



JANUARY 2022

ESCARGOT

HAPPY NEW YEAR
AND WELCOME BACK (VIRTUALLY)

Land Acknowledgement

Not currently in London?

Check out native-land.ca or the **Whose Land** app to learn about the history of the land you are on!

We acknowledge that Western University is located on the traditional lands of the Anishinaabek (Ah-nish-in-a-bek), Haudenosaunee (Ho-den-no-show-nee), Lūnaapéewak (Len-ahpay-wuk) and Attawandaron (Add-a-won-da-run) peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum. With this, we respect the longstanding relationships that Indigenous Nations have to this land, as they are the original caretakers. We acknowledge historical and ongoing injustices that Indigenous Peoples (e.g. First Nations, Métis and Inuit) endure in Canada, and we accept responsibility as a public institution to contribute toward revealing and correcting miseducation as well as renewing respectful relationships with Indigenous communities through our teaching, research and community service.

JANUARY



important dates to remember

NOTES: Tamil Heritage Month

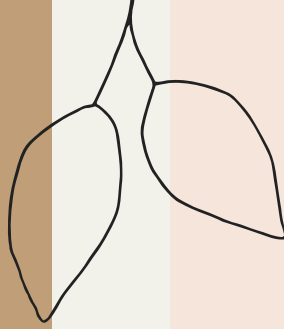
YEAR 1 DATES

YEAR 2 DATES

** may change according to health regulations

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 New Years Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
	First day of classes					
16	17	18	19	20	21	22
					London Knights Event**	ESC Elected Self-Nomination
23 ESC Elected Self-Nomination	24 World Day for African and Afrodescendant Culture	25	26	27	28	29 National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia
30	31			International Holocaust Remembrance Day		

join the
ESC



AVAILABLE ELECTED POSITIONS

- President
- VP Academic Affairs
- VP External Affairs
- VP Student Affairs
- VP Finance
- VP Student Events
- VP Communications
- Year 2 Representative



DATES TO KEEP IN MIND

ELECTED POSITIONS:

- Self Nomination Period: Jan 22nd - 28th
- Campaign Period: Jan 31st - Feb 4th
- Election Period: Feb 7th - 8th

GENERAL MEMBER POSITIONS:

- Self Nomination Period: Feb 21st - Mar 4th
- Awarding positions: Mar 5th and onwards

AVAILABLE GENERAL MEMBER POSITIONS

- Athletic Director (Year 2)
- OSSTF Representative (Year 2)
- OECTA Representative (Year 2)
- ETFO Representative (Year 2)
- ESCargot Editor
- Graduation Formal Commissioner
- Social Events Commissioner (Year 2)
- Marketing Assistant
- MPT Commissioner

**we would love to have you
join our amazing team!**

Motivation Tips

Name:

Class:

Semester:

Goals:

Note:

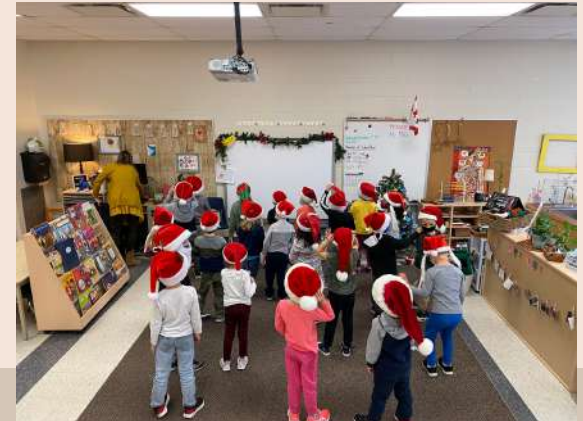
Now that we're all back from the break, it can be hard to also get back into the groove of school. Here are some tips and tricks to help with staying motivated!

