



Intent to Register

Foods and Nutrition

What is Intent to Register?

- Intent to Register (ITR) is your opportunity to let Western know you will be returning the following year and what program/module you wish to be considered for.
- All 1st year students who plan to return to Western in the Fall need to fill out their ITR.
- Senior students who are making a change to their module(s) and/or program will also complete their ITR.
 - Senior students looking to continue in their current program do not need to complete ITR.

When is Intent to Register?

- **February 25th – March 31st, 2026**

Timeline:

May – BSFNS Academic Advising evaluates all academic work after final grades are posted (this process is called adjudication)

June - Find out which program you have been placed in by logging into your Student Centre

July - Select courses for next year (the specific date will be posted on your Student Centre)

How do you complete Intent to Register?

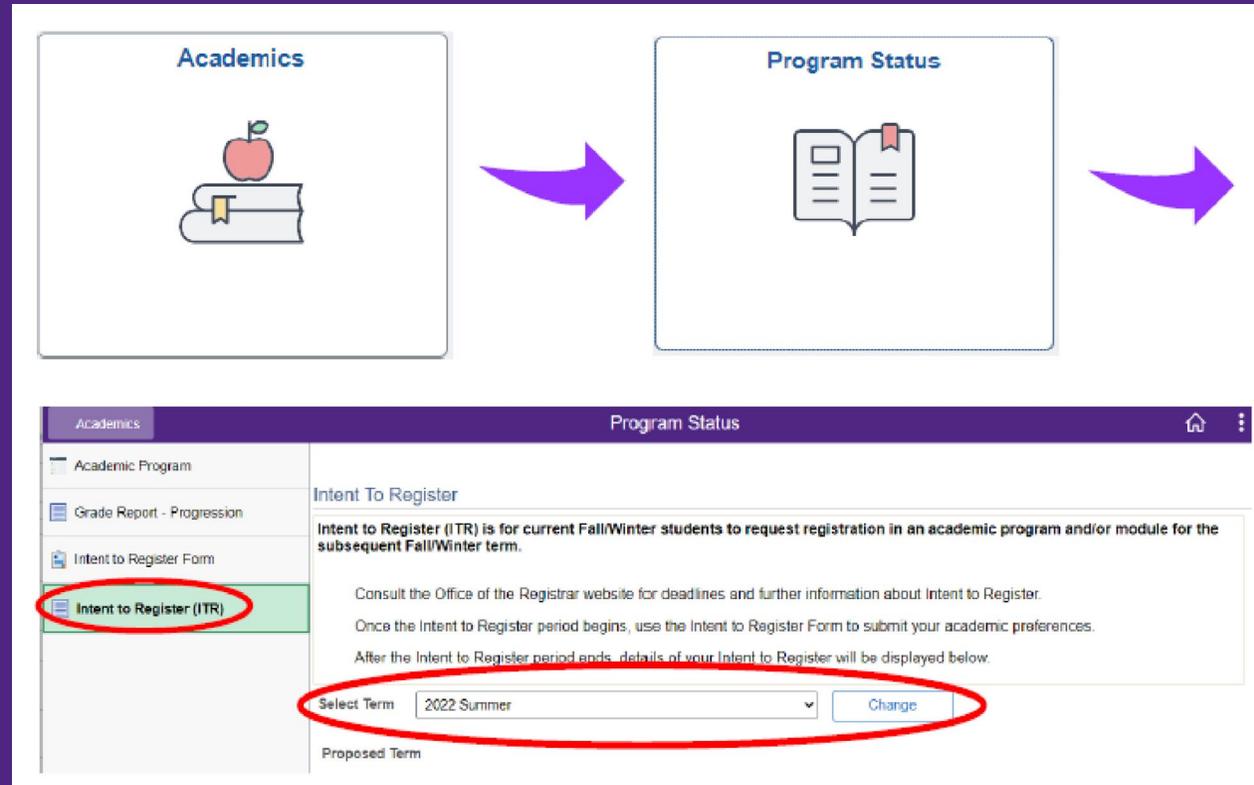
To submit your intent to register click the Academics tile and then the Program Status tile and choose Intent to Register Form.

The diagram illustrates the navigation path. It starts with a box labeled 'Academics' containing an icon of a stack of books with an apple on top. A purple arrow points to a box labeled 'Program Status' containing an icon of an open book. A second purple arrow points to the right, indicating the next step in the process.

A screenshot of the Academics menu is shown below the diagram. The menu is titled 'Academics' and contains the following items: 'Academic Program', 'Grade Report - Progression', 'Intent to Register Form', and 'Intent to Register (ITR)'. The 'Intent to Register Form' item is circled in red, indicating it is the correct choice for the next step.

