How to Kill an Athlete: Training and the Problem of Health in Ancient and Modern Sport

The Stark Center Lobby
Monday, October 10th
3:00-4:30pm

*Refreshments will be served.

Please join us for a special lecture by Dr. Charles Stocking of Western University in Ontario, Canada about the training methods and health of gladiators and other ancient athletes.

Dr. Stocking took his BA and Master’s degrees at Stanford University and did his doctorate at the University of California at Los Angeles where he also worked for the Athletic Department as a strength coach. Dr. Stocking has written four books, including two recent releases in 2021: Ancient Greek Athletics: Primary Sources in Translation, (Co-authored with Susan Stephens), for Oxford University Press, and A Cultural History of Sport in Antiquity, (with Paul Christesen) for Bloomsbury Press.

Charles Stocking, Ph.D.