- 1. Stay organized** - whether you work better on a computer or on paper, make sure your work is organized. For those who mainly have everything on your laptop, create folders by subject so that everything is easily accessible when you need it. For the old-school learners, have different binders or binder dividers for each subject.
- 2. Know your dates** - having so many courses on your plate can definitely feel **OVERWHELMING**. And for most of us, that can make us not want to start working on it until we **HAVE** to. To combat this, have an agenda, a checklist, or an excel sheet with all your assignments and due dates listed. This way you can visually see everything that needs to be done. Additionally, checking things off will release a surge of your happy hormone - dopamine!
- 3. Make a schedule** - this can be done by writing in your agenda or just making a mental note. By scheduling your work, you can complete parts of a task daily and work toward completing your assignments.
- 4. Schedule in breaks** - this is something most people forget to do but is also vital to staying motivated. To prevent burnout, you **NEED** to have time that lets you relax and have time for yourself.

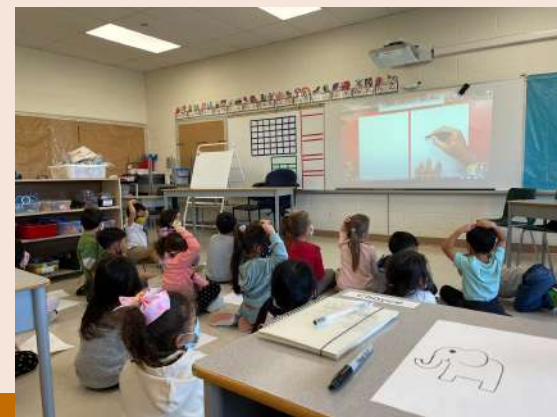
Practicum memories

A LITTLE PEAK INTO
THE CLASSROOMS
OF OUR FUTURE TEACHERS

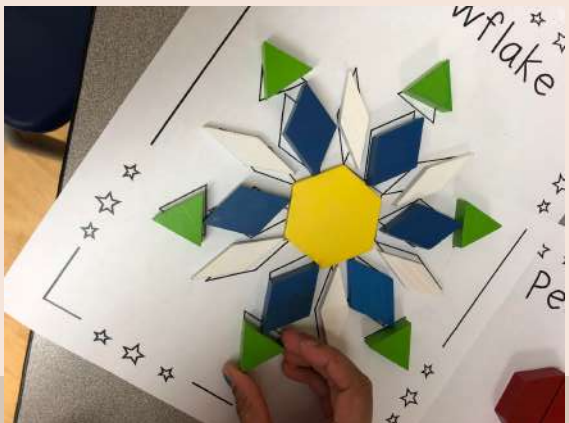
CHRIS VANGALEN'S
FDK CLASS



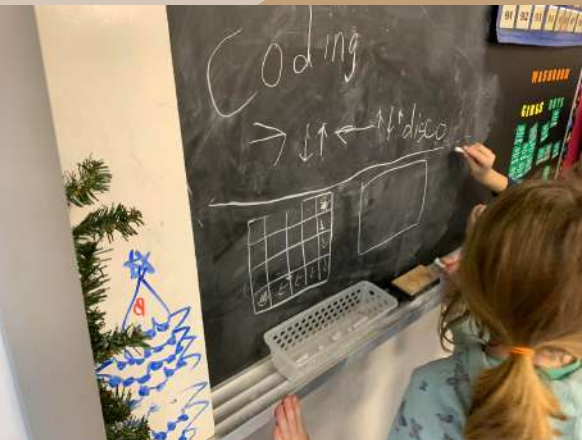
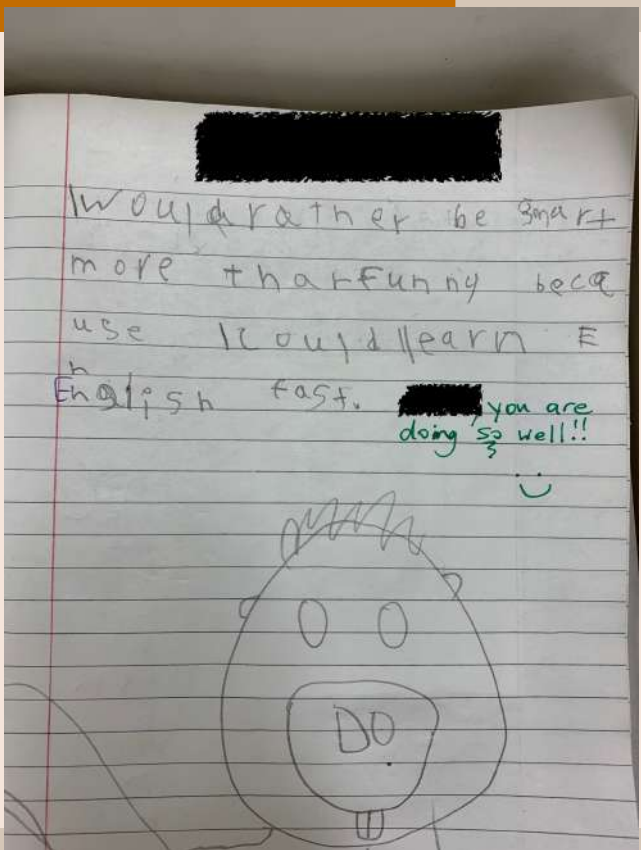
CHESKA VIRAY'S
FDK CLASS



