

# Top 10 Reasons to study Kinesiology at Western

1. Leading the field in Kinesiology since 1947.
2. Success grows success – high entrance and progression standards preserve the high quality of our programs from first-year Kinesiology through graduation.
3. The Kin To Kin Connection – a supportive academic community of motivated Kinesiology students, faculty and staff.
4. State-of-the-art teaching and research facilities – 3-D anatomy classroom, Exercise and Pregnancy Lab, Exercise and Health Psychology Lab, Wolfe Orthopaedics Biomechanics Lab, and Exercise Nutrition Lab.
5. New \$35 million Western Student Recreation Centre (2009).
6. Innovative curriculum that meets the Canadian Council of University Physical Education and Kinesiology Administrators (CCUPEKA) accreditation standards.
7. Unique learning opportunities – practicums, field studies, physical activity courses and international student exchange programs.
8. Award-winning professors recognized for their teaching and research excellence.
9. Home of the International Centre for Olympic Studies, Canadian Centre for Activity and Aging, and affiliated with the Fowler Kennedy Sport Medicine Clinic.
10. Launch your career of choice – professional programs (teaching, OT, PT, medicine, law), graduate school or independent careers (certified kinesiologist, consultant to business or governing bodies).

## **Our Aim**

*To provide the best student experience among Canada's leading research-intensive universities.*