Wellness Spending Account (taxable)

Eligible expenses include:

Fitness:
- Health club membership/fitness programs, gym membership/classes (e.g. yoga, Pilates, aerobics, etc.)
- Fitness equipment (treadmill, Bow Flex, exercise bike, etc.)
- Personal trainer
- Fitness/exercise videos, cd’s, books, magazines
- Sport registration fees/team fees/passes
- Sporting equipment (hockey, baseball, bowling, etc.)
- Sport lessons (e.g. golf, skiing, etc.)
- Equipment required to participate in any sporting event
- Fishing and hunting license and equipment
- Horseback riding fees/lessons/equipment
- Self-defense courses
- Dance lessons
- Camping (campground fees, and equipment/supplies)

Dental:
- Any unpaid amounts for procedures not covered under Core Benefits or Healthcare Spending Account
- Cosmetic dentistry
- Toothbrushes, floss, tooth paste
- Whitening strips
- Home bleaching kits
- Bleaching tubes
- Home fluoride
- Denture cleaners and adhesive
- Prefabricated mouth guards
- Waterpik

Health:
- Any unpaid health expenses not covered under Core Benefits or Healthcare Spending Account (HCSA)
- Any unpaid amounts for drugs/vitamins/supplements not covered under Core Benefits or Health Care Spending Account
- Any unpaid amounts for natural product therapy (i.e. St. John’s Wort)
- Drugless practitioners
- Lifeline Monitoring Systems
- Medic Alert bracelet/neck chain
- Massage units
- Heating pad
- Thermometer
- Sunscreen
- Personal items (condoms, jelly, foam, sponge, lubricant, etc.)
- Off the shelf shoe inserts, bunion pads, corn remover
Counseling:
- Grief counseling
- Addiction counseling
- Lactation consulting
- Parishioner fees
- Nutritional counseling
- Weight loss programs/counseling/books/cd’s
- Stress management programs/counseling/books/cd’s
- Smoking cessation programs/counseling/books/cd’s

Legal:
- Lawyer fees (real estate, will, power of attorney, passport, divorce, etc.)
- Will kits
- Divorce kits
- Paralegal fees
- Legal books, cd’s

Personal Development:
- Personal interest courses (cooking, prenatal, crafts, etc.)

Renovations:
- Hot tubs, whirlpools, pools
- Air conditioner
- Air purifier
- Vehicle renovations to assist handicapped individuals
- Wheelchair ramps

Environmental:
- Green home initiatives
- Landfill/recycling expenses
- Re-usable grocery bags, videos, cd’s
- Water barrel
- Compost bin
- Energy saving light bulbs
- Energy efficient appliances

Financial:
- Financial planner
- Chartered accountant
- Investment advisor
- Account services (personal income tax preparation, etc.)

The Wellness Spending Account (taxable) is solely for UWOFA and UWOFA Librarians and Archivists Plan Members who have allocated flex credits to the WSA. No payment will be made for items or services purchased and submitted for family members.

Manulife Financial administers the Wellness Spending Account. Before you purchase a service or item listed above, please contact Manulife at 1-866-896-8515 for any claim requirements.