



FR 3408B Hiver 2023

(Pour)quoi manger ? Penser l'alimentation dans le monde francophone

Course Information

Professeure : Dre. Rosanne Abdulla (she/elle)

Courriel : rabdul2@uwo.ca

Heures de bureau : jeudi 15h à 16h (UC 2123)

Cours : mercredi 15h30 à 18h30 (TC 342)

Students must use their Western (@uwo.ca) email addresses when contacting their instructor to avoid being flagged as spam.

List of Prerequisites

1.0 from French 2605F/G, 2606F/G, French 2805A/B, French 2806A/B, French 2905A/B, French 2906A/B, 2907A/B, or Permission of the Department of French Studies based on the Placement Test.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

Course Description

Comme le dit Claude Lévi-Strauss, « Il ne suffit pas qu'un aliment soit bon à manger, encore faut-il qu'il soit bon à penser. » Tâche primordiale, l'acte de s'alimenter dans la société contemporaine représente quand même beaucoup plus que la simple survie humaine. Pour plusieurs, la nourriture et la boisson sont liées au plaisir, que ce soit la fête, l'amitié, l'amour, la santé, le repos, ou le soulagement. Pour d'autres, elles leur rappellent une réalité complètement opposée : l'addiction, la maladie, la pauvreté, le corps, le stress, ou la peur.

Dans ce cours, nous examinerons le rôle que joue l'alimentation dans de différentes cultures francophones à travers le monde. Pourquoi mange-t-on, et bien, quoi mange-t-on ? Nous aborderons un mélange d'objets culturels (entre autres—littérature, musique, cinéma, télévision, publicités) ayant l'alimentation comme thème afin de pouvoir discuter des valeurs de ces cultures francophones en tant qu'ensembles sociaux.

À l'intérieur de ces objets culturels, les thèmes à aborder comprendront les suivants, ainsi que d'autres qui seront soulevés par le groupe même : l'art de la gastronomie, la table et l'étiquette culturelle, les fêtes et les traditions religieuses, la cuisine comme lieu familial, le genre, les relations de pouvoir, manger pour la bonne santé, les maladies et les troubles de l'alimentation, les croyances éthiques autour de l'alimentation, où et comment acheter la nourriture à travers le monde francophone, l'abondance versus la famine, et la nourriture comme objet de marchandisage dans le monde du marketing.

Course Schedule

Semaine	Date	Plan du cours
1	Le 11 janvier	Introduction au cours Survol théorique et historique de l'alimentation
2	Le 18 janvier	Penser le pouvoir et l'alimentation
3	Le 25 janvier	Penser la culture et l'alimentation
4	Le 1er février	Penser l'environnement et l'alimentation
5	Le 8 février	Présentations
6	Le 15 février	Présentations
7	Le 1er mars	Penser la santé physique et l'alimentation
8	Le 8 mars	Penser la santé mentale et l'alimentation
9	Le 15 mars	Penser l'économie et l'alimentation
10	Le 22 mars	Analyser des objets culturels
11	Le 29 mars	Analyser des objets culturels
12	Le 5 avril	Présentations

Important Sessional Dates

Classes begin: January 9, 2023

Reading Week: February 18 – 26, 2023

Classes end: April 10, 2023

Contingency plan for an in-person class pivoting to 100% online learning

In the event of a COVID-19 resurgence during the course that necessitates the course delivery moving away from face-to-face interaction, affected course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor.

Course Materials

Texts and Materials (required)

- Cardon, Philippe et al. *Sociologie de l'alimentation*. Armand Colin, 2019.

Si vous trouvez/préférez une copie papier, n'hésitez pas, mais le plus simple serait d'acheter le livre électronique (eBook) sur Amazon pour 26,99 \$:

https://www.amazon.ca/Sociologie-lalimentation-French-Philippe-Cardon-ebook/dp/B07NXWG9FT/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1668645937&sr=8-2

OWL

Students are responsible for checking the course OWL site on a regular basis for news and updates. This is the primary method by which information will be disseminated to all students in the class. All course material will be posted to OWL.

