

Mentor-Candidate Relationship Agreement

Mentor's Commitment: As a mentor in the Seniors' Fitness Instructor Mentorship Program, I agree to:

- 1. Provide guidance and support to my candidate in their journey to becoming seniors' fitness instructors.
- 2. Share my knowledge and expertise in seniors' fitness training and program development.
- 3. Be accessible and responsive to my candidate, offering guidance and feedback as needed.
- 4. Maintain a respectful and professional attitude towards my candidate at all times.

Candidate's Commitment: As a candidate in the Seniors' Fitness Instructor Mentorship Program, I agree to:

- 1. Be receptive to guidance and feedback from my mentor, acknowledging their expertise and experience.
- 2. Commit to active participation and engagement in the mentorship program.
- 3. Respect the time and availability of my mentor, scheduling meetings or communication as agreed upon.
- 4. Uphold a respectful and professional attitude towards my mentor and fellow candidates.

Mutual Commitment: Both mentors and candidates agree to:

- 1. Maintain open and honest communication throughout the mentorship relationship.
- 2. Treat each other with respect, professionalism, and courtesy.
- 3. Prioritize the best interests of the seniors' fitness instructor program and its participants.
- 4. Keep all information shared within the mentorship relationship confidential, respecting privacy and trust.

This agreement signifies our commitment to a positive and productive mentorship relationship within the Seniors' Fitness Instructor Mentorship Program. By signing below, both mentor and candidate acknowledge their understanding and acceptance of these terms.

Mentor's Signature:	Date:
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Candidate's Signature: _____ Date: _____



Code of Conduct Agreement

Professionalism:

1. I will conduct myself with professionalism, treating all program participants with respect and courtesy.

Confidentiality:

2. I will maintain the confidentiality of all information shared within the mentorship program, respecting the privacy and trust of others.

Discrimination and Harassment:

3. I will not engage in any form of discrimination or harassment, including but not limited to age, gender, race, religion, or sexual orientation.

Responsibility:

4. I will take responsibility for my actions and communication within the program, aiming to promote a positive and inclusive environment.

Conflict Resolution:

- 5. If conflicts or issues arise, I will work to resolve them in a constructive and respectful manner, seeking guidance the CCAA if necessary.
- 6. I will contact the CCAA immediately to resolve issues related to course content and course material.

Compliance:

7. I will comply with all program policies, guidelines, and any applicable laws or regulations.

Consequences:

8. Violations of this code of conduct may result in the termination of participation in the Seniors Fitness Instructor Mentorship Program.

I acknowledge my commitment to upholding the Code of Conduct within the program. By signing below, I agree to abide by these principles and accept any consequences for violations.

Mentor's Signature: ₋	 Date:

Candidate's Signature: _____ Date: _____