



FORGE AHEAD

NEWSLETTER

Transformation of Indigenous Primary Healthcare Delivery
(FORGE AHEAD):

Community-driven Innovations and Scale-up Toolkits

ISSUE 7, DECEMBER 2015

FORGE AHEAD LAUNCHES WAVE 2 WITH QI WORKSHOPS IN NOVEMBER 2015

November 2015 was the launch of the quality improvement (QI) activities for the second wave of partnering communities beginning their journey in FORGE AHEAD. Clinical Team members (17) and Community Team members (19) from our five Wave 2 partnering communities: Cowichan Tribes (BC), Seabird Island Band (BC), Opaskwayak Cree Nation (MB), Saugeen First Nation (ON), and Miawpukek First Nation (NL), attended the first QI workshops. Clinical Team members attended a two-day workshop on November 2-3, 2015 while Community Team members came together on November 4-5, 2015 in London, ON. The workshops integrated educational plenary sessions and breakout sessions where trained Community Facilitators led their teams in designing QI initiatives that align with community priorities and available resources. Expert presentations were given by Mike Hindmarsh (Hindsight Healthcare), Dr. Stewart Harris (Western University), Dr. Lloy Wylie (Western University), and Betty Harvey & Amanda Mikalachki (St. Joseph's Healthcare London, Primary Care Diabetes Support Program). Championed in their communities by the Community Facilitators, Teams are now armed to begin to make the small tests of change they designed at the workshop using the Plan-Do-Study-Act cycle tool. We welcome and introduce our Wave 2 Community Facilitators in this newsletter.

INSIDE THIS ISSUE:

QI Workshop #1	1
Facebook	2
QI Workshop #3 WAVE 1	2
Community Advisory Boards (CAB)	3
Wave 2 Community Facilitators	3
Wave 2 Data Coordinators	4
Forge Ahead Website	5
Knowledge Translation	6
Steering Committee Meeting 2015	6
FA Team News	7
Contact Us	8



Clinical Teams at the QI Workshop, November 2-3, 2015



Community Teams at the QI Workshop, November 4-5, 2015

For more pictures and
comments go to our
Facebook Page:

[https://www.facebook.com/
FAProgram](https://www.facebook.com/FAProgram)



MORE PICTURES FROM THE WORKSHOPS CAN BE SEEN ON OUR FACEBOOK PAGE

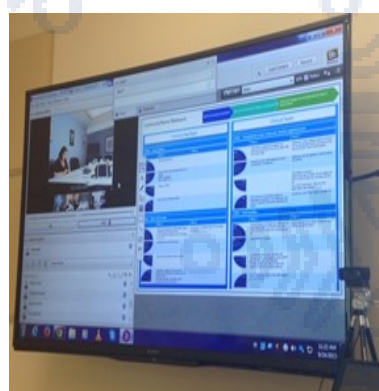
We encourage everyone to **like our Facebook page** and share their QI journeys with other community partners and Teams' members. What PDSAs are you testing? What are some of your successes and challenges? Our FORGE AHEAD Facebook page is one way you can connect with other communities and share resources, tools and experiences. **Upload photos of your Teams at work and videos of events.** – Let's all remember to celebrate our successes!

www.facebook.com/FAProgram



LAST WAVE 1 QI WORKSHOPS HELD IN SEPTEMBER

Our final workshop in the series of 3 was held with our Wave 1 partnering communities on September 23 and 24, 2015. Our Community Facilitators, their Clinical and Community Team members joined the Western Team by tele/videoconference from the comfort of their own communities. The one-day Community Teams workshop included a plenary session on the "Social Ecology of Stress and Diabetes among Indigenous Populations" presented by Dr. Lloy Wylie (Western University) and a motivational presentation and discussion on sustaining QI efforts in the communities led by Roger A. Boyer II from the N'Mninoeyya Aboriginal Health Access Centre (AHAC) in Ontario. The Clinical Teams' members appreciated Cheryl Mayer's (London Health Sciences Centre) presentation on "Bridging the Gap for Effective Self-Management using Motivational Interviewing" as well as the sustainability presentation and discussion with Roger A. Boyer II.



COMMUNITY ADVISORY BOARDS (CABS)



As Wave 1 of FORGE AHEAD draws to an end in early 2016, we would like to once again emphasize the importance of the CABS developed specifically for FORGE AHEAD or any pre-existing committees that can serve to guide the Western Team on critical next steps such as dissemination of results and lessons learned. Discussions have begun with each of our Wave 1 partnering communities around the types and methods of dissemination they feel would benefit their community the most. If you have a CAB or a pre-existing committee that is interested in serving this function, please let us know at forgeahead@schulich.uwo.ca.

MEET OUR FANTASTIC WAVE 2 COMMUNITY FACILITATORS



We welcome our Wave 2 Community Facilitators to FORGE AHEAD and acknowledge them as QI champions as they work in their communities! The role of the Community Facilitator is not an easy one as many are taking on this role on top of their current full-time positions in their communities. The Community Facilitator plays an integral role in helping their communities pave the way to improve diabetes prevention and care by:

- Coaching their Clinical and Community Team members in developing, implementing and evaluating small tests of change (PDSAs)
- Ensuring their Clinical and Community Team members meet regularly as they work on their QI initiatives
- Documenting all PDSAs, meetings and communication with the Western Team

From left to right – Marie Jebb, Danna Hadden, Rennie Nawash, Bonnie Nickel, and (absent) Theresa O'Keefe.

