Kinesiology Progression Process
February – March
- Intent to Register for Kinesiology
- Select backup choice outside of School of Kinesiology.

May
- Review for progression based on September – April grades only
  - 70% average and no grade less than 60% to be guaranteed

April
- Students with extenuating medical or compassionate grounds that impacted their academics can submit a letter of support
  - Due April 30th

Not Eligible for Kinesiology
- Contact Kinesiology Academic Counsellor for assistance with course selection to help you prepare to return to Kinesiology the following year and to ensure you graduate within the four years

Eligible for Kinesiology
- Review module requirements
- Course selection appointment date issued by the Registrar’s Office
- Year 2 course selection typically occurs in July

Earn a 70% average and no course grade less than 60% in year two to be competitive to return to Kinesiology

Return to Kinesiology for third year completing a combination of year 2 and 3 Kinesiology courses
Module Requirements – BSc (75 Spaces)

- Minimum 70% cumulative average
- Minimum 70% modular average – Kin 1070A, 1080B, Physiology 1021 and 2.0 Science credits from the 1000 level
- No grade less than 60%
- 2016 cut off - Modular Average was 77%
- If you select BSc and you are not eligible you will automatically be considered for Honors BA. You can try and transfer into the BSc the following year.
- We will consider students with a reduced course load however you must have completed 2.0 science credits
- We do not reassess after summer school
Module Requirements – Honors BA

• Minimum 70% cumulative average
• Minimum 70% modular average – Kin 1070A, 1080B, Physiology 1021 and plus 1.0 credit (we take the one with the highest grade)
• No grade less than 60%
• 2016 cut off – All those students who met the minimum 70% cumulative, 70% modular and no course grade less than 60% progressed including those who transferred into Kinesiology from another program (we will admit students to the Honors BA even if they do not have all the required courses)
• A reduced course load will not impact admission into the Honors BA
• We do not reassess after summer school
Module Requirements – Sport Management (30 Spaces)

• Minimum 70% cumulative average
• Minimum 70% modular average – Kin 1070A, 1080B, Physiology 1021 and Business 1220E
• No grade less than 60%
• 2016 cut off - Modular Average was 70%
• If you select Sport Management and you are not eligible you will automatically be considered for Honors BA. You can try and transfer into the Sport Management module the following year.
• We will consider students with a reduced course load however you must have completed the mandatory courses for the module
• We do not reassess after summer school
Module Requirements – Fitness & Exercise Prescription (15 spaces)

• Minimum 70% cumulative average
• Minimum 70% modular average – Kin 1070A, 1080B, Physiology 1021 and plus 1.0 credit (we take the one with the highest grade)
• No grade less than 60%
• Supplementary application available in the Undergraduate Office
• 2014 cut off - Modular Average was 70%
• If you select one of these modules and you are not eligible you will automatically be considered for Honors BA. You can try and transfer the following year.
• A reduced course load will not impact admission into the Honors BA
• We do not reassess after summer school
Module Requirements – Honors Double Major

- Minimum 70% cumulative average
- Minimum 70% modular average – Kin 1070A, 1080B, Physiology 1021 and plus 1.0 credit (we take the one with the highest grade)
- No grade less than 60%
- Must meet the grade/pre-requisite requirements for second module
- A reduced course load will not impact admission into the Honors Double Major
- We do not reassess after summer school
Module Requirements – Major in Kinesiology

• The School of Kinesiology has as many spaces in year 2 as in year 1 of the program. During adjudication we admit those who met the progression criteria. If there is space in the program we begin to review those who fell below for admission into the Major in Kinesiology.

Example: In 2013 33 students were admitted into the Major in Kinesiology after failing to meet the Honors BA progression requirements. However in 2014 we filled the program with students who met the progression requirements so it will vary from year to year.
Letter of Support

• If you will have an average of less than 70% and/or received Ds or Fs as a result of medical or compassionate circumstances you are eligible to submit a Letter of Support to the Kinesiology Undergraduate Office

• Letters are due by April 30th

• Those students who submit a letter will be reviewed on a case by case basis by a committee in May
Intent To Register

WHEN?

• February 1 – March 31
  ❖ If you miss it, you will not be reviewed for Kin for next year!

• May - Kinesiology office evaluates on all of your academic work completed.

• June - Find out which program you’ve been placed in by logging into your Student Centre

• July - Select courses for next year – the specific date will be posted on your Student Centre
HOW? ONLINE

**Step 1)** Log into your Student Centre

**Step 2)** Intent to Register is listed under Academics

**Step 3)** Click on ITR Planning Guide to complete the ITR process

**Step 4)** Within the ITR planning guide, under the heading ‘Returning in September 2017’ click HERE to access the online ITR service

You can access the system as many times as you would like to make changes until March 31st. Only your most recent submission will be used in May.
Who needs to do Paper ITR with the Academic Counsellor?

- New Concurrent Degree Students - students wishing to enroll in two degrees at once i.e. Kinesiology & Nursing

- Continue in Common 1st Year – i.e. if you were part-time this year and not eligible to move into year 2

- 2nd degree students

- Year 1 Scholar’s Elective Students
Which Program to Choose?

• Kinesiology must be your first choice program
• Think about the courses you liked and were successful in this year and then research programs related to those courses.
• When researching the program (via the Academic Calendar) you are checking to see if:
  1. You would be interested in the courses throughout that module
  2. You have the required first year courses.
  3. You meet progression (average) requirements for that program.

• For Kinesiology programs, you can also research using the program planning guides online.
Additional Modules

- Studying a Major or Minor in addition to your primary module

- If you are interested in focusing your elective courses throughout your degree on a 2nd subject area, then you can select to add an additional Major or Minor to your 1st choice on your ITR

- It is not mandatory to select an additional major or minor.

- Additional modules do no impact admissions into professional programs

- Adding an additional Major module to an Honors Specialization will require careful planning to allow you to complete the modules in 4 years

- An additional module can be removed from your program if you decide in future years you no longer wish to complete it
Additional Modules

- Open Only to Faculty of Health Sciences Students

- **Major/Minor in Rehabilitation Sciences** – there are 30 spaces each year. The cut off average in 2016 was 74%

- **Minor in Foods & Nutrition** – there are 5 spaces each year. The cut off average in 2016 was 70%
Second Choice = Back-Up Plan

• Your 2nd choice has to be outside of Kinesiology.

• Ask yourself, ‘if I couldn’t study my 1st choice what would I like to study?’

• Make sure you have the 1st year required courses by checking the academic calendar.

• If you don’t have the required 1st year courses for your back-up plan, you may want to consider another program or choose “Undeclared” in a Faculty outside of Health Science.
What Is Undeclared?

• A student that has selected first year elective courses that do not lead to any other program options

OR

• A student who does not like the program options their electives lead to

• By being “undeclared” in a Faculty, it means that the student would not have specific program requirements to follow. Therefore, as an undeclared student they would be working on getting some required courses and improving their average for a program for the next year

Being undeclared for a year while working towards getting back into Kin is fine. However, it is important that you select courses that will also build towards a back-up program in case you are not eligible to return to Kin.
Recap

• Kinesiology must be your first choice

• You only need to list Kinesiology once

• Review the requirements for other module combinations i.e. Majors/Minors to ensure you meet the requirements

• Your second choice = your back up plan.
  • Must be outside of Kinesiology
  • Must have required first year courses