Program Planning
Progressing to Year 2

Where do I go from here?
Cycle of Events

• **May** - “Adjudication” – Decisions made on student eligibility to progress using student academic results as of April.  
  *Note: Summer grades will not be used.*

• **June - July** – Students can access their Student Centre to retrieve grades, decisions on progression and the day and time they have been assigned to do on-line course selection
On-Line Course Registration

• You will be assigned a course registration date and time in mid-July as a year 2 student. You cannot access the system before your appointment date.

• Be sure to check course restraints (found in the Notes section of the timetable) and prerequisites (found in the Academic Calendar) when planning your timetable.

• Not all courses will be offered in both terms.
Program Planning Tools

• School of Kinesiology Program Planning Guides
  http://www.uwo.ca/fhs/kin/undergrad/modules/index.html

• Academic Calendar
  http://westerncalendar.uwo.ca/2015/index.html

• Course Timetable
  http://www.registrar.uwo.ca/course_enrollment/timetables.html
Course Selection: Basic Rules

Minimally Look One Year Ahead to Plan the Most Current Year Courses

• 5.0 credits
• Balanced Load – same # first term as second
• Prerequisites/Antirequisites – only select courses that you are eligible for
• Special Permission by April 30th – prerequisite waiving
• Develop a good list of courses from which to select
Course Selection: Planning Ahead

• Review Kin degree/module graduation requirements
• Review potential prerequisites for professional programs
• Selected an Additional Module? Check for course requirements
Western Degree Requirements

• 2.0 Essay designated courses (of which 1.0 must be at a senior level)
• 1.0 Arts (Category B) designated course
• Maximum of 7.0 courses at Year 1 level (1000-1999) in any degree
First Aid & CPR

• All students MUST have current certification in First Aid & CPR by April 30\textsuperscript{th} of 2\textsuperscript{nd} Year.

• Failure to provide copies of your certificates? – You will not be reviewed for year 3 Kinesiology
Activities

• All students must complete 2.0 activity credits prior to graduation
• Activity courses are numbered 2900-2999 and 3900-3999
• Students must select 0.5 activities per term (i.e. a Q and R or an A in first term and an S and T or B in second term)
• Dance 2274, 2275, 2276 and 2375 count as activities
Honors Specialization BSc

Mandatory Year 2 Courses
• Anatomy & Cell Biology 2221 = 1.0
• Kin 2230A/B = 0.5
• Kin 2241A/B = 0.5
• 1.0 Activities

= 3.0 required Kinesiology courses however you can take more with careful planning

Things to Consider
Need to complete 3.0 Senior Science credits (2200 level above) and should consider taking 1.0 per year or taking some of your science courses in the summer (ex. Organic Chemistry 2213)
## Sample BSc Course Selection

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
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</thead>
<tbody>
<tr>
<td>Anat 2221</td>
<td>Anat 2221</td>
</tr>
<tr>
<td>Kin 2230a</td>
<td>Kin 2241b</td>
</tr>
<tr>
<td>0.5 Science @ 2200 level</td>
<td>0.5 Science @ 2200 level</td>
</tr>
<tr>
<td>0.5 Stats</td>
<td>0.5 Kin elective</td>
</tr>
<tr>
<td>Q Activity</td>
<td>S Activity</td>
</tr>
<tr>
<td>R Activity</td>
<td>T Activity</td>
</tr>
</tbody>
</table>

- Kin 2230 and 2241 are taught in both terms you can take them in opposite or the same terms.
- If you have already taken a stats course consider an Arts credit or an elective.
Honors Specialization BA or Major

Mandatory Year 2 Courses

• Kin 2222A/B = 0.5
• Kin 2230A/B = 0.5
• Kin 2241A/B = 0.5
• 1.0 Activities

= 2.5 required Kinesiology courses however you can take more. Be aware of the maximum number of Kinesiology courses you are allowed based on your module
Sample BA Course Selection

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kin 2222a</td>
<td>0.5 Kin elective</td>
</tr>
<tr>
<td>Kin 2230a</td>
<td>Kin 2241b</td>
</tr>
<tr>
<td>0.5 Arts/Essay</td>
<td>0.5 Arts/Essay</td>
</tr>
<tr>
<td>0.5 Stats</td>
<td>0.5 Kin or external elective</td>
</tr>
<tr>
<td>Q Activity</td>
<td>S Activity</td>
</tr>
<tr>
<td>R Activity</td>
<td>T Activity</td>
</tr>
</tbody>
</table>

- Kin 2222, 2230 and 2241 are taught in both terms but it is recommended you don’t take all 3 in the same term
- If you wish to take Kin 2236B you must take 2222A/B in first term
Course Selection Tips: Statistics

• All students must take 0.5 Stats as a pre or co-requisite for Kin 2032a/b

• BSc students – Stats 2244A/B or Biology 2244A/B can be counted as 0.5 stats and 0.5 senior science (must have math prerequisite)

• Stats 2037A/B – Stats for Health – does not have a high school Math prerequisite and also a good choice for those who are concerned about the # of 1000-level credits

• Stats 1024A/B will better prepare you for the content in Kin 2032A/B than Stats 1023A/B
Course Selection Tips: Arts

• Check calendar to verify the course is indeed an Arts (Category B) credit

• If you select an Arts credit that is essay based you can count the course towards both your Arts & Essay requirements

• For those who are interested in Physical Therapy – Western requires 0.5 English or Writing so a 0.5 English/Writing course would also work towards this prerequisite

• Kin 3378F/G Sport Literature is an anti-requisite to English 2680F/G. This course can be used towards your Arts, Essay and Kinesiology requirements as well as 0.5 English/Writing for Western’s PT program.
Course Selection Tips: Essay

• Courses with E, F or G suffixes are essay courses
• Kinesiology F/G courses fulfill not only Kinesiology but essay requirements as well
• If you have difficulty with essay based courses you may want to consider taking them during the summer
Course Selection: Professional Program Implications

- Admission to professional programs is competitive – ensure you have the prerequisites for all programs
- Level-Load – some professional programs frown upon students taking 1000 level courses during senior years.
- Full course load – some professional programs may require you have a full course load each year.
Career Directions

• Visit www.ouac.on.ca for admission information on Law, Medicine, Teaching, OT & PT

• Visit www.ontariocolleges.ca for information on the various diploma & certificate programs available after graduation

• Visit the Kinesiology Career Website http://www.uwo.ca/fhs/kin/undergrad/after_grad/index.html