*You can access the system as many times as you want to make changes during the ITR period.
Your most recent submission will save.*

How do you view submitted Intent to Register?



To view your previously submitted Intent to Register forms in Student Center, go to "Academics" > "Program Status" > "Intent to Register (ITR)"

Step-by-Step Guide to Submit an Intent to Register (ITR)

What is a module?

Programs of study

*Major, Minor, Specialization, Honours
Specialization*

Current module (first year students):

*4 Year Bachelor of Science (Foods and
Nutrition) BScFN*

Foods and Nutrition Modules

- Honours Specialization in Nutrition and Dietetics
- Honours Specialization in Foods and Nutrition
- Specialization in Foods and Nutrition

Concurrent and Combined Degree Programs

Concurrent Degree Programs (5 Years)

- 4 Year Bachelor of Science (Foods and Nutrition) – **Honours Specialization in Nutrition and Dietetics** with a 3 Year Bachelor of Arts – **Major in Kinesiology**
- 4 Year Bachelor of Science (Foods and Nutrition) – **Honours Specialization in Nutrition and Dietetics** with a 3 Year Bachelor of Health Sciences – **Major in Health Sciences**

Combined Degree Program (5 Years)

- 4 Year Bachelor of Science (Foods and Nutrition) – **Honours Specialization in Nutrition and Dietetics** with a 4 Year Bachelor of Arts in **Honours Business Administration (HBA)**.

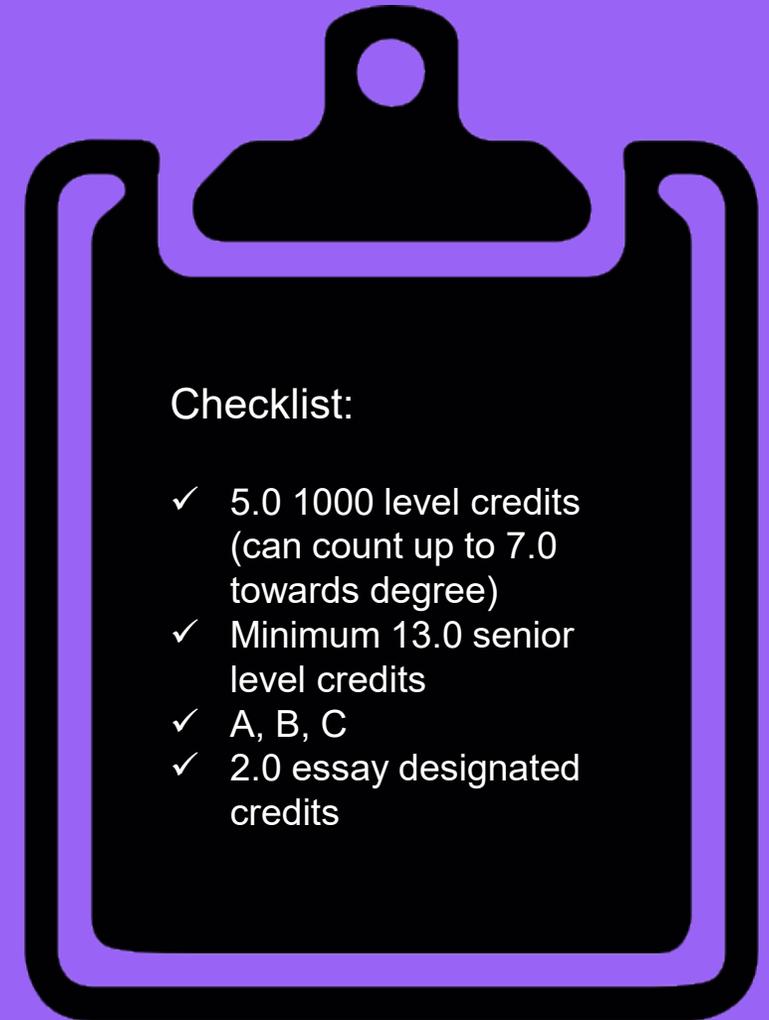
*Concurrent and Combined Degree programs will require a manual ITR.
Please contact fnsinfo@uwo.ca for assistance*

Degree Types

Four-year degree = 20.0 credits

- Honours (70% - 75% modular average, 60% minimum grade for all module courses, 65% cumulative average, no course fails)
- Non-honours (60% cumulative average)

Three-year degree = 15.0 credits (Foods and Nutrition students would not be eligible for a 3-year degree based on module)



Module Combinations

DEGREE TYPES	AVAILABLE MODULES COMBINATIONS
Honours Bachelor Degree (4 year)	Honours Specialization Honours Specialization + Major Honours Specialization + Minor Major + Major
Bachelor Degree (4 year)	Specialization Specialization + Major Specialization + Minor Major + Major Major Major + Minor Major + Minor + Minor
Bachelor Degree (3 year)	Major Major + Minor Minor + Minor

