the rules which is charged and penalized

Legal/Illegal use of the Hands/Arms: (example: guarding) which does not constitute a foul

Jump Ball: is a method of putting the ball into play to start the game and each extra period

Throw-In: is a method of putting the ball into play from out of bounds

Traveling: is moving a foot or feet in any direction in excess of the prescribed limits while holding the ball

Double Dribble: a player may not dribble a second time after his or her first dribble has ended

Three Second Violation: an offensive player shall not remain for three seconds in that part of his or her free-throw lane between the end line and the farther edge of the free-throw line while the ball is in control of his or her team

Course/University Policies

1. **Lateness/Absences:** Assignments are due as per the instructor and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination, if applicable without appropriate documentation will result in a zero (0) grade.

2. **Written documentation:** Students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with the professor and Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate Academic Counselling office of the student's Faculty/School of registration (ex. KIN students ~ KIN Undergraduate Office), not to the instructor, with a request for relief specifying the nature of the accommodation being requested. In the event of a medical request, the documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An "Accommodation Consideration Request Form" found online or in the Kinesiology Undergraduate Office" for ALL such accommodation requests must be submitted into the appropriate Academic Counselling office of the student's Faculty/School of registration. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.

See <https://studentservices.uwo.ca/secure/index.cfm> for specific policy and forms relating to accommodation.

3. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

15% of course grades will be posted by the last day to drop a course.

4. **Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf.

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (<http://www.turnitin.com>)

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

5. **Formatting** (as recommended by the course instructor): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.). (2009). Washington, DC: American Psychological Association.

6. According to the **Examination Conflict policy**, Please see the Office of the Registrar policy on Exam Conflict and Multiple Exam Situations
www.registrar.uwo.ca/examinations/exam_schedule.html

7. **Classroom Behaviour**: Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. Please keep all electronic devices on silent and avoid distracting classmates. .

8. **Laptops** for the purpose of typing lecture **notes are permitted in class**, but please be respectful to your fellow students and turn the sound off. If I receive complaints from other students regarding noise or other disruptive behavior laptop privileges will be revoked.

9. Audio and/or videotaping of lectures is not permitted unless approval has been sought from the instructor in advance.

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit

<http://www.uwo.ca/univsec/board/code.pdf>

ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>

Students who are in emotional/mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.