

# ESCargot October 2021



## Land Acknowledgment

We acknowledge that Western University is located on the traditional lands of the Anishinaabek (Ah-nish-in-a-Haudenosaunee (Ho-den-no-show-nee), Lūnaapéewak (Len-ahpay-wuk) and Attawandaron (Adda-won-da-run) peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum. With this, we respect the longstanding relationships that Indigenous Nations have to this land, as they are the original caretakers. We acknowledge historical and ongoing injustices that Indigenous Peoples (e.g. First Nations, Métis and Inuit) endure in Canada, and we accept responsibility as a public institution to contribute toward revealing and correcting miseducation as well as renewing respectful relationships with Indigenous communities through our teaching, research and community service.

Not currently in London?
Check out <u>native-land.ca</u> or
the <u>Whose Land</u> app to learn about
the history of the land you are on!



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Year 2: Last Day of Practicum 2	2
	3	Year 2: 4 First Day of Practicum 3 —ESC Ele	stions —	6		8 <b>General Posi Nomination</b>	
_	10	11 Thanks- giving	12	13 <b>- Year 1: Re</b> a	14 ading Week	15	16
	17	18	19	20 <b>Wellness</b> <b>Wednesday*</b>		22	23
Oı	24 <b>Year 2:</b> rientation* 31		26	27	28 Athletic Event*	29 Year 2: Last Day of Practicum 3	30

\*These dates are tentative.

## Women's History Month

Women's History Month serves as an opportunity for Canadians "to learn about the important contributions of women and girls to our society--and to the quality of our lives today." This month corresponds with the celebration of Person's Day on October 18, which remembers the constitutional case that held that women were eligible to sit in the Senate. See below for how to get involved!

### Learn Women's History

- Western Online
   Training
- Stuff Mom Never Told
   You Podcast
- <u>TED Talk: "The Power</u> <u>of Women's Anger"</u>

## **Donate**

- Western Centre for Research & Education on Violence Against.
   Women & Children
- Global Fund for Women
- Trans Women of Color Collective
- Malala Fund

## Teach Women's History

- 9 Resources for Women's History Month
- 9 Films on Women's History
- 5 New Books on Women's History
- <u>6 Lesson Plan</u> <u>Resources</u>
- <u>Engaging</u>
   <u>Biographies About</u>
   <u>Courageous Women</u>
- Safe School Resoures

# Next Steps

## Year 1

- The Transition to Professional Practice (T2P) schedule will continue to be added to over the course of the year. Remember to hold **Tuesday afternoons** (when you don't have Mentor meetings) for required T2P sessions. Optional T2P will also be scheduled at varying times.
- Interested in being involved in T2P planning? A work study posting for T2P support is currently available online. Applications are due **Sep. 30**.

## Year 2

- Some of you will be soon wrapping up your Practicum block. For those placements, we will be emailing all Associate Teachers the link to the final Practicum Report that they will need to complete. You can also access this form online in the Practicum section of the OWL program site "BEd Class of 2022".
- If you haven't already received notification that your Year 2 timetable is ready for viewing, you can expect to receive that very soon. Remember to hold **Tuesday afternoons** for alternating Mentor Meetings and T2P Sessions.

## Thanksgiving Recipes

Whether or not you're planning on celebrating this Thanksgiving, the following recipes are sure to get you into the fall spirit!

We've included some links to tasty recipes for any dietary restriction. If you make any of these recipes, we'd love to see your creations! Email us at FacEd-ESC@uwo.ca



### 40+ Vegan Thanksgiving Recipes

Thanksgiving isn't just for meat-eaters! Enjoy some (or all!) of these delicious vegan options.

Find the recipes here

# **Top 50 Thanksgiving Dinner Recipes**

From classics to new takes on old favourites, you're sure to find a new go-to fall food in this gallery!

Find the recipes here



## Reading Week Activities

Reading week means the term's half done!

Here are some fun activities to do in your week off,
located in or around London.

#### **Eldon House**

It's Spooky Season, and there's no better way to get into the spirit than a tour of a 'haunted' house! The events at Eldon House range from \$12-15.



### **Apple Picking**

There's no greater fall activity than apple picking! London and its surrounding areas are home to many "pick your own" apple orchards, like Millar Berry Farm.

#### **Hikes and Walks**

Enjoy the crisp autumn air at one of the trails in and around London, like the accessible Westminster Ponds Loop.



# Creepy Classrooms

Get spooky at school no matter what age group you teach! See below for some ghoulish good times...mwahahahahahaha!



