

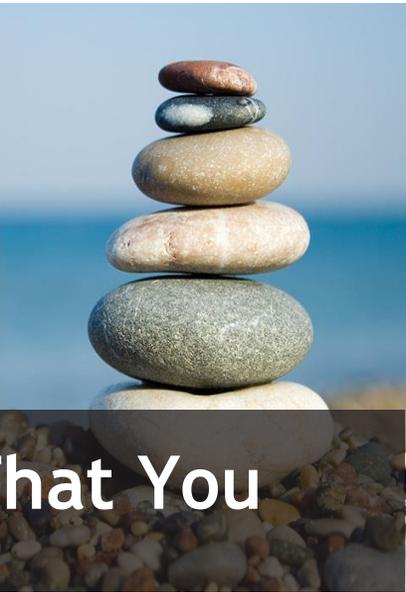
# SCHOOL *of* HEALTH STUDIES

## Welcome to Western Health Studies

*You've  
accepted your  
offer – now  
what?*

### TABLE OF CONTENTS

Things to know as a Western Student	2
Course Information	3
Degree Structure	4
Maintaining Grades	5
Transfer Credits	7
Special Students & Second Degrees	8
Adding & Dropping Courses	9
Hons Spc Health Science/HBA	11
Health Sciences and Foods and Nutritional Sciences	



# Things to Know Now That You Are a Western Student!

- ❖ **OWL Brightspace D2L** is an online tool where you can find course information from instructors and view your course outlines. You can also monitor your course progress through your gradebook. Be sure to review your course outlines on OWL before the course begins!

- Review your course outlines on OWL. Make sure you know what you need to do if you are going to be absent!

<https://westernu.brightspace.com/>

- ❖ **Student Center** is an online portal where you can enroll in courses, view your tuition fees, change your personal information, and view your grades.

<https://student.uwo.ca/>

- ❖ **Student Central** is located in the Western Student Services Building (main floor). This is where you can get in-person help from the Registrar's Office.

**WSSB, Main Floor**  
[registrar.uwo.ca](https://registrar.uwo.ca)

- ❖ If you need help enrolling in courses, please use Western Chat to speak with a Student Central representative.

[westernchat.uwo.ca](https://westernchat.uwo.ca)

- ❖ **Draft My Schedule** is an online tool you can use to plan out your conflict-free timetable.

<https://draftmyschedule.uwo.ca>

- ❖ **Health Science Academic Advising** is located in the Arthur and Sonia Labatt Health Sciences Building (HSB), Rm. 222

**Web: [Academic Advising - School of Health Studies](#) Location: HSB 222**

- ❖ Review the **Academic Calendar** Available information includes graduation requirements, module information, important dates, and university policies.

[westerncalendar.uwo.ca](https://westerncalendar.uwo.ca)

- ❖ Make sure you use your UWO email address when emailing your professors and departments on campus — always include your student number too!

**Log in to your email at:**  
[myoffice.uwo.ca](https://myoffice.uwo.ca)

- ❖ **Online assessments may require the use of Proctortrack.** Please review the student guide to Proctortrack before you begin the term!

[Proctor Guide](#)

# Course Information

## Course Codes:

1000 - 1999    Year 1 courses

2000 – 4999    Senior-level undergraduate courses

## Suffixes:

In addition to the course number, there may be a suffix. A list of commonly used suffixes include:

No suffix	1.0 course not designated as an essay course
A	0.5 course offered in the first term
B	0.5 course offered in the second term
A/B	0.5 course offered in the first and/or second term
E	1.0 essay course
F	0.5 essay course offered in the first term
G	0.5 essay course offered in the second term
F/G	0.5 essay course offered in the first and/or second term
Y	0.5 course offered in other than a regular session
Z	0.5 essay course offered in other than a regular session

## Some definitions to know:

Prerequisite – a course that must be taken prior to registration in the desired course

Co-requisite – a course that must be taken concurrently with (or prior to) registration in the desired course

Anti-requisite – both courses cannot be taken for credit (there is too much overlapping content)

**NOTE:** Watch out for one-way anti-requisites (courses that can be taken in one order but not the opposite order)! For an example, look at Calculus 1000 A/B and Math 1225 A/B in the Academic Calendar.