Wave 2 Community Facilitators:

Danna Hadden, Cowichan Tribes, BC

Theresa O'Keefe, Miawpukek First Nations, NL

Marie Jebb, Opaskwayak Cree Nation, MB

Rennie Nawash, Saugeen First Nations, ON

Bonnie Nickel, Seabird Island Band, BC

INTRODUCING OUR SKILLED WAVE 2 COMMUNITY DATA COORDINATORS

The hard work of our Community Data Coordinators is important in diabetes QI and cannot go unrecognized! They are responsible for all chart audits, data input and generating reports in the web-based First Nations Diabetes Surveillance System (FNDSS). Their efforts will help guide the QI work in their communities as the surveillance data can be used to identify priority areas to target PDSAs and to evaluate on-going PDSAs their Teams are doing.

FNDSS can be accessed at www.fndss.ca.

All our Community Data Coordinators have a wealth of experience working in the healthcare system and have a nursing background which is instrumental in this role. Training has been provided to each Community Data Coordinator on an individual basis via video-conferencing across two sessions (2hrs each). Training focuses on their roles and responsibilities, activity timeline and use of the FNDSS system for data entry and reporting purposes. Hands-on practice in navigating and entering data into the system is included as part of the training sessions.

Each Community Data Coordinator has been provided with a laptop and video-conferencing accessories that will be used in the registry and surveillance activity.

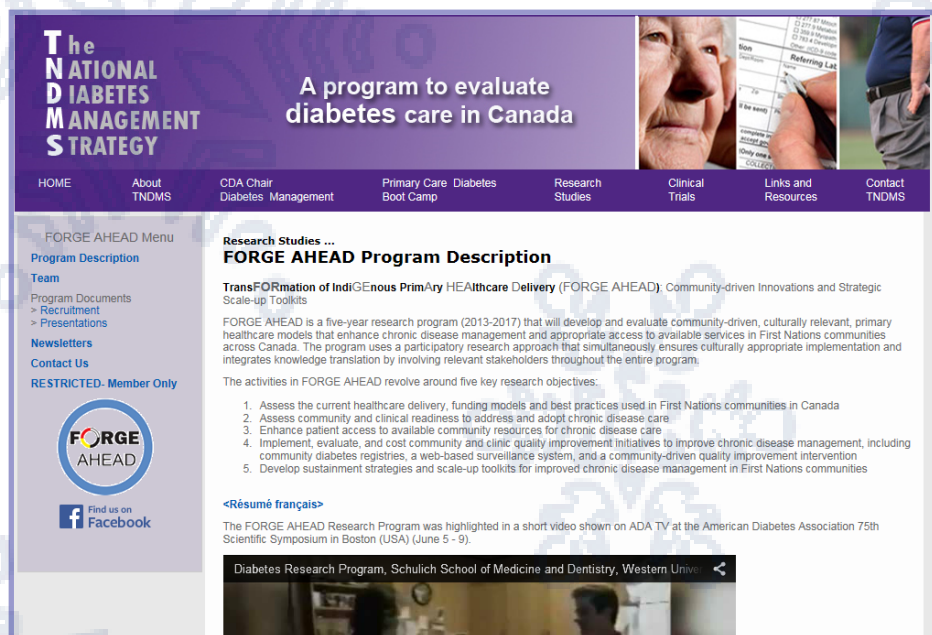
The screenshot displays the homepage of the FORGE AHEAD website. The header features the title "Transformation of Indigenous Primary Health Care Delivery" and the FORGE AHEAD logo. Below the header, there is a navigation bar with "Home" and "Log In" links. The main content area includes a description of the First Nations Diabetes Surveillance System (FNDSS) and the FORGE AHEAD program. A sidebar on the right contains links for "Resources" (Program descriptions, community surveys, News and Events, Contact Us) and "Funding Partners" (Production of this tool has been made possible through a financial contribution from CIHR and Lawson Foundation). The footer includes contact information for Jim Esler, Program Assistant, and logos for Schulich, Western, and CIHR IRSC.