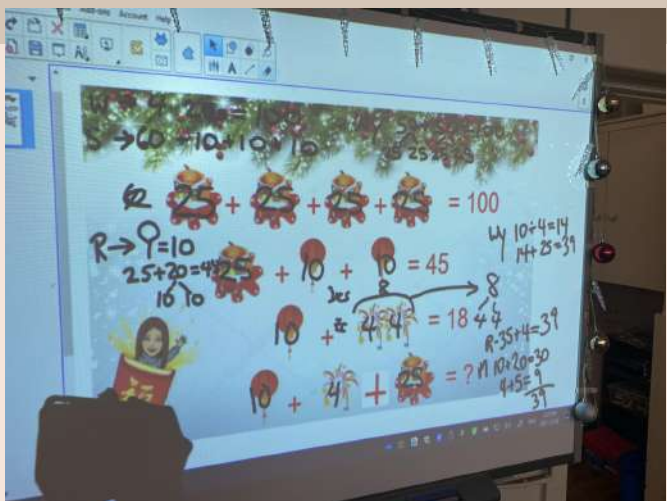
REBECCA EVANOFF'S
FDK CLASS



KELSIE VANDELDELDE'S
GR 3 CLASS



STEPHANIE DAPONTE
VANDERSCHAAP'S
GR 2 CLASS

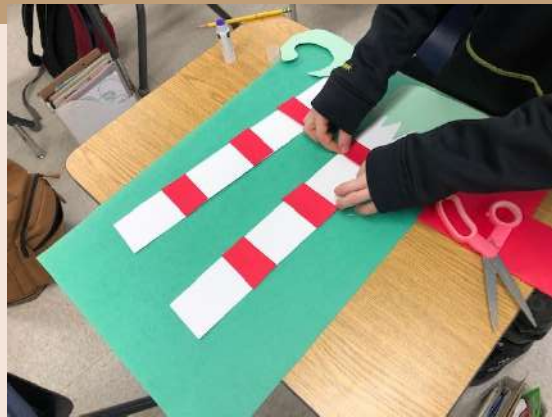
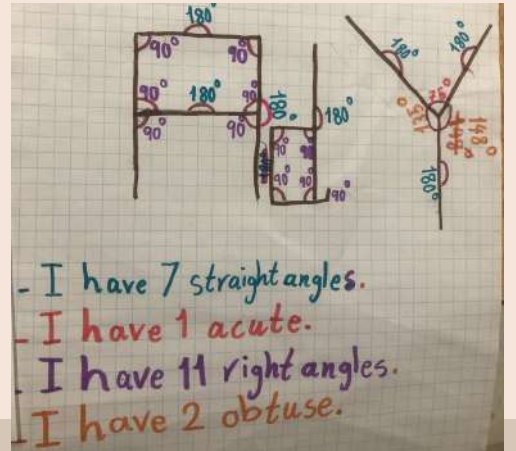
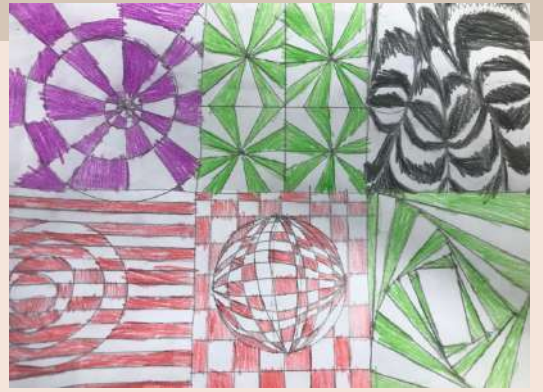
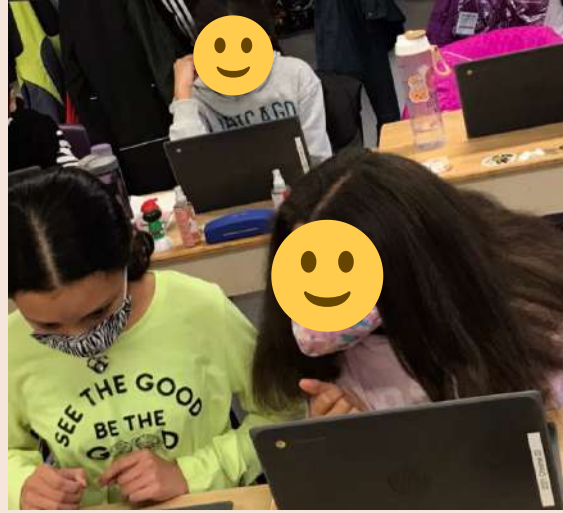


ANDREW RETHAZI'S
FDK AND GR 4 CLASSES

CHRISTIE HO'S
GR 4 CLASS



HOLLY MAASS'
GR 5/6 CLASS



EMILY BEAULIEU'S
GR 4/5 CLASS



JANE HENRIQUE'S
GR 5 CLASS



TAYLOR SEIFERT'S
GR 7 CLASS

PRESENTED BY STUDENTS

PRACTICUM

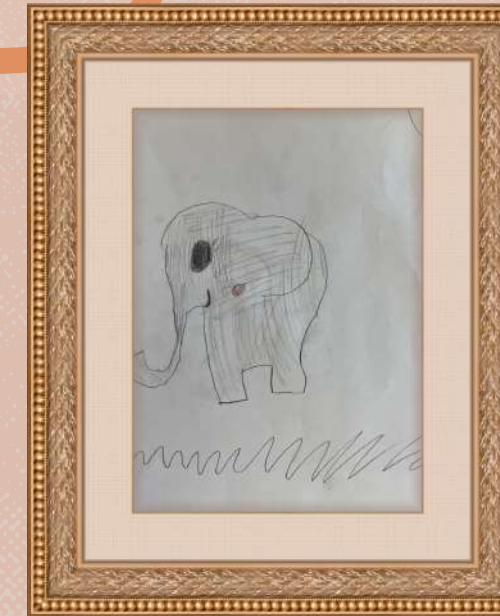
A COLLECTION OF ARTWORK



DONATED BY JAMIE KINZIE



DONATED BY KELSIE VANDEVELDE



DONATED BY
CHESKA
VIRAY



DONATED BY CHRISTIE HO



DONATED BY NICOLE CAREY

HAVING DIFFICULT CONVOS IN THE CLASSROOM

January includes World Day for African and Afrodescendant Culture, International Holocaust Remembrance Day, and National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia. It is important to address these dates in the classroom as each date holds history and significance. Here are some ways that may help you in your future classroom.