If students need assistance with the course OWL site, they can seek support on the OWL Help page. Alternatively, they can contact the Western Technology Services Helpdesk. They can be contacted by phone at 519-661-3800 or ext. 83800.

Methods of Evaluation

Course Requirements

The overall course grade will be calculated as listed below:

Présence et participation active	10 %	Au cours du semestre sur OWL et en classe
Forums de discussion et débats	25 %	Au cours du semestre sur OWL et en classe
Présentation individuelle	25 %	Semaines 5 et 6 (dates à choisir) Présentation orale (10 minutes) de la gastronomie d'un pays francophone (à choisir) avec un élément visuel à soumettre
Partage culturel	10 %	Semaine 12 Présentation orale (5 minutes) d'un objet culturel de votre choix
Travail écrit	30 %	Le 14 avril Analyse critique (2000 mots) d'un objet culturel de votre choix

Student Absences

If you are unable to meet a course requirement due to illness or other serious circumstances, please follow the procedures below.

For work totaling 10% or more of the final course grade, you must provide valid medical or supporting documentation to the Academic Counselling Office of your Faculty of Registration as soon as possible. For further information, please consult the University's medical illness policy at:

https://www.uwo.ca/arts/counselling/procedures/medical_accommodation.html

The Student Medical Certificate is available at:

https://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf

Students with appropriate documentation will either be granted an extension, a make-up opportunity, or reweighting, based on the instructor's discretion.

Accommodation and Accessibility

Religious Accommodation

When a course requirement conflicts with a religious holiday that requires an absence from the University or prohibits certain activities, students should request accommodation for their absence in writing at least two weeks prior to the holiday to the course instructor and/or the Academic Counselling office of their Faculty of Registration. Please consult University's list of recognized religious holidays (updated annually) at:

<https://multiculturalcalendar.com/ecal/index.php?s=c-univwo>.

Accommodation Policies

Students with disabilities are encouraged to contact Accessible Education, which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The policy on Academic Accommodation for Students with Disabilities can be found at:

https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic_Accommodation_disabilities.pdf.

Academic Policies

The website for Registrarial Services is <http://www.registrar.uwo.ca>. In accordance with [Policy 1.13](#), the centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at their official university address is attended to in a timely manner.

Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf.

Support Services

Academic Counselling

Your Home Faculty's Academic Counselling or Academic Advising Office will support or refer whenever you have an issue that is affecting your studies, including information on adding/dropping courses, academic considerations for absences, appeals, exam conflicts, and many other academic related matters. Do not hesitate to reach out to them if you are struggling and unsure where to go for help. Contact info for all Faculties is here:

https://registrar.uwo.ca/faculty_academic_counselling.html

Mental Health Support

Students who are in emotional/mental distress should refer to Mental Health@Western (<https://uwo.ca/health/>) for a complete list of options about how to obtain help.

Gender-Based and Sexual Violence

Western is committed to reducing incidents of gender-based and sexual violence and providing compassionate support to anyone who has gone through these traumatic events. If you have experienced sexual or gender-based violence (either recently or in the past), you will find information about support services for survivors, including emergency contacts at: https://www.uwo.ca/health/student_support/survivor_support/get-help.html. To connect with a case manager or set up an appointment please contact support@uwo.ca.

Accessible Education

Please contact the course instructor if you require lecture or printed material in an alternate format or if any other arrangements can make this course more accessible to you. You may also wish to contact Accessible Education at:

http://academicsupport.uwo.ca/accessible_education/index.html if you have any questions regarding accommodations.

Learning Development and Success

Counsellors at the Learning Development and Success Centre (<https://learning.uwo.ca>) are ready to help you improve your learning skills. They offer presentations on strategies for improving time management, multiple-choice exam preparation/writing, textbook reading, and more. Individual support is offered throughout the Fall/Winter terms in the drop-in Learning Help Centre, and year-round through individual counselling.

USC

Additional student-run support services are offered by the USC, <https://westernusc.ca/services/>.