

Cases

Case

- 65 yr woman G3 3003
- works as a Delivery Room nurse
- vaginal pressure
- vaginal bulge (“egg size”)

What else do you want to know?

- urgency
- urge incontinence
- 2 yrs ago had stress incontinence, none now
- nocturia,
- urinary frequency
- sensation of incomplete emptying
- some fecal urgency
- no fecal incontinence
- some constipation
- sometimes pushes on perineum to pass bowel movement
- groin pain
- backache
- difficulty with intercourse
- vaginal spotting
- very uncomfortable to walk or exercise
- unable to golf
- uncomfortable to sit
- worse at the end of the day
- better in the morning
- embarrassed of urinary symptoms
- stays home

Medical History:

- HTN
- hypothyroid
- hypercholesterolemia
- quit smoking 12 yrs ago

Surgical History:

- cholecystectomy
- appendectomy
- T + A

Obstetrical History:

- 3X vaginal deliveries at term
- last one midforceps vaginal delivery with 4 hr second stage
- largest BW 9 lbs 12 oz

What is your assessment?

Any investigations?

What are her options?