### Take Care of Myself

- Monitor for symptoms of COVID-19 and report to a medical professional if I experience a fever of 37.5°C or higher, fatigue or muscle aches, loss of taste or smell, chills, or new/worsening respiratory illness symptoms such as cough, shortness of breath, sore throat, runny nose or difficulty swallowing.
- Wash my hands thoroughly and often and avoid touching my face.
- Use hand sanitizer when I am unable to wash my hands.
- Get vaccinated for the flu.
- Modify my actions and encourage others to do the same as guidelines and recommendations adapt over time.

### Take Care of Each Other

- Practice physical distancing, and when possible, stay two metres apart from others.
- Wear a face covering and other protective gear when in the presence of others and in common and shared spaces on campus.
- Stay home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.
- Be positive, attentive, and helpful to anyone around me who may be in need of support.

### Take Care of Our Community

- Keep my clothing, belongings, study area, personal spaces, and shared common spaces clean.
- Adhere to capacity limits as indicated by signage and government regulations.
- Carefully observe instructional signs and follow directions.
- Complete the Campus Questionnaire before each class, work shift, or visit to campus.

Western is committed to accessibility for persons with disabilities. Please contact takecare@uwo.ca if you require information in an alternate format.