Additional Modules

- It is not mandatory to select an additional Minor or Major
- Minors are not printed on your diploma
- Additional modules do not impact admissibility into professional programs
- Adding additional modules may increase the amount of time it takes to complete your degree
- Additional minors and majors can be dropped or added at any point during your degree

Progression Requirements

Honours Specialization in Nutrition and Dietetics

ADMISSION REQUIREMENTS

Completion of first-year requirements with no failures. Students must have an average of at least 75% in the following courses with no grade below 60%:

Chemistry 1301A/B and Chemistry 1302A/B

Biology 1290B

Physiology 1021

Foods and Nutrition 1070A/B

Foods and Nutrition 1241A/B

Progression Requirements

Honours Specialization in Foods and Nutrition

ADMISSION REQUIREMENTS

Completion of first-year requirements with no failures. Students must have an average of at least 70% with no grade below 60% in the following courses:

Chemistry 1301A/B and Chemistry 1302A/B

Biology 1290B

Foods and Nutrition 1070A/B

Foods and Nutrition 1241A/B

Physiology 1021

Progression Requirements

Specialization in Foods and Nutrition

ADMISSION REQUIREMENTS

Completion of first year requirements with no failures. Students must have a minimum of at least 60% in the following courses:

Chemistry 1301A/B, Chemistry 1302A/B

Biology 1290B

Foods and Nutrition 1070A/B

Foods and Nutrition 1241A/B

Physiology 1021

Progression (Upper Year Students)

- Upper year students looking to progress into the **Honours Specialization in Nutrition and Dietetics** must meet the following:
 - Minimum 60% grade in all module pre-requisite courses
 - Minimum 60% grade in all senior level module courses completed at the time of adjudication in May
 - Minimum 75% overall average in all senior level module courses completed at the time of adjudication in May
 - Overall cumulative average of 65%
 - No course fails

Summer Courses

- We will re-adjudicate a student's file after completion of summer course(s). For example, if you receive a grade below 60% in Chemistry 1301A during fall you can choose to repeat it in summer. If you meet module admission requirements after completion of summer course(s) you can progress into the module for September
- Pre-requisite courses typically* offered in Summer:
 - Chemistry 1301A
 - Chemistry 1302B
 - Physiology 2130 (we will use in place of Physiology 1021)
 - Foods and Nutrition 1070A

**please confirm summer offerings on the Summer 2026 timetable*

ITR Important Information

- If you are looking to continue in a Foods and Nutrition module next year, this should be your first choice on the Intent to Register application
- The Honours Specialization in Nutrition and Dietetics is our accredited module – for students looking to become a Registered Dietitian in Canada
- **We complete a comprehensive review. If you do not qualify for your first choice, we will automatically review you for the next highest-level module for which you qualify prior to the review of your second choice.**

Example: Honours Specialization in Nutrition and Dietetics – Honours Specialization in Foods and Nutrition – Specialization in Foods and Nutrition

What If...

- **First-year students:** what if you do not meet the minimum requirements to remain in the Brescia School of Food and Nutritional Sciences (i.e. module pre-requisite below 60%, failed module pre-requisite etc.)
 - Did you face extenuating circumstances? If so, submit letter of support to be reviewed by our Progressions and Admissions Committee
 - If no letter of support is received, will be reviewed for 2nd ITR choice or moved to Undeclared (Arts, Social Science or Science)
- **Upper year students:** what if you do not meet the minimum requirements to remain in your current module (i.e. currently in Honours Specialization module and have a module grade below 60%, currently in Honours Specialization in Nutrition and Dietetics module and have a modular average below 75%)
 - Did you face extenuating circumstances? If so, submit letter of support to be reviewed by our Progressions and Admissions Committee
 - If no letter of support is received, will automatically be reviewed for the next highest-level module you qualify for

Letter of Support

- First year students not eligible to progress into a Brescia School of Food and Nutritional Sciences module that had extenuating circumstances impact their academic performance are encouraged to complete a Letter of Support
- Upper year students not eligible to progress in their current module that had extenuating circumstances impact their academic performance are encouraged to complete a Letter of Support
- Students who submit a letter will be reviewed on a case-by-case basis by a Progressions and Admissions Committee and will receive a letter with the decision.

The letter must be submitted to fnsinfo@uwo.ca by April 30. A copy of the letter can be found on our website under “Intent to Register”. Students must submit copies of supporting documentation along with their Letter of Support.

<https://www.uwo.ca/fhs/fns/undergrad/academic-advising/registration/intent-register.html>

Intent to Register (ITR) Demo

Additional Questions?

Brescia School of Food and Nutritional Sciences Academic Advising Office

fnsinfo@uwo.ca



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