https://www.facinghistory.org/resource-library/facing-ferguson-news-literacy-digital-age/preparing-students-difficult?fbclid=IwAR07r-bLXwIajDYyuk2MKL7_P-1qV4mjg1K1G0mE7nsWMFFmHVzYazZuTM



Preparing Students for Difficult Conversations

Students establish a safe space for holding sensitive conversations, before introducing the events surrounding Ferguson. by acknowledging people's

<https://www.facinghistory.org/educator-resources/current-events/teaching-wake-violence?fbclid=IwAR1evpPyhU2tJLXWGHeni8wUYgIOlBmdW3fSOozuSZJSScn6msjp62zzXE>



Teaching in the Wake of Violence

This Teaching Idea contains strategies and activities for supporting your students in the aftermath of a mass shooting, terrorist attack...

https://www.facinghistory.org/educator-resources/current-events/responding-insurrection-us-capitol?fbclid=IwAR2sPLRUvACKNjcRrVWU8DGgqRfgYh-O5wi7Ypl_FJFKIAbPRSOHsBP3yf8



Responding to the Insurrection at the US Capitol

This Teaching Idea is designed to help guide an initial classroom reflection on the insurrection at

<https://www.nytimes.com/wirecutter/reviews/antiracist-books-for-kids-and-teens/>



14 Antiracist Books for Kids and Teens Recommended by BIPOC Teachers and...

We asked librarians and teachers—all Black, Indigenous, and people of color (BIPOC)—to share books that they've found can help kids understand...

Next Steps

- **T2P Schedule**

- Several changes to the T2P Term 2 schedule in response to Western's recent announcement
- See schedule in OWL BEd Class of 202# (under "Calendar" tool and/or "T2P PD Series" tool)

- **Job Postings**

- Many employers reaching out with postings and recruitment events
- Sign up for new Job Board alerts at [TheTeacherCandidate.com](https://www.theteachercandidate.com)

- **Adjusting Term 2**

- Western closed until Jan 4
- Classes start **Jan 10**

- **Vulnerable Sector Screenings**

- Many school boards consider a TC's VSS expired 6 months after the date of search
 - You can check your preferred board's VSS policies in OWL "BEd Class of 202#"
- We recommend requesting a new VSS now to ensure your VSS is valid for the duration of the spring Practicum blocks
- New VSS should be scanned and emailed to eduwo@uwo.ca so the TE Office can update our records
 - (You can double check the VSS date of search that the TE Office has on file for you in OWL > BEd Class of 202# > BEd Checklist)

- **Temporary Certificate (Year 2's Only)**

- Applications for the OCT Temporary Certificate are now open
- Find more information on OWL > BEd Class of 2022 > Graduation Prep > Temporary Certificate
- Check out ESC social media accounts for a simple checklist to get started!



puzzles

ANSWERS FROM LAST ISSUE

December Puzzle

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.	.	A	T	I	.	
.	.	S	S	T	.	
H	O	L	I	D	A	Y	S	I	.	
.	W	I	N	T	E	R	E	.	
.	S	.

Word directions and start points are formatted: (Direction, X, Y)

CHRISTMAS (S,3,1)
DECEMBER (E,5,4)
DISABILITIES (S,17,1)

GIFTS (S,10,5)
HANUKKAH (E,6,2)
HOLIDAYS (E,1,10)

SNOW (S,15,2)
WINTER (E,11,11)

*tell us
what you
think!*

*Got a comment, suggestion, or
concern about the ESC or anything
related to the program?*

*Leave us a comment on the ESC
Digital Comment Box!*

ESC Digital Comment Box

The ESC wants to hear from you as you experience and complete your Bachelor of Education. By sharing any comments, suggestions, and concerns you have, the ESC can better advocate for and support you. Whether it is something relating to classes, practicum, the ESC, or anything else, we want to hear from you.

