

The University Students' Council (USC) and the Society of Graduate Students (SOGS) are partnering with the Canadian Mental Health Association (CMHA) to provide evening crisis support services to Western University students. Starting on March 21, CMHA will have a crisis support worker on campus in the evenings for drop-in services. This will be offered out of Student Health Services, located in UCC Rm. 11.

This service is available to all Western University students (undergraduate and graduate) as an opportunity to provide support after regular service hours. The CMHA Crisis Support Team will be available during the following:

**March 21 – April 20**  
**Tuesday, Wednesday, and Thursday**  
**5pm to 9pm**  
**Student Health Services, UCC Rm. 11**

Additionally, any students in need or looking for more information of wellness resources on campus or in the city of London are encouraged to visit the Wellness Education Centre located in room 76 of the UCC.

For more information, please contact Jamie Cleary, USC Vice-President, at [usc@uwo.ca](mailto:usc@uwo.ca).



**Canadian Mental  
Health Association**  
Middlesex  
*Mental health for all*