See life from a monster's perspective with these <u>fun masks</u>, and use them while playing a spooky game of "<u>I Spy!</u>"

These origami <u>vampire bookmarks</u> are perfect for sucking up some <u>creepy books!</u>





Listen to a haunting <u>podcast</u> <u>episode</u>, then prompt students to write their own <u>scary story!</u>

Watch a <u>video</u> about the legend of Slenderman, then have students create and share their <u>own monster!</u>



# Year 2 Fur Babies

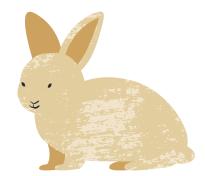
Welcome back Year 2 Teacher Candidates, as well as their furry (and feathery, and prickly, and scaly...)

friends!



**Indy** (Olivia Gordon)

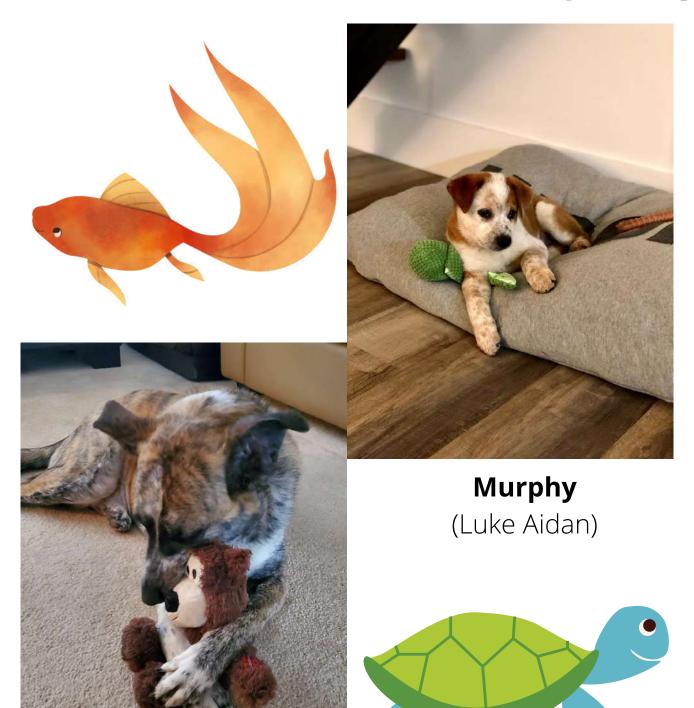






**Bella** (Flo Goetz)

# Year 2 Fur Babies



**Ozzie** (Heather Arseneault)

# Year 2 Fur Babies







Pepsi & Lexi

(Patricia Weber)

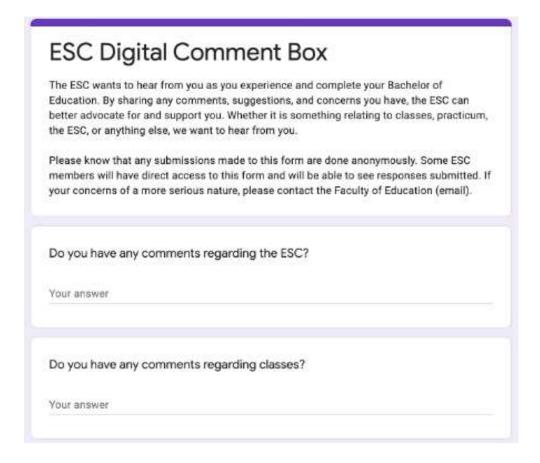




**Guinea Pigs** 

(Haley Fine)

# Tell Us What You Think!



## forms.gle/rr536mXHro63ViW6

Got a comment, suggestion, or concern about the ESC or anything related to the program?

Leave us a comment on the ESC Digital

Comment Box!

## Student Services Contact Information

#### **Psychological Services**

Offers confidential counselling for personal and social issues through individual appointments, and workshops on a variety of topics. Visit https://www.uwo.ca/health/psych/

#### **Accessible Education**

Offers services for students with a variety of disabilities by providing academic accommodation, assistive technology, and related support. Contact ssd@uwo.ca or visit https://studentexperience.uwo.ca/leadershiplearning/

#### **Wellness Education Centre (WEC)**

Offers a safe, comfortable environment for Western students to explore the many health and wellness resources available on and off campus. If you don't know where to go, start here. Contact wec@uwo.ca, visit https://www.uwo.ca/health/

#### **Gender Violence & Survivor Support Case Management**

The Gender Violence & Survivor Support Case Manager will provide you support regardless of if you were subjected to gender violence on or off campus, or before you came to Western. The Survivor Support Case Manager will listen, and with your consent, connect you to resources within the university and city, explain reporting options, assist with safety planning, and navigate academic and other accommodations. At no point will you be required or pressured to follow a specific path. To learn more, visit https://www.uwo.ca/health/student\_support/survivor\_support/index.html

#### **Writing Support Centre**

Provides individual writing support, seminars, and online support to help both undergraduate and graduate students strengthen their writing skills. Contact wsc@ uwo.ca or visit http://writing.uwo.ca

## **ESC Contact Information**









Have a question, comment, or suggestion for the ESCargot newsletter? Send us an email at escargotnewsletter.esc@gmail.com!