Western University - School of Kinesiology

KIN 2929Q Soccer Skills

Course Duration: Monday, September 12th to Friday, October 21st, 2016

Course Times: 10:30 am - 12:30 pm

Classroom: Fridays, 10:30am - 11:30am or 11:30am - 12:30pm

Field: Mustang Soccer Field

Instructor: Rock Basacco

Course Description:

This course will introduce students to the technical, tactical and theoretical components of soccer in order to develop the skills to both play and coach (teach) the game. The study of the key coaching factors of the fundamental techniques and skills, and how to develop them through progressions, will be emphasized. Students will be involved in presenting the key factors of a technique/skill in a training session format. The session will include a soccer related warm-up activity, technique/skill specific drills and a small-sided game, for a specific age level. Students will also develop an understanding of the Laws of the Game, Set Plays on Attack and Defence (Restarts), Basic Team Tactics and Systems of Play.

Course Objectives:

- Develop a knowledge and understanding of the Laws of the Game, Restarts, Basic Team Tactics and Systems of Play
- Develop an understanding of the Key Factors of the techniques/skills involved in soccer, in order to develop your own abilities and skills in the game
- Develop the ability to prepare, organize and conduct effective training sessions for age specific groups
- Develop an understanding of the game of soccer in a healthy, competitive and fun environment

Course Evaluation:

- Theoretical Examination 30%
 - Written exam will cover Laws, Key Factors (teaching points of technique/skill development),
 Restarts, Tactics and Systems of Play, etc.
- Technical Evaluation 60%
 - Individual Technical Skill Testing (30%)
 - Transfer of Skills to Game Play (10%)
 - Group Presentation of a Technique/Skill (20%)
- Participation 10%
 - Overall Effort, Attitude, and Participation (10%)

Class Requirements:

Participation is very important. Please arrive at the field with correct clothing (proper shoes and shin pads) and ready to participate. It is strongly recommended that you bring a water bottle with you. The weather in September and October can be hot and/or raining, so bring the appropriate clothing to play in both conditions. If the weather is an issue, there will be a posting on the course site indicating where the class will be held (Alumni Hall, Thames Hall Gym). Each class will end with either a small-sided game or an 11 v 11 scrimmage to apply the technique/skills developed in class. The soccer field is located behind TD Waterhouse Stadium.

Course Schedule:

Week 1: Dribbling, Passing and Receiving the Ball, Creating Space

• Basic Rules and Field of Play (Lecture)

Week 2: Shooting, Goalkeeping and Heading the Ball

- Positional Responsibilities and Systems of Play (Lecture)
- Practical Evaluation (#1)

Week 3: Attacking Team Play

- Restarts Attack and defence (Lecture)
- Technique/Skills Presentation by Groups

Week 4: Defending Team Play

- Team Tactics (Lecture)
- Technique/Skills Presentation by Groups

Week 5: Practical Evaluation and Presentations

- Thanksgiving NO CLASS ON MONDAY OCTOBER 10th
- Practical Evaluation (#2)
- Technique/Skills Presentation by Groups

Week 6: Course Review and Presentations

- Technique/Skills Presentation by Groups
- Written Exam (Friday October 23rd)

Course Evaluation Summary:

Individual Technical Skill Testing	30 %
2. Group Presentation of a Technique/Skill	20 %
3. Transfer of Skills to Game Play	10 %
4. Overall Effort, Attitude, and Participation	10 %
5. Final Exam	30 %

Course/University Policies

- 1. **Lateness/Absences**: Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the Undergraduate office. A missed mid-term examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.
- 2. Written documentation: Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate *Academic Counselling Office* of the student's Faculty/School of registration not to the instructor, with a request for relief specifying the nature of the accommodation being requested. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.

See https://studentservices.uwo.ca/secure/index.cfm for specific policy and forms relating to accommodation.

- 3. **Grades**: Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.
- 4. **Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf.
- A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers might be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (http://www.turnitin.com)

- B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.
- 5. **Formatting** (as recommended by the course instructor): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.). (2009). Washington, DC: American Psychological Association.
- 6. According to the **Examination Conflict policy**, "A student who is scheduled to write more than two examinations in any 24-hour period may request alternative arrangements through the office of their Academic Counsellor." **This policy does NOT apply to mid-term examinations.** There will be no make-up for the mid-term exam. Students who miss this exam with a valid reason will have the final re-weighted accordingly.
- 7. **Classroom Behaviour**: Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. I reserve the right to lock the classroom door and deny entrance if lateness becomes a common occurrence. Excessive talking during class time is disruptive, disrespectful, and will not be tolerated. Students engaging in such behaviour may be asked to leave the room. Cellular phones, pagers, and text-messaging devices are disruptive when they ring in class. If you must bring these with you, please place them on silent mode or turn them off during class. Failure to do so may result in your being asked to leave.
- 8. Laptops for the **purpose of typing lecture notes** are permitted in class, but please be respectful to your fellow students and turn the sound off. If I receive complaints from other students regarding noise or other disruptive behaviour (e.g., watching videos on YouTube.com, updating your Facebook status, playing Solitaire), your classroom laptop privileges will be revoked.
- 9. Audio and/or videotaping of lectures is not permitted unless approval has been sought from the instructor in advance.

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit http://www.uwo.ca/univsec/board/code.pdf

ENGLISH PROFICENCY FOR THE ASSIGNMENT OF GRADES

Visit the website http://www.uwo.ca/univsec/handbook/exam/english.pdf

SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

- 1. Student Development Centre -- http://www.sdc.uwo.ca/ssd/
- 2. Student Health -- http://www.shs.uwo.ca/student/studenthealthservices.html
- 3. Registrar's Office -- http://www.registrar.uwo.ca/
- 4. Ombuds Office -- http://www.uwo.ca/ombuds/