# Degree Structure

## Modules

Western degrees are made up of one or more modules. Modules are collections of courses in one area of study. There are four possible modules of study:

- Honours Specialization (9.0 or more specified courses)
- Specialization (9.0 or more specified courses)
- Major (6.0 – 7.0 specified courses)
- Minor (4.0 – 5.0 specified courses)

Modules can be combined in 3 different types of degrees:

Degree Type	Module Combination
Honours Bachelor Science Degree (4 Years/20 Courses)	<ul style="list-style-type: none"> <li>● Honours Specialization</li> <li>● Honours Specialization–Major</li> <li>● Honours Specialization-Minor</li> <li>● Major-Major</li> </ul>
Bachelor Science Degree (4 Years/20 Courses)	<ul style="list-style-type: none"> <li>● Specialization</li> <li>● Specialization – Major</li> <li>● Specialization – Minor</li> <li>● Major – Major</li> <li>● Major</li> <li>● Major- Minor</li> <li>● Major – Minor – Minor</li> </ul>
Bachelor Science Degree (3 Years/15 Courses)	<ul style="list-style-type: none"> <li>● Major</li> <li>● Major- Minor</li> <li>● Minor – Minor</li> </ul>

## How do I get into/declare my module(s)?

Most students will have to complete one year at Western prior to entering their modules. Once you have completed the admission requirements, you can request to enter your module(s).

When can you request your module(s)? That depends...

- ❖ If you have already completed the admission requirements at your previous institution, you can send an email to our advisors who will review your credits – [shsinfo@uwo.ca](mailto:shsinfo@uwo.ca)
- ❖ If you have not completed the admission requirements, you can work on completing them and then request your module(s) during Intent to Register (ITR) which happens every year in March.
- ❖ Once final grades are posted at the end of April/beginning of May, we start reviewing students’ requests during a process called “adjudication.” Results are usually available on your Student Center sometime in June.

## What kind of grades do I need to maintain?

### Major and Specialization

In order to progress into the Major or Specialization in Health Sciences after first year, students must achieve the following:

- Minimum grade of 60% in each of Health Sciences 1001A/B, 1002A/B, 1111A/B and 1300A/B
- Minimum grade of 60% in Biology 1001A and 1002B
- Minimum cumulative average of 65%

### Honors Specialization

In order to progress in the Honors Specialization in Health Sciences after first year, student must achieve the following:

- Minimum grade of 70% in each of Health Sciences 1001A/B, 1002A/B, 1111A/B and 1300A/B
- Minimum grade of 60% in Biology 1001A and 1002B
- Minimum cumulative average of 70%
- No course grade below 50% in any subject

NOTE: Due to the limited spaces available in the programs offered by the School of Health Studies, meeting the minimum requirements does not guarantee admission.

## What are the full degree requirements?

Search “graduation requirements” in the [Academic Calendar](#) and review the next section on how you can use your transfer credits. If you are a Special Student wanting to complete a second degree, see the Special Student section.





# Transfer Student Credits

You can use your transfer credits toward any degree requirement with one exception: essay courses must be completed at Western. What are the degree requirements? That depends on which degree you plan to complete. Please be sure to review the graduation requirements in the Academic Calendar.

## Important things to note as a Transfer Student:

- You must complete a minimum of 10.0 courses (5.0 senior level courses) at Western
- You must complete the majority of the courses in your module(s) at Western
- If you are admitted with 10.0 transfer credits (the maximum you are permitted to receive), you only need to complete 1.0 senior essay course instead of the 2.0 courses normally required

Otherwise, your transfer credits can count toward the first year requirements, admission requirements for the module(s) you want, the module itself, Science course requirements, breadth requirements, or electives. Even courses that have the TRN designation beside them can count toward your degree. However, if you require a specific course (in the module for instance), a TRN course cannot count.

## Transfer Credit Evaluations

When you received your offer of admission, the admissions office may have granted you transfer credits. However, you may need/want to have these credits evaluated.

### How do I know if I should have my transfer credits evaluated?

- If you did not receive credit for something you think you should have
- If you think you received the wrong transfer credits

### How do I have my credits evaluated?

1. Obtain full electronic course outlines for the courses you want/need evaluated
2. Save each outline as its own PDF file—name it with the course code from your transcript
3. Upload each course outline using this QRL link-
4. Monitor your Student Email for updates to your credits



- **NOTE:** *It can take 6-8 weeks for courses to be evaluated and updated on your Student Center. Make sure you upload them as soon as possible to avoid course enrollment delays!*



# Special Students

If you have a degree already, you are called a Special Student. You may have chosen to come to Western to take a few courses, or you may be interested in completing a second undergraduate degree. Either way, there are some important things to note below.