Wave 2 Community Data Coordinators:

April DeYaeger, Cowichan Tribes, BC
 Maggie Organ, Miawpukek First Nations, NL
 Carla Constant, Opaskwayak Cree Nation, MB
 Lori Sinclair, Saugeen First Nation, ON
 Bonnie Nickel, Seabird Island Band, BC

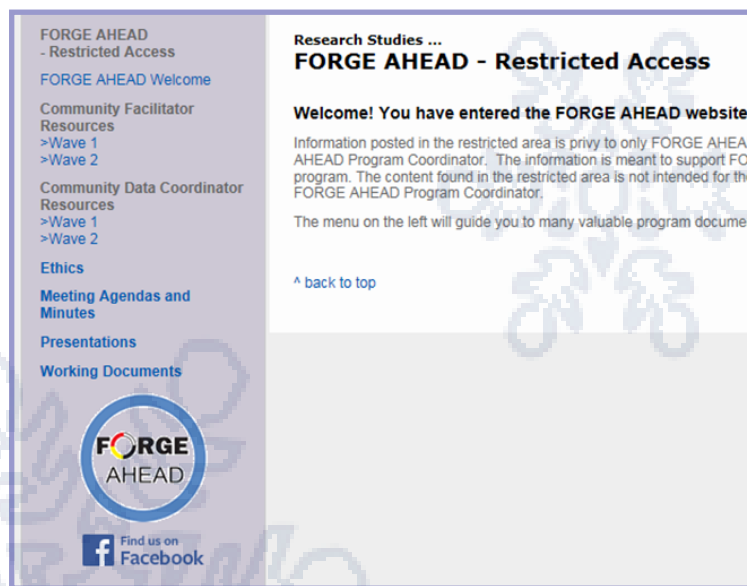
FORGE AHEAD WEBSITE A GREAT RESOURCE

We encourage the entire FORGE AHEAD Program Team to visit our website frequently to access presentations, program materials, resources and updates www.tndms.ca/forgeahead/



The **Restricted – Member Only Section** contains resources for Community Facilitators, Data Coordinators, Overall Program documents such as The Policy on Authorship & Scholarly Publications and the Publication Plan, Meeting Agendas and Minutes, and Project Specific documents. Ethically approved protocols and documents are also available in the restricted area.

You'll find all of our presentations – including all workshop presentations – on the FORGE AHEAD website.



KNOWLEDGE TRANSLATION AT THE 2015 INTERNATIONAL DIABETES FEDERATION CONFERENCE, VANCOUVER

!



On behalf of the FORGE AHEAD Program Team, Dr. Stewart Harris is presenting:

- Poster (December 1) "Development and Implementation of a Chronic Disease Community Readiness Consultation Tool: FORGE AHEAD Program"
- Poster (December 1) "FORGE AHEAD Program: Assessing Clinical Readiness for Chronic Disease Care Mobilization in Canadian First Nations"
- Symposium (December 1) "Developing Community-driven Quality Improvement Initiatives to Enhance Chronic Disease Care in First Nations: The FORGE AHEAD Program"

2015 STEERING COMMITTEE MEETING

Good attendance with 30 people participating in the annual Steering Committee Meeting held by teleconference on October 8, 2015 to discuss and celebrate the progress to date in Year 2 and to plan for Year 3 implementation. The Community Profile Survey including the distribution of final reports is completed, Wave 1 partnering communities have progressed substantially with their QI initiatives in 2015, and Wave 2 communities were recruited and will continue their QI efforts in 2016. Data analysis and knowledge exchange activities will expand in Year 3.

SCALE-UP TOOLKIT DEVELOPMENT HAS BEGUN

Plans for the development of the FORGE AHEAD Scale-up Toolkits and the corresponding dissemination plan have begun in partnership with the First Nations and Inuit Health Branch (FNIHB), Health Canada. The development of the Scale-up Toolkit will consist of integration of tools from FORGE AHEAD and those developed by Health Canada as part of their Quality Resource Kit and Quality Journey Road Map. Development of additional tools/resources based on lessons learned in the implementation of FORGE AHEAD and a review of other quality improvement and evaluation resources will strengthen the toolkits. Strategic input and reviews will be sought in 2016!



FORGE AHEAD TEAM NEWS

Mariam Naqshbandi Hayward, Lead Program Coordinator, will be going on maternity leave in early 2016 and as such transitions within the FORGE AHEAD Program are underway. Mariam is anticipated to return in March 2017.

Holiday Office Hours:

Closed: December 24, 2015– January 1, 2016

Please note that the Western FORGE AHEAD Team will not be available from December 24 to January 1.



Happy
Holidays!

WE WISH EACH AND EVERY ONE OF YOU A JOYFUL
AND SAFE HOLIDAY SEASON!!

CONTACT US

Program Coordinator

Mariam Naqshbandi Hayward

Phone: 519-661-2111 ext. 22115

E: mariam.naqshbandi-hayward@schulich.uwo.ca

General Enquiries

Email: forgeahead@schulich.uwo.ca

Phone: 519-858-5028

Fax: 519-858-5029

Toll-free: 1-855-858-6872

Mailing Address

Centre for Studies in Family Medicine
Schulich School of Medicine & Dentistry
Western University
Western Centre for Public Health and Family Medicine
1151 Richmond St
London, ON N6A 3K7

Community Facilitator Questions & Support

Braden Tehiwi

Phone: 519-661-2111 ext. 22122

E: braden.tehiwi@schulich.uwo.ca

Community Data Coordinator Questions & Support

Jim Esler

Phone: 519-661-2111 ext. 22048

E: jim.esler@schulich.uwo.ca

Financial Inquiries

Jackie McLellan

P: 519-661-2111 Ext. 22102

E: Jackie.McLellan@schulich.uwo.ca



<http://www.tndms.ca/forgeahead/index.html>



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