Please know that any submissions made to this form are done anonymously. Some ESC members will have direct access to this form and will be able to see responses submitted. If your concerns of a more serious nature, please contact the Faculty of Education (email).

Do you have any comments regarding the ESC?

Your answer

Do you have any comments regarding classes?

Your answer

forms.gle/rr536mXHro63ViW6

Student Services Contact Information

Psychological Services

Offers confidential counselling for personal and social issues through individual appointments, and workshops on a variety of topics.

Visit <https://www.uwo.ca/health/psych/>

Accessible Education

Offers services for students with a variety of disabilities by providing academic accommodation, assistive technology, and related support.

Contact ssd@uwo.ca or visit <https://studentexperience.uwo.ca/leadershiplearning/>

Wellness Education Centre (WEC)

Offers a safe, comfortable environment for Western students to explore the many health and wellness resources available on and off campus.

If you don't know where to go, start here.

Contact wec@uwo.ca, visit <https://www.uwo.ca/health/>

Gender Violence & Survivor Support Case Management

The Gender Violence & Survivor Support Case Manager will provide you support regardless of if you were subjected to gender violence on or off campus, or before you came to Western. The Survivor Support Case Manager will listen, and with your consent, connect you to resources within the university and city, explain reporting options, assist with safety planning, and navigate academic and other accommodations. At no point will you be required or pressured to follow a specific path.

To learn more, visit

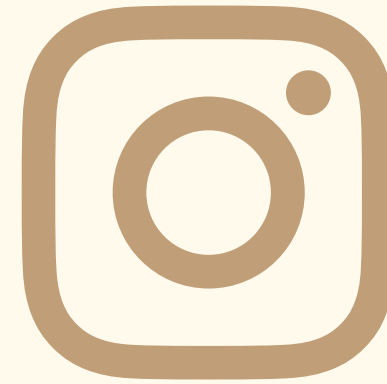
https://www.uwo.ca/health/student_support/survivor_support/index.html

Writing Support Centre

Provides individual writing support, seminars, and online support to help both undergraduate and graduate students strengthen their writing skills.

Contact wsc@uwo.ca or visit <http://writing.uwo.ca>

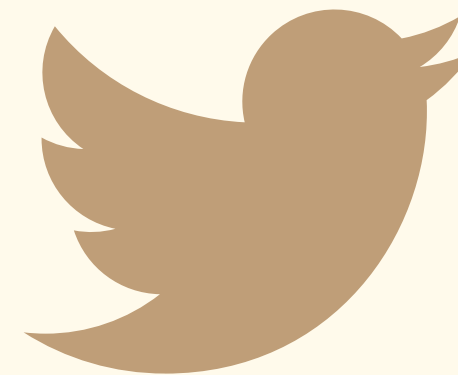
ESC Contact Information



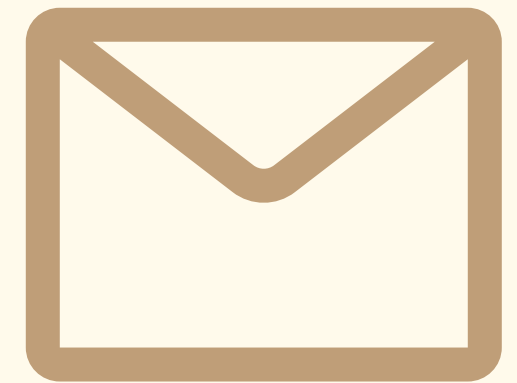
[@WesternUESC](https://www.instagram.com/WesternUESC)



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[@WesternUESC](https://twitter.com/WesternUESC)



FacEd-ESC@uwo.ca

Have a question, comment, or suggestion for the ESCargot newsletter?

Send us an email at

[escargotnewsletter.esc@gmail.com!](mailto:escargotnewsletter.esc@gmail.com)

THANK YOU FOR READING



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