## Second Degrees

If you wish to complete a second undergraduate degree at Western, you must receive a second degree outline from an Academic Advisor. Some important things to note about second degrees:

- f Your second degree must be at the same level or higher than your first degree (e.g., If you have an Honours degree, your second degree must be Honours)
- f You must complete at least 10.0 senior-level courses at Western (including at least 1.0 senior essay)
- f Breadth requirements may be completed in the first degree
- f Modular and modular admission requirements may also be completed in your first degree
  - The majority of your module must be completed at Western. If there is too much overlap between your first degree and your proposed second degree, your request may be denied

## Prerequisite Standing

You need to meet the prerequisites in order to enroll in courses. Our enrollment system does not recognize prerequisites completed at your previous university. Therefore, you will need to follow these steps:

1. Obtain full electronic course outlines for the courses you want/need evaluated
2. You do not need to send all courses from your previous degree – just the ones that are relevant for prerequisite purposes or that you will want to use toward this degree
3. Upload each course outline using this QRL link-
  - **NOTE:** *It can take 6-8 weeks for courses to be evaluated and updated on your Student Center. Make sure you upload them as soon as possible to avoid course enrollment delays!*
4. Once your courses have been evaluated, a special permission will be added to your record to outline the courses you have already completed





## Adding and Dropping Courses

**ADDING** can be done through [Student Center](#):

- Check deadlines in the [Academic Calendar](#) (usually the middle of September for the first term and full year courses and the middle of January for the second term courses)

**DROPPING** can be done through Student Center

- If the add deadline has not passed, you can drop courses on your [Student Center](#) and they will be deleted from your record
- If it is before the drop deadline (check the [Academic Calendar](#) for dates), the course will show up as WDN -- THERE IS NO ACADEMIC PENALTY FOR THIS.
- Once the drop deadline passes, the course will show up with a grade of "F" on your record

## Draft My Schedule

You can use this [tool](#) to help you schedule your courses. However, you need to make sure you actually enroll in your courses on your Student Center: just adding them to your draft schedule does not enroll you in them.



Direct sign in

<input type="text" value="User ID"/>
<input type="password" value="Password"/>

[Sign in](#)

## Class Numbers

At Western, there are course codes, sections of courses (for lectures, labs, and tutorials), and class numbers. Every lecture, lab, and tutorial has a unique class number. Make note of the class numbers once you have drafted your schedule using the Draft My Schedule tool. Here is an example of the draft schedule:

Section	Component	Class Nbr	Days	Start Time	End Time	Location	Instructor	Requisites and Constraints	Status	Campus	Delivery Type
200	LEC	4601	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				K. Shillington	BLENDDED COURSE. ONLINE LECTURES AND IN-PERSON TUTORIALS. PRIORITY TO YR 1 BHSC STUDENTS, 25 SPACES BRESCIA YR 1 BHSC ONLY. JULY 27 PRIORITY CHANGE: ACCESS TO OTHER YR 1 STUDENTS. AUGUST 3 PRIORITY CHANGE: ACCESS TO OTHER STUDENTS.	Not Full	Main	Blended
003	TUT	6959	<input type="checkbox"/> Tu <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	11:30 AM	12:30 PM	SH-2355	.		Full	Main	In Person
004	TUT	6960	<input type="checkbox"/> Tu <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4:30 PM	5:30 PM	PAB-34	.		Full	Main	In Person
005	TUT	6961	<input type="checkbox"/> Tu <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	5:30 PM	6:30 PM	UCC-67	.		Full	Main	In Person
006	TUT	6962	<input type="checkbox"/> <input type="checkbox"/> W <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	9:30 AM	10:30 AM	PAB-34	.		Not Full	Main	In Person

Notice that HEALTSCI 1001A is the course code. There is one lecture section: 200. There are four tutorial sections: 003, 004, 005, 006, note the first three are showing full and 006 has spaces for enrollment. Each component has a unique class number that you can use to enroll in that specific lecture or lab.

## When can I enroll in courses?

Enrollment opens at different times and dates for each student. You will be emailed when your enrollment appointment is available, which you can view on your Student Center. First year students enroll first beginning in mid-June, then fourth year students, then third year, then second year (usually around mid-July).

## How can I enroll in courses?

You enroll on your Student Center once you have received your enrollment appointment. Refer to the [step-by-step registration guide](#). The system should recognize your transfer credits as prerequisites when you go to enroll in courses.

If you are a Special Student and you wish to enroll in courses that require prerequisites, please be aware that prerequisites completed at another university are not recognized by the system. Once your prerequisites have been evaluated by our departments (see Special Student section), you will need to call the Registration helpline to enroll in courses requiring prerequisites.

If you encounter any difficulties enrolling in courses, please use [Western Chat](#) to speak with a Student Central representative.

# HONOURS SPECIALIZATION IN HEALTH SCIENCES/HBA

1. **TRANSFER** students interested in the dual Degree program must complete years 1 & 2 (or more) at Western or any other university. Pursue any course of study at any university and ensure that you:

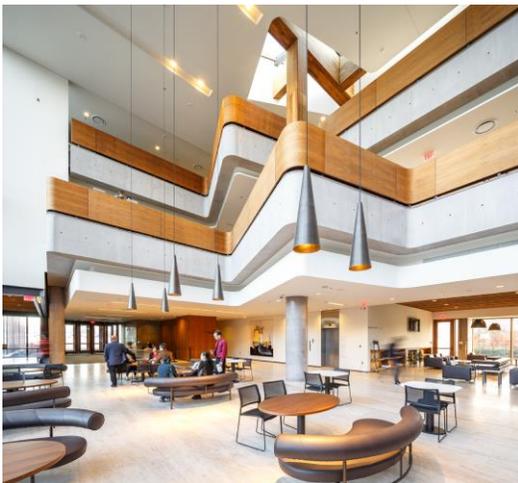
- Maintain a full course load over two years of university (equivalent of 10.0 Western courses).
- Achieve a minimum average of 70% in 10.0 university courses completed including Business 2257 or equivalent..
- Complete Western's Business 2257 course or equivalent. View a list of accepted equivalents at [Business 2257 Equivalents](#).



2. A competitive Ivey HBA application includes:

- Demonstrated leadership in extracurricular activities, community involvement, and work experience
- 80%+ average on 10.0 full courses (or the equivalent) at any university (if at another university, these courses must be acceptable to transfer to Western). The minimum average to transfer to Western is 70%. The average needed for admission to Ivey HBA may be much higher.

**NOTE:** *Grades achieved at your previous university may affect your eligibility for this program.*



Once applicants have met these requirements (typically in their second year of university), they apply during their second year. Students may apply after three years of university as well. Students may find that their current curriculum prevents them from taking Business 2257. We allow students to take a maximum of 1.0 full course (of the 10.0 full courses required for admission) during the Intersession period (May-June) at Western or another university - [Business 2257 Equivalents](#)

Please note, Western's Introductory Calculus (Mathematics 0110 A/B) course or a pre-university level math course taken at a transfer university does not count towards the 10.0 credits required for admission to the HBA Program.

# CONCURRENT DEGREE IN HEALTH SCIENCES AND FOODS AND NUTRITIONAL SCIENCES

## **Bachelor of Science (Foods & Nutrition)**

**Honours Degree** – Honours Specialization in Nutrition & Dietetics

**Bachelor of Arts (3 Year) Degree** – Major in Health Science

Five-year degree = 25wester.0 credits

○ Honours Specialization in Nutrition and Dietetics (70% - 75% modular average, 60% minimum grade for all module courses, 65% cumulative average, no course fails)

○ Non-honours (60% cumulative average)  
Three-year degree Health Science = 15.0 credits (Foods and Nutrition students would not be eligible for a 3-year degree based on module)

The Honours Specialization in Nutrition and Dietetics is our accredited module, for students looking to become a [Registered Dietitian in Canada](#)



When you study Nutrition & Dietetics, you will have the opportunity to explore your passion for nutrition while gaining a strong foundation for a career in nutrition and dietetics.

The Nutrition & Dietetics program is accredited by Accreditation Canada and prepares graduates for application to a dietetic practicum program that can lead to registration as a Registered Dietitian (RD) by the professional regulating body, the College of Dietitians of Ontario (CDO). This module supports the attainment of the Integrated Competencies for Dietetic Education (ICDEP) at the undergraduate level as required by PDEP.

In this accredited program, you will examine food safety, learn clinical nutrition from assessment to therapy, create a nutrition education program plan and improve your food skills in our commercial kitchen.

Under the guidance of experienced professors, you will also have the opportunity to take elective courses to further develop your areas of interest, including sensory evaluation of food, nutrition and physical activity, and policy development and advocacy.

Your Nutrition & Dietetics experience expands beyond the classroom. You will have the opportunity to work with our faculty to gain first-hand experience in research that is directly impacting local and global communities.

Also, you can volunteer with our many student clubs that support leadership and community-service learning opportunities to put your knowledge into practice. These clubs partner with many local agencies dedicated to supporting food and nutrition initiatives within our community, from children to aging adults. After you graduate, the valuable connections you have made with food and nutrition professionals will give you